## Eurofound

# Working time patterns for sustainable work 

Statistical annex

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## Section A: Identification and definition of variables

Table A1: Overview of variables/indicators used in the statistical analysis

| Independent control variables |
| :---: |
| Individual, household and labour market char- |

Individual, household and labour market characteristics

- Life stages (see Box 1 in the main report)
- Age (Q2b)
- $\quad \operatorname{Sex}(Q 2 a)$
- Skill level (ISCO_08)
- Employment status (Q7)
- Working time of partner/spouse(Q97)
- Employment Contract (Q 11)
- Seniority (Q17)
- Supervisory tasks (Q23)
- Job autonomy (Q54 \& Q61)
- Country clusters (Baltic, Central and Eastern Europe, Continental countries, based on variable Countid)

Weekly Working time main job (Q24)
Rest period (Q38)
Commuting Time (Q36)

Working time patterns

- $\quad$ Shift work (Q41)
- Weekend work (Q37b-c)
- Night work (Q37a)
- On call work (Q40)

Flexibility and discretion of working time

- Regular work schedule (Q39)
- Fixed working time (Q42\&Q43)
- Changing working time short notice (Q43)
- Autonomy over working time (Q42)
- Possibility time-off (Q47)


## Work intensity core

- Working at high speed (Q49a)
- Working to tight deadlines (Q49b)


## Work intensity extended

- Working at high speed (Q49a)
- Working to tight deadlines (Q49b)
- Enough time to get the job done


## Main dependent variables

Distribution of working time (based on Q24)

- $\quad$ Short part-time (up to 20 hrs per week)
- Long part-time (21-34 hrs per week)
- $\quad$ Normal working time (35-42 hours per week)
- Long weekly working hours (working at least 43 hrs per week)
work-life balance indicators
- Assessment of work-life balance based on working time (Q44)
- Less time for family (Q45c)
- Less time to work due to family commitments (Q45e)
- Work during free time (Q46)
- Rest period of less than 11 hours (Q38)

Working time preferences (Q25-Q24)

- Reduction working time
- No change
- Increase of working time

Satisfaction

- with working conditions (Q88)

Subjective Well-being and Well-being at work

- Subjective well-being (Q87)
- Well-being work (Q90)

Health indicators

- $\quad$ Self-reported health status (Q75)
- Serious sleep problems (Q79)
- Health and safety risks (Q73)

Retirement and age of exit

- Expected age of retirement (Q92)
- Until what age able to work (Q94)
- Able to work until 60 (Q93)

| (Q61G) |  |
| :--- | :--- |
| Workplace related features |  |
| - Sector of activity (NACE, 2 digit level) |  |
| - $\quad$ Establishment size (Q16) |  |
| Working time quality Index ( See Green, 2012) |  |

Table A2: Definition of dependent variables used in the econometric analysis

| Name of the variable | Code | Definition |
| :--- | :--- | :--- |
| Duration and distribution of working <br> time |  |  |
| Distribution of working time | Q24 | Q24= How many hours do you usually work per week in your main <br> paid job? <br> Short part-time Q24<=20 <br> Long part-time time 20<Q24<=34 <br> Normal working time 34 <Q24<=42 <br> Long weekly working hours Q24>=42 |
| Working time preference | Q25-Q24 | Q25= Provided that you could make a free choice regarding your <br> working hours and taking into account the need to earn a living: <br> how many hours per week would you prefer to work at <br> present? <br> Variable Working time preference <br> Reduction of working time <br> (Q25-Q24)>0 |


| work-life balance (WLB) indicators <br> - Assessment of reconciliation possibilities <br> - Less time for family <br> - Less time for work <br> - Work during free time <br> - Rest Less than 11 hours | Q44 <br> Q45c <br> Q45e <br> Q46 <br> Q38 | Binary variable. In general, how do your working hours fit in with your family or social commitments outside work. Creation of the variable poor work-life balance Poor_WLB=1 if $Q 44=3$ or $Q 44=4$ else Poor_WLB=0 <br> Binary variable. Less time for family $=1$ if $\mathrm{Q} 45 \mathrm{c}<=2$ else Less time for family $=0$ <br> Binary variable. Less time for work $=1$ if $\mathrm{Q} 45 \mathrm{e}<=2$ else Less time for work $=0$ <br> Binary variable. Work during free time $=1$ if $\mathrm{Q} 46<=3$ else Less timer for family $=0$ <br> Binary variable. In the last month, has it happened at least once that you had less than 11 hours between the end of one working day and the start of the next working day? Rest Less than 11 hours $=1$ if Q38==1 else Rest Less than 11 hours |
| :---: | :---: | :---: |
| Atypical work index | $\begin{aligned} & \text { Q37 } \\ & \text { Q40 } \\ & \text { Q41 } \end{aligned}$ | Index (0-100) based on the extent of shift work, night work and Saturday and Sunday work. <br> Night work=100 if the respondent work night under 30 nights. Saturday work=100 if the respondent work 4 Saturdays per month. Sunday work=100 if the respondent work 4 Sundays per month. The final atypical work index is then the weighted average of the four forms of atypical work Saturday/Sunday, night (atypic1) and shift work (shiftindex) |
| Satisfaction with working conditions <br> - Satisfied with working condition | Q88 | Q88= On the whole, are you very satisfied, satisfied, not very satisfied or not at all satisfied with <br> working conditions in your main paid job? <br> Binary Variable Poor working conditions=1 if Q88>=3 |
| Subjective well-being and well-being at work <br> - Subjective well-being <br> - Well-being work | Q87 <br> Q90 | WHO Subjective well-being index, five items (Cheerful/good spirit; calm/relaxed; active/vigorous; fresh/rested; Interesting life). Composite index of well-being ranging from 0 to 100 s based on the alpha procedure in Stata computing correlations between the 5WHO items. <br> Q90=The following statements are about how you feel about your job. (Q90a=full of energy, Q90b=enthusiastic, Q90c=Time flies Q90f=good at my job). |


| Health indicators <br> - Self-reported health status <br> - $\quad$ Serious sleep problems (SSP) <br> - Health and safety risks (HSR) | Q75 <br> Q79 <br> Q73 | Q75= How is your health in general? From Very good (1) to very bad (5) <br> Binary Variable Poor Health=1 if Q75>=4 <br> Q79= Over the last 12 months, how often did you have any of the following sleep related problems. Q79a=Difficulties falling asleep Q70b Waking up repeatedly) <br> Binary variable $S S P=1$ if $Q 79 a$ Or Q79b>=4 <br> Q73= Do you think your health or safety is at risk because of your work? <br> Binary variable $\mathrm{HSR}=1$ if $\mathrm{Q} 73=1$ else $\mathrm{HSR}=0$ |
| :---: | :---: | :---: |
| Retirement and age of exit <br> - Preferred age of retirement <br> - Until what age able to work |  |  |
|  | Q92 <br> Q94 <br> Q93 | Q92= Until what age do you want to work? <br> Continuous variable in years <br> Q94= Until what age do you think you will be able to do your current job or a similar one? <br> Continuous variable in years <br> Q93= Do you think you will be able to do your current job or a similar one until you are 60 years old? <br> Binary variable $A W 60=1$ if $Q 93==1$ else $A W 60=0$ |

Table A3: Definition of independent control variables used in the econometric analysis


| Flexibility and discretion of working time <br> - Regular work schedule (RWS) <br> - Fixed working time (FWT) <br> - Changing working time short notice (CWSN) <br> - Complete autonomy over working time (AWT) <br> - Flexitime <br> - Choice between fixed schedule determined by the company <br> - Possibility time-off | Q39 <br> Q42 \& Q43 <br> Q43 <br> Q42 <br> Q42 <br> Q47 | Binary variable RWS=1 if Q39abcd=1, else RWS=0 <br> Binary variable $\mathrm{FWT}=1$ if Q42\#4 \& Q43=1 else $F W T=0$ <br> Binary variable AWT= 1 if $\mathrm{Q} 42=4$ else $\mathrm{AWT}=0$ <br> Binary variable AWT= 1 if $\mathrm{Q} 42=4$ else $\mathrm{AWT}=0$ <br> Binary variable Flexitime= 1 if Q42=3 else Flexitime=0 <br> Binary variable Fixwt= 1 if Q42=2 else Fixwt $=0$ <br> Binary Variable, Time-off=1 if Q47=1 or Q47=2 |  |
| :---: | :---: | :---: | :---: |
| Individual and household characteristics <br> - Skill level | $\text { ISCO } 08$ | High Skill ISCO<=3 <br> Medium Skill $3<1 S C O<7$ <br> Low skill if ISCO>=7 | 1 - Legislators, senior officials and managers <br> 2 - Professionals <br> 3- Technicians and associate professionals <br> 4 - Clerks <br> 5 - Service workers and shop and market sales workers <br> 6 - Skilled agricultural and fishery workers <br> 7 - Craft and related trades workers <br> 8 - Plant and machine operators and assemblers <br> 9 - Elementary occupations <br> 10 - Armed forces |
| Work intensity core <br> - Working at high speed | Q49a \& Q49b | Index (0-100) WI = 100* (mean(Speed tight) |  |


| - Working to tight deadlines <br> Work intensity extended <br> - Working at high speed <br> - Working to tight deadlines <br> - Enough time to get the job done | $\begin{aligned} & \text { Q49a \& Q49b } \\ & \text { \& Q61g } \end{aligned}$ |  |  |
| :---: | :---: | :---: | :---: |
| Workplace related feature <br> - Sector of activity <br> - Establishment size | NACE 10 <br> Q16a | Small: 1-49 employees <br> Medium: 50-259 employees <br> Large: >250 | ```ind1= 'Agriculture' ind2=' Manufacturing' ind3=' Construction' ind4= 'Wholesale retail' ind5= 'Transport' ind6= 'Financial service' ind7= 'Public Administra- tion' ind8= 'Education' ind9= 'Health' ind10='Other Services'``` |

## Section B: Statistical annex

Table B1: Employment rates by sex and country, 2015 (age 20-64), \%

| Country | Women | Men | All |
| :---: | :---: | :---: | :---: |
| Greece | 46.0 | 64.0 | 54.9 |
| Italy | 50.6 | 70.6 | 60.5 |
| Malta | 53.6 | 81.4 | 67.8 |
| Croatia | 55.8 | 65.2 | 60.5 |
| Spain | 56.4 | 67.6 | 62.0 |
| Romania | 57.2 | 74.7 | 66.0 |
| Slovakia | 60.3 | 75.0 | 67.7 |
| Poland | 60.9 | 74.7 | 67.8 |
| Hungary | 62.1 | 75.8 | 68.9 |
| Ireland | 62.6 | 75.1 | 68.7 |
| Belgium | 63.0 | 71.3 | 67.2 |
| Bulgaria | 63.8 | 70.4 | 67.1 |
| Cyprus | 64.0 | 72.3 | 67.9 |
| EU-28 | 64.3 | 75.9 | 70.1 |
| Slovenia | 64.7 | 73.3 | 69.1 |
| Luxembourg | 65.0 | 76.7 | 70.9 |
| Portugal | 65.9 | 72.6 | 69.1 |
| Czech Republic | 66.4 | 83.0 | 74.8 |
| France | 66.5 | 73.6 | 70.0 |
| Austria | 70.2 | 78.4 | 74.3 |
| Latvia | 70.5 | 74.6 | 72.5 |
| Netherlands | 70.8 | 81.9 | 76.4 |
| United Kingdom | 71.3 | 82.5 | 76.8 |
| Finland | 71.8 | 73.9 | 72.9 |
| Lithuania | 72.2 | 74.6 | 73.3 |
| Denmark | 72.6 | 80.2 | 76.5 |
| Estonia | 72.6 | 80.5 | 76.5 |
| Germany | 73.6 | 82.3 | 78.0 |
| Sweden | 78.3 | 82.5 | 80.5 |

Source: Eurostat database, http://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do. Accessed September 2016.

Table B2a: Full-time equivalent employment rates by sex and country, 2014 (age 15-64), \%

| Country | Women | Men |
| :--- | :--- | :--- |
| Italy | 38.8 | 65.7 |
| Greece | 40.1 | 63.8 |
| Netherlands | 41.8 | 68.1 |
| Ireland | 44.4 | 65.3 |
| Spain | 44.9 | 62.7 |
| Belgium | 48.0 | 66.9 |
| Luxembourg | 51.1 | 73.1 |
| France | 52.1 | 67.8 |
| Germany | 53.0 | 77.0 |
| Poland | 53.2 | 72.5 |
| Slovak Republic | 53.2 | 70.1 |
| Austria | 53.5 | 76.9 |
| United Kingdom | 53.7 | 79.6 |
| Denmark | 54.3 | 67.4 |
| Hungary | 54.4 | 68.6 |
| Portugal | 57.1 | 67.5 |
| Slovenia | 57.1 | 68.1 |
| Czech Republic | 58.3 | 80.6 |
| Finland | 59.1 | 67.7 |
| Lithuania | 60.7 | 64.5 |
| Latvia | 61.6 | 68.1 |
| Estonia | 62.7 | 72.7 |
| Sweden | 62.9 | 72.9 |

Source: OECD database. http://stats.oecd.org/index.aspx?queryid=54749, accessed September 2016

Table B2b: Distribution of households by earning categories, \%

| Country | Male breadwinner | Female breadwinner | Man full time women part-time | Women full time men part-time | Dual Earners both full time |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Malta | 38.9 | 14.6 | 5.5 | 1.3 | 39.8 |
| Greece | 33.7 | 14.2 | 5.1 | 1.5 | 45.4 |
| Italy | 31.7 | 11.2 | 4.7 | 1.2 | 51.1 |
| Croatia | 26.4 | 20.9 | 2.0 | 0.8 | 49.9 |
| Spain | 26.4 | 14.1 | 6.8 | 1.9 | 50.9 |
| Romania | 26.1 | 16.2 | 3.3 | 3.1 | 51.4 |
| Ireland | 24.3 | 11.7 | 8.6 | 3.9 | 51.5 |
| Poland | 23.9 | 15.3 | 3.1 | 2.5 | 55.1 |
| Cyprus | 23.7 | 14.7 | 5.8 | 3.0 | 52.9 |
| Bulgaria | 23.4 | 13.6 | 2.3 | 1.7 | 59.0 |
| Slovakia | 22.8 | 14.0 | 1.1 | 0.9 | 61.3 |
| Portugal | 21.0 | 14.5 | 1.8 | 2.7 | 59.9 |
| EU28 | 20.7 | 11.1 | 9.2 | 2.4 | 56.6 |
| United Kingdom | 19.5 | 8.9 | 13.3 | 3.9 | 54.4 |
| Luxembourg | 19.4 | 10.9 | 13.8 | 3.2 | 52.7 |
| Slovenia | 19.1 | 10.9 | 2.5 | 0.7 | 66.8 |
| Latvia | 19.1 | 12.7 | 4.8 | 2.4 | 61.1 |
| The Netherlands | 18.3 | 11.4 | 21.4 | 4.4 | 44.5 |
| Czech Republic | 17.7 | 7.5 | 2.4 | 0.6 | 71.8 |
| Belgium | 17.5 | 8.4 | 16.5 | 3.4 | 54.1 |
| Lithuania | 17.5 | 7.9 | 2.9 | 1.2 | 70.5 |
| Denmark | 16.7 | 11.3 | 8.2 | 2.4 | 61.4 |
| Austria | 15.9 | 11.2 | 14.4 | 1.0 | 57.4 |
| France | 15.8 | 9.1 | 7.2 | 2.4 | 65.5 |
| Hungary | 15.3 | 10.1 | 1.8 | 0.6 | 72.2 |
| Germany | 15.2 | 9.3 | 16.6 | 2.0 | 56.8 |
| Sweden | 13.7 | 7.7 | 9.5 | 2.7 | 66.5 |
| Finland | 12.7 | 12.2 | 2.4 | 2.2 | 70.5 |
| Estonia | 11.5 | 12.9 | 2.5 | 1.4 | 71.7 |

Source: EWCS 2015; author's calculations

Figure B1: Distribution of couple households by earnings categories and country clusters


Source: EWCS 2015; author's calculations

Table B3: Average weekly working time by sex and country, hours per week

| Country | Women | Men | All |
| :--- | :--- | :--- | :--- |
| Netherlands | 25.8 | 36.5 | 31.4 |
| Germany | 28.9 | 37.8 | 33.3 |
| Austria | 29.5 | 40.1 | 34.6 |
| Italy | 30.1 | 38.3 | 34.5 |
| United Kingdom | 30.7 | 39.8 | 35.6 |
| Ireland | 31.3 | 41.1 | 36.5 |
| Denmark | 31.8 | 36.1 | 34.1 |
| Belgium | 32.6 | 39.7 | 36.3 |
| EU-28 | 32.7 | 39.2 | 36.0 |
| Luxembourg | 33.0 | 40.6 | 36.9 |
| Spain | 33.9 | 39.7 | 36.9 |
| France | 34.3 | 38.7 | 36.5 |
| Finland | 35.2 | 39.0 | 37.1 |
| Cyprus | 35.2 | 40.0 | 37.7 |


| Malta | 35.5 | 42.5 | 39.7 |
| :--- | :--- | :--- | :--- |
| Poland | 35.9 | 39.9 | 37.8 |
| Sweden | 36.3 | 39.0 | 37.7 |
| Portugal | 36.6 | 39.2 | 37.8 |
| Latvia | 36.9 | 40.2 | 38.4 |
| Lithuania | 37.1 | 40.3 | 38.5 |
| Estonia | 37.1 | 40.1 | 38.5 |
| Czech Republic | 37.3 | 42.4 | 39.8 |
| Slovenia | 37.8 | 42.5 | 40.1 |
| Greece | 37.8 | 44.0 | 41.3 |
| Hungary | 37.9 | 40.8 | 39.3 |
| Croatia | 38.3 | 41.7 | 40.0 |
| Slovakia | 39.1 | 41.6 | 40.4 |
| Romania | 39.9 | 42.0 | 41.0 |
| Bulgaria | 39.9 | 41.2 | 40.5 |
| Source: |  |  |  |

Source: EWCS 2015; author's calculations

Table B3a: Average weekly working time by sex, country and life phases, male employees, hours per week

| Country | II | II | IIII | IV | V | VI | VII | VIII | IX |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Austria | 44.6 | 36.9 | 39.5 | 40.6 | 39.8 | 40.6 | 41.1 | 24.9 | 37.7 |
| Belgium | 31.4 | 37.2 | 38.4 | 39.1 | 39.0 | 39.2 | 39.1 | 32.8 | 36.2 |
| Bulgaria | 42.2 | 42.7 | 44.8 | 41.9 | 46.1 | 41.3 | 38.3 | 32.4 | 39.0 |
| Cyprus | 33.4 | 41.4 | 41.8 | 41.2 | 40.6 | 39.6 | 41.3 | 34.9 | 39.8 |
| Czech Republic | 30.2 | 43.7 | 43.8 | 45.6 | 43.3 | 42.9 | 45.2 | 28.8 | 39.5 |
| Germany | 33.3 | 35.6 | 39.1 | 39.9 | 39.2 | 39.6 | 37.8 | 26.3 | 36.6 |
| Denmark | 18.6 | 31.2 | 35.2 | 38.9 | 40.9 | 39.0 | 38.8 | 30.5 | 35.5 |
| Estonia | 40.9 | 39.2 | 39.3 | 42.2 | 42.5 | 41.5 | 40.1 | 32.1 | 33.3 |
| Spain | 30.0 | 35.3 | 39.5 | 40.1 | 40.8 | 39.0 | 38.7 | 39.1 | 40.2 |
| Finland | 26.6 | 39.4 | 39.5 | 39.7 | 41.7 | 38.4 | 38.7 | 30.4 | 35.4 |
| France | 29.8 | 36.6 | 38.0 | 38.2 | 40.6 | 40.1 | 38.0 | 37.4 | 35.8 |
| Greece | 47.5 | 42.3 | 40.2 | 40.7 | 39.5 | 38.6 | 35.4 | 25.4 | 37.1 |
| Croatia | 41.7 | 43.9 | 41.0 | 41.9 | 42.0 | 41.8 | 43.6 | 39.6 | 37.6 |
| Hungary | 38.9 | 40.0 | 40.8 | 45.0 | 45.7 | 41.2 | 42.9 | 34.1 | 40.7 |
| Ireland | 31.3 | 36.2 | 41.6 | 42.1 | 39.7 | 40.7 | 37.9 | 37.8 | 37.8 |
| Italy | 37.2 | 35.7 | 38.9 | 38.4 | 39.4 | 40.3 | 38.4 | 37.9 | 38.8 |


| Lithuania | 42.9 | 38.0 | 42.4 | 42.8 | 39.1 | 41.4 | 40.8 | 34.7 | 38.1 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Luxembourg | 40.0 | 40.7 | 40.2 | 40.3 | 40.6 | 40.2 | 37.2 | 19.7 | 42.3 |
| Latvia | 43.5 | 39.4 | 40.3 | 39.9 | 39.5 | 41.6 | 41.5 | 32.3 | 34.8 |
| Malta | 42.9 | 40.4 | 41.0 | 43.7 | 42.1 | 42.9 | 41.8 | 32.3 | 41.4 |
| The Netherlands | 33.6 | 35.8 | 40.1 | 40.3 | 40.9 | 38.6 | 38.8 | 29.8 | 33.5 |
| Poland | 40.8 | 36.5 | 42.6 | 40.9 | 43.7 | 40.8 | 41.4 | 32.9 | 27.0 |
| Portugal | 38.3 | 37.9 | 38.5 | 40.8 | 41.4 | 39.4 | 39.7 | 41.3 | 40.6 |
| Romania | 42.8 | 41.9 | 44.8 | 42.5 | 46.3 | 42.3 | 44.3 | 46.3 | 38.4 |
| Sweden | 24.2 | 36.3 | 38.6 | 40.7 | 42.1 | 40.1 | 40.5 | 27.0 | 37.6 |
| Slovenia | 40.6 | 43.9 | 41.8 | 42.8 | 42.2 | 41.3 | 41.0 | 34.5 | 39.1 |
| Slovakia | 42.5 | 43.5 | 41.1 | 39.8 | 39.5 | 40.9 | 40.3 | 30.5 | 42.6 |
| United Kingdom | 37.2 | 40.4 | 41.3 | 39.8 | 44.1 | 41.6 | 40.5 | 30.0 | 38.7 |

I Single persons (18-35 years), living with their parents or relatives, II Single persons (under 46 years), without children, III Younger cohabiting couples (woman under 46 years), without children, IV Cohabiting couples with youngest children under 7 year, V Cohabiting couple with young children between 7-12 years, VI Cohabiting couple with teenage children between 13-18 years, VII Midlife 'empty nest' couples without resident children, VIII Older cohabiting couples without resident children, IX Single persons (aged 50 years or older), without resident children.
Source: EWCS 2015; author's calculations

Table B3b: Average weekly working time by sex, country and life phases, female employees, hours per week

| Country | II | II | III | IV | V | VI | VII | VIII | IX |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Austria | 39.8 | 33.4 | 37.2 | 22.6 | 25.6 | 27.9 | 29.6 | 12.4 | 31.6 |
| Belgium | 34.2 | 32.1 | 33.7 | 31.8 | 31.6 | 30.4 | 28.9 | 27.9 | 31.6 |
| Bulgaria | 35.6 | 42.7 | 38.8 | 40.3 | 40.1 | 40.7 | 40.4 | 40.7 | 37.3 |
| Cyprus | 38.7 | 34.3 | 34.6 | 35.6 | 39.3 | 36.1 | 30.5 | 20.0 | 43.0 |
| Czech Republic | 26.4 | 33.6 | 39.3 | 35.4 | 38.0 | 39.6 | 38.1 | 27.1 | 34.6 |
| Germany | 32.7 | 33.4 | 34.4 | 24.2 | 25.4 | 25.5 | 29.4 | 22.5 | 30.1 |
| Denmark | 18.4 | 27.7 | 27.3 | 36.4 | 36.5 | 34.6 | 34.8 | 35.5 | 31.9 |
| Estonia | 44.8 | 38.3 | 37.7 | 38.7 | 39.8 | 37.0 | 37.7 | 33.1 | 35.3 |
| Spain | 27.9 | 34.9 | 35.0 | 32.9 | 31.6 | 32.9 | 31.8 | 34.8 | 36.6 |
| Finland | 38.0 | 31.3 | 35.0 | 34.6 | 37.5 | 37.3 | 34.4 | 33.9 | 36.5 |
| France | 33.1 | 32.9 | 35.5 | 34.5 | 33.2 | 35.2 | 33.0 | 27.8 | 34.2 |
| Greece | 29.6 | 40.5 | 37.8 | 39.8 | 35.7 | 37.4 | 35.3 | 37.8 | 39.7 |
| Croatia | 40.5 | 35.6 | 40.5 | 40.7 | 40.0 | 39.7 | 39.9 | 40.6 | 40.9 |

Working time patterns for sustainable work: Statistical annex

| Hungary | 33.5 | 38.0 | 40.7 | 37.4 | 35.6 | 39.7 | 38.2 | 27.1 | 36.7 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Ireland | 37.3 | 35.7 | 34.5 | 29.5 | 27.5 | 30.4 | 28.5 | 22.4 | 32.2 |
| Italy | 31.4 | 31.5 | 29.0 | 29.2 | 29.9 | 30.0 | 33.1 | 29.0 | 34.2 |
| Lithuania | 33.1 | 38.9 | 39.5 | 39.2 | 36.8 | 37.8 | 35.0 | 27.4 | 35.7 |
| Luxembourg | 41.1 | 39.1 | 35.9 | 32.6 | 29.4 | 27.2 | 30.3 | 31.7 | 32.3 |
| Latvia | 39.6 | 40.8 | 39.2 | 38.3 | 39.6 | 39.3 | 36.1 | 33.5 | 35.3 |
| Malta | 42.2 | 38.8 | 38.8 | 32.8 | 34.9 | 33.8 | 49.7 | 25.2 | 33.7 |
| The Netherlands | 26.3 | 26.5 | 30.2 | 26.4 | 20.0 | 23.8 | 24.3 | 21.0 | 28.3 |
| Poland | 32.2 | 39.2 | 36.7 | 37.4 | 39.1 | 35.8 | 34.6 | 26.3 | 30.4 |
| Portugal | 35.0 | 41.0 | 37.0 | 39.9 | 37.1 | 39.4 | 33.4 | 27.9 | 36.7 |
| Romania | 34.1 | 35.9 | 38.7 | 39.6 | 39.9 | 39.3 | 42.4 | 34.9 | 39.2 |
| Sweden | 32.7 | 34.2 | 34.3 | 37.5 | 37.5 | 37.5 | 38.1 | 34.5 | 36.9 |
| Slovenia | 32.0 | 36.2 | 36.8 | 38.8 | 39.7 | 39.8 | 38.2 | 41.0 | 39.2 |
| Slovakia | 39.8 | 34.3 | 40.7 | 37.7 | 38.1 | 40.9 | 39.1 | 29.4 | 34.8 |
| United Kingdom | 26.3 | 32.6 | 38.2 | 28.1 | 26.7 | 30.7 | 31.5 | 28.3 | 33.2 |

I Single persons (18-35 years), living with their parents or relatives, II Single persons (under 46 years), without children, III Younger cohabiting couples (woman under 46 years), without children, IV Cohabiting couples with youngest children under 7 year, V Cohabiting couple with young children between 7-12 years, VI Cohabiting couple with teenage children between 13-18 years, VII Midlife 'empty nest' couples without resident children, VIII Older cohabiting couples without resident children, IX Single persons (aged 50 years or older), without resident children.

Source: EWCS 2015; author's calculations

Table B4a: Average weekly working time by sex and country clusters, all workers, hours per week

| Country clusters | Men | Women | All |
| :--- | :--- | :---: | :---: |
| Central and Eastern <br> countries | 41.1 | 37.7 | 39.3 |
| Baltic countries | 40.2 | 37.0 | 38.5 |
| Anglo-Saxon countries | 39.9 | 30.8 | 35.6 |
| Southern countries | 39.4 | 32.8 | 36.3 |
| EU 28 | 39.2 | 32.7 | 36.0 |
| Northern countries | 38.2 | 34.8 | 36.6 |
| Continental countries | 38.1 | 30.5 | 34.4 |

Source: EWCS 2015; author's calculations

Table B4b: Average weekly working time by sex and country clusters, Employees, hours per week

| Country clusters | Men | Women | All |
| :--- | :--- | :---: | :---: |
| Central and Eastern <br> countries | 41.2 | 37.6 | 39.3 |
| Baltic countries | 40.2 | 37.2 | 38.6 |
| Anglo-Saxon countries | 39.9 | 31.0 | 35.5 |
| EU 28 | 38.8 | 32.5 | 35.6 |
| Southern countries | 38.5 | 32.7 | 35.5 |
| Northern countries | 37.7 | 34.8 | 36.3 |
| Continental countries | 37.5 | 30.1 | 33.8 |

Source: EWCS 2015; author's calculations

Table B4c: Average weekly working time by sex and country clusters, Selfemployed, hours per week

| Country clusters | Men | Women | All |
| :--- | :--- | :--- | :--- |
| Continental countries | 43.6 | 35.8 | 40.3 |
| Southern countries | 43.2 | 41.1 | 42.3 |
| Eastern countries | 42.5 | 35.2 | 39.8 |
| EU 28 | 42.4 | 35.8 | 39.8 |
| Northern countries | 41.9 | 36.3 | 40.2 |
| Baltic countries | 40.8 | 35.6 | 38.7 |
| Anglo-Saxon countries | 39.7 | 29.4 | 36.6 |

Source: EWCS 2015; author's calculations

Table B5: Duration of working life by sex and country, 2014, in years

| Country | All | Women | Men |
| :--- | :---: | :---: | :---: |
| Italy | 30.7 | 25.9 | 35.2 |
| Hungary | 31.8 | 29.4 | 34.2 |
| Bulgaria | 32.0 | 30.7 | 33.3 |
| Greece | 32.1 | 28.3 | 35.7 |
| Croatia | 32.3 | 30.3 | 34.2 |
| Belgium | 32.6 | 30.4 | 34.7 |
| Poland | 32.6 | 29.9 | 35.1 |
| Romania | 32.8 | 29.7 | 35.7 |
| Malta | 33.0 | 26.0 | 39.7 |
| Slovakia | 33.2 | 30.3 | 35.9 |


| Luxembourg | 33.3 | 30.2 | 36.2 |
| :--- | :--- | :--- | :--- |
| Slovenia | 34.2 | 32.7 | 35.6 |
| Latvia | 34.6 | 34.2 | 35.0 |
| Ireland | 34.7 | 30.6 | 38.6 |
| Spain | 34.8 | 32.3 | 37.1 |
| France | 34.8 | 32.9 | 36.5 |
| Lithuania | 34.8 | 34.8 | 34.7 |
| Czech Republic | 34.9 | 31.6 | 38.1 |
| Eu-28 | 35.3 | 32.7 | 37.8 |
| Estonia | 36.4 | 35.3 | 37.3 |
| Austria | 36.6 | 34.4 | 38.7 |
| Portugal | 36.7 | 35.0 | 38.3 |
| Cyprus | 36.8 | 33.4 | 40.0 |
| Finland | 37.4 | 36.9 | 37.9 |
| Germany | 38.0 | 35.6 | 40.2 |
| United Kingdom | 38.5 | 35.7 | 41.1 |
| Denmark | 39.0 | 37.4 | 40.6 |
| Netherlands | 39.6 | 36.7 | 42.4 |
| Sweden | 41.1 | 39.8 | 42.3 |
| Source $E u r o s t a r$ |  |  |  |

Source: Eurostat database, http://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do. Accessed September 2016.

## Section C: Descriptive statistics and estimation results

## Table C1a: Main dependent and independent variables, EU-28, all

| VARIABLES | N | Mean | Standard deviation | Min | Max |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | 34457 | 42.7 | 12.468 | 15 | 88 |
| Share of women | 34559 | 0.489 | 0.500 | 0 | 1 |
| Young singles with parents | 34568 | 0.021 | 0.144 | 0 | 1 |
| Young singles on their own | 34568 | 0.084 | 0.277 | 0 | 1 |
| Young couple without children | 34568 | 0.109 | 0.311 | 0 | 1 |
| Couples with pre-school children | 34568 | 0.138 | 0.345 | 0 | 1 |
| Couples with children 7-12 years | 34568 | 0.080 | 0.271 | 0 | 1 |
| Couples with children 13-18 years | 34568 | 0.174 | 0.379 | 0 | 1 |
| Couple empty nest 46-59 years | 34568 | 0.103 | 0.304 | 0 | 1 |
| Older couple | 34568 | 0.031 | 0.174 | 0 | 1 |
| Older singles | 34568 | 0.058 | 0.234 | 0 | 1 |
| Others household types | 34568 | 0.202 | 0.401 | 0 | 1 |
| Agriculture | 34444 | 0.035 | 0.184 | 0 | 1 |
| Manufacturing industries | 34444 | 0.159 | 0.366 | 0 | 1 |
| Construction | 34444 | 0.056 | 0.230 | 0 | 1 |
| Wholesale \& retail | 34444 | 0.195 | 0.396 | 0 | 1 |
| Transport | 34444 | 0.051 | 0.221 | 0 | 1 |
| Financial services | 34444 | 0.042 | 0.200 | 0 | 1 |
| Public administration \& defence | 34444 | 0.058 | 0.234 | 0 | 1 |
| Education | 34444 | 0.087 | 0.281 | 0 | 1 |
| Health sector | 34444 | 0.119 | 0.324 | 0 | 1 |
| Other services | 34444 | 0.198 | 0.399 | 0 | 1 |
| Female-dominated sector | 34568 | 0.438 | 0.496 | 0 | 1 |
| Public sector | 34233 | 0.219 | 0.414 | 0 | 1 |
| Small establishment | 33798 | 0.374 | 0.484 | 0 | 1 |
| Medium to large establishment | 33798 | 0.474 | 0.499 | 0 | 1 |
| Large establishment | 33798 | 0.152 | 0.359 | 0 | 1 |
| Baltic countries | 34568 | 0.013 | 0.111 | 0 | 1 |
| Continental countries | 34568 | 0.386 | 0.487 | 0 | 1 |
| Eastern countries | 34568 | 0.182 | 0.386 | 0 | 1 |
| Anglo-Saxon countries | 34568 | 0.153 | 0.360 | 0 | 1 |
| Northern countries | 34568 | 0.046 | 0.211 | 0 | 1 |


| Southern countries | 34568 | 0.220 | 0.414 | 0 | 1 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Low-skilled workers | 34244 | 0.182 | 0.386 | 0 | 1 |
| Medium-skilled workers | 34244 | 0.594 | 0.491 | 0 | 1 |
| High-skilled workers | 34244 | 0.224 | 0.417 | 0 | 1 |
| Self-employed | 34144 | 0.146 | 0.353 | 0 | 1 |
| Fixed-term contracts | 34335 | 0.181 | 0.385 | 0 | 1 |
| Seniority | 34568 | 2.907 | 1.073 | 1 | 4 |
| Supervisory tasks | 34113 | 0.163 | 0.369 | 0 | 1 |
| Work autonomy | 34387 | 61.097 | 30.296 | 0 | 100 |
| Work intensity | 34387 | 42.436 | 33.501 | 0 | 100 |
| Intrinsic job quality index | 31642 | 70.669 | 11.810 | 10.8 | 100 |
| Poor working conditions | 34316 | 0.141 | 0.348 | 0 | 1 |
| Usual weekly working time | 34568 | 36.031 | 12.802 | 1 | 120 |
| Short part time | 34568 | 0.160 | 0.367 | 0 | 1 |
| Long part time | 34568 | 0.130 | 0.336 | 0 | 1 |
| Normal working time | 34568 | 0.503 | 0.500 | 0 | 1 |
| Long working hours | 34568 | 0.208 | 0.406 | 0 | 1 |
| Working time autonomy | 34296 | 0.158 | 0.365 | 0 | 1 |
| Fixed working time | 34041 | 0.449 | 0.497 | 0 | 1 |
| Regular work schedule | 34266 | 0.433 | 0.495 | 0 | 1 |
| Change of working time at short notice | 34041 | 0.084 | 0.277 | 0 | 1 |
| Possibilities of time-off | 33859 | 0.654 | 0.476 | 0 | 1 |
| Work during free time | 33606 | 0.219 | 0.414 | 0 | 1 |
| Rest period of less than 11 hours | 34201 | 0.226 | 0.418 | 0 | 1 |
| Commuting time, in hours | 33871 | 0.645 | 0.594 | 0 | 6.67 |
| Tired after work | 34185 | 0.206 | 0.405 | 0 | 1 |
| Less time for family | 33957 | 0.111 | 0.314 | 0 | 1 |
| Poor work-life balance | 34329 | 0.179 | 0.383 | 0 | 1 |
| Weekend work | 33723 | 0.281 | 0.449 | 0 | 1 |
| Night work | 34012 | 0.188 | 0.391 | 0 | 1 |
| Shift work | 34363 | 0.212 | 0.409 | 0 | 1 |
| Frequent on-call work | 33083 | 0.121 | 0.326 | 0 | 1 |
| Index atypical work | 34267 | 16.838 | 19.525 | 0 | 100 |
| Good health | 34422 | 0.785 | 0.411 | 0 | 1 |
| Poor health | 34422 | 0.026 | 0.158 | 0 | 1 |
| Number of sick days | 31321 | 5.889 | 16.996 | 0 | 365 |
| Number of work-related sick days | 30401 | 1.947 | 12.650 | 0 | 365 |
| Number of health problems | 34568 | 2.273 | 2.061 | 0 | 10 |
| Serious sleep problems | 34381 | 0.062 | 0.240 | 0 | 1 |
| Fatigue | 34376 | 0.141 | 0.348 | 0 | 1 |


| Subjective well-being | 34411 | 68.261 | 19.894 | 0 | 100 |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Well-being at work | 34427 | 75.439 | 15.187 | 0 | 100 |
| Ill-being at work | 34419 | 37.936 | 20.399 | 0 | 100 |
| Index job satisfaction | 34120 | 64.234 | 21.004 | 0 | 1 |
| Share satisfied with working conditions | 34316 | 0.699 | 0.230 | 0 | 1 |
| Expected age of retirement | 31189 | 62.6 | 6.414 | 18 | 99 |
| Share able to work to 60 years | 31267 | 0.727 | 0.445 | 0 | 1 |
| Share not able to work to 60 years | 31267 | 0.273 | 0.445 | 0 | 1 |
| Age until able to work | 18295 | 64.2 | 4.697 | 60 | 100 |
| Upper income class | 34416 | 0.130 | 0.336 | 0 | 1 |
| Middle income class | 34416 | 0.533 | 0.499 | 0 | 1 |
| Low income class | 34416 | 0.206 | 0.405 | 0 | 1 |

Source: EWCS 2016 and author's calculations
Table C1b: Main dependent and independent variables, EU 28, Men

| VARIABLES | N | Mean | Standard <br> deviation | Min | Max |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |
| Age | 16837 | 42.971 | 12.701 | 15 | 88 |
| Young singles with parents | 16885 | 0.024 | 0.154 | 0 | 1 |
| Young singles on their own | 16885 | 0.100 | 0.300 | 0 | 1 |
| Young couple without children | 16885 | 0.114 | 0.317 | 0 | 1 |
| Couples with pre-school children | 16885 | 0.141 | 0.348 | 0 | 1 |
| Couples with children 7-12 years | 16885 | 0.079 | 0.270 | 0 | 1 |
| Couples with children 13-18 years | 16885 | 0.170 | 0.375 | 0 | 1 |
| Couple empty nest 46-59 years | 16885 | 0.099 | 0.299 | 0 | 1 |
| Older Couple | 16885 | 0.033 | 0.178 | 0 | 1 |
| Older singles | 16885 | 0.057 | 0.232 | 0 | 1 |
| Others household types | 16885 | 0.183 | 0.387 | 0 | 1 |
| Agriculture | 16825 | 0.042 | 0.201 | 0 | 1 |
| Manufacturing industries | 16825 | 0.216 | 0.412 | 0 | 1 |
| Construction | 16825 | 0.099 | 0.299 | 0 | 1 |
| Wholesale \& retail | 16825 | 0.180 | 0.385 | 0 | 1 |
| Transport | 16825 | 0.081 | 0.273 | 0 | 1 |
| Financial services | 16825 | 0.044 | 0.205 | 0 | 1 |
| Public administration \& defence | 16825 | 0.064 | 0.245 | 0 | 1 |
| Education | 16825 | 0.052 | 0.222 | 0 | 1 |
| Health sector | 16825 | 0.043 | 0.203 | 0 | 1 |
| Other services | 16825 | 0.178 | 0.382 | 0 | 1 |


| Female-dominated sector | 16885 | 0.235 | 0.424 | 0 | 1 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Public sector | 16811 | 0.173 | 0.378 | 0 | 1 |
| Small establishment | 16558 | 0.360 | 0.480 | 0 | 1 |
| Medium to large establishment | 16558 | 0.477 | 0.499 | 0 | 1 |
| Large establishment | 16558 | 0.163 | 0.369 | 0 | 1 |
| Baltic countries | 16885 | 0.011 | 0.106 | 0 | 1 |
| Continental countries | 16885 | 0.382 | 0.486 | 0 | 1 |
| Eastern countries | 16885 | 0.173 | 0.378 | 0 | 1 |
| Anglo-Saxon countries | 16885 | 0.161 | 0.367 | 0 | 1 |
| Northern countries | 16885 | 0.047 | 0.212 | 0 | 1 |
| Southern countries | 16885 | 0.226 | 0.418 | 0 | 1 |
| Low-skilled workers | 16722 | 0.207 | 0.405 | 0 | 1 |
| Medium-skilled workers | 16722 | 0.580 | 0.494 | 0 | 1 |
| High-skilled workers | 16722 | 0.213 | 0.409 | 0 | 1 |
| Self-employed | 16724 | 0.177 | 0.382 | 0 | 1 |
| Fixed-term contracts | 16793 | 0.166 | 0.372 | 0 | 1 |
| Seniority | 34568 | 2.961 | 1.073 | 1 | 4 |
| Supervisory tasks | 16662 | 0.206 | 0.404 | 0 | 1 |
| Work autonomy | 16813 | 62.152 | 30.766 | 0 | 100 |
| Work intensity | 16814 | 44.356 | 33.349 | 0 | 100 |
| Intrinsic job quality index | 15335 | 70.108 | 11.956 | 10.8 | 100 |
| Poor working conditions | 16793 | 0.139 | 0.346 | 0 | 1 |
| Usual weekly working time | 16885 | 39.232 | 11.964 | 1 | 119 |
| Short part time | 16885 | 0.100 | 0.300 | 0 | 1 |
| Long part time | 16885 | 0.064 | 0.244 | 0 | 1 |
| Normal working time | 16885 | 0.555 | 0.497 | 0 | 1 |
| Long working hours | 16885 | 0.281 | 0.449 | 0 | 1 |
| Working time autonomy | 16771 | 0.184 | 0.387 | 0 | 1 |
| Fixed working time | 16642 | 0.423 | 0.494 | 0 | 1 |
| Regular work schedule | 16738 | 0.403 | 0.490 | 0 | 1 |
| Change of working time at short notice | 16642 | 0.093 | 0.290 | 0 | 1 |
| Possibilities of time-off | 16568 | 0.683 | 0.465 | 0 | 1 |
| Work during free time | 16376 | 0.233 | 0.423 | 0 | 1 |
| Rest period of less than 11 hours | 16705 | 0.271 | 0.445 | 0 | 1 |
| Commuting time, in hours | 16456 | 0.681 | 0.634 | 0 | 6.67 |
| Tired after work | 16658 | 0.199 | 0.399 | 0 | 1 |
| Less time for family | 16558 | 0.112 | 0.316 | 0 | 1 |
| Poor work-life balance | 16765 | 0.199 | 0.400 | 0 | 1 |
| Weekend work | 16426 | 0.299 | 0.458 | 0 | 1 |
| Night work | 16570 | 0.240 | 0.427 | 0 | 1 |


| Shift work | 16801 | 0.212 | 0.409 | 0 | 1 |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Frequent on-call work | 16066 | 0.134 | 0.340 | 0 | 1 |
| Index atypical work | 16744 | 18.007 | 19.896 | 0 | 100 |
| Good health | 16819 | 0.787 | 0.410 | 0 | 1 |
| Poor health | 16819 | 0.024 | 0.155 | 0 | 1 |
| Number of sick days | 15371 | 5.370 | 16.271 | 0 | 365 |
| Number of work-related sick days | 14930 | 1.976 | 13.057 | 0 | 365 |
| Number of health problems | 16885 | 2.127 | 2.024 | 0 | 10 |
| Serious sleep problems | 16801 | 0.049 | 0.215 | 0 | 1 |
| Fatigue | 16799 | 0.124 | 0.330 | 0 | 1 |
| Subjective well-being | 16814 | 69.415 | 19.296 | 0 | 100 |
| Well-being at work | 16828 | 75.141 | 15.245 | 0 | 100 |
| Ill-being at work | 16825 | 37.802 | 20.373 | 0 | 100 |
| Index job satisfaction | 16673 | 64.854 | 21.097 | 0 | 1 |
| Share satisfied with working conditions | 16793 | 0.699 | 0.228 | 0 | 1 |
| Expected age of retirement | 15322 | 62.910 | 6.489 | 19 | 99 |
| Share able to work to 60 years | 154081 | 0.746 | 0.436 | 0 | 1 |
| Share not able to work to 60 years | 15408 | 0.254 | 0.436 | 0 | 1 |
| Age until able to work | 9304 | 64.5 | 4.825 | 60 | 100 |
| Upper income class | 16784 | 0.133 | 0.339 | 0 | 1 |
| Middle income class | 16784 | 0.460 | 0.498 | 0 | 1 |
| Low income class | 16784 | 0.264 | 0.441 | 0 | 1 |

Source: EWCS 2016 and author's calculations

Table C1c: Main dependent and independent variables, EU 28, Women

| VARIABLES | N | Mean | Standard <br> deviation | Min | Max |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |
| Age | 17613 | 42.505 | 12.214 | 15 | 87 |
| Young singles with parents | 17674 | 0.018 | 0.134 | 0 | 1 |
| Young singles on their own | 17674 | 0.067 | 0.250 | 0 | 1 |
| Young couples without children | 17674 | 0.103 | 0.304 | 0 | 1 |
| Couples with pre-school children | 17674 | 0.135 | 0.342 | 0 | 1 |
| Couples with children 7-12 years | 17674 | 0.080 | 0.271 | 0 | 1 |
| Couples with children 13-18 years | 17674 | 0.179 | 0.384 | 0 | 1 |
| Couple empty nest 46-59 years | 17674 | 0.107 | 0.309 | 0 | 1 |
| Older Couple | 17674 | 0.030 | 0.170 | 0 | 1 |


| Older singles | 17674 | 0.059 | 0.236 | 0 | 1 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Others household types | 17610 | 0.221 | 0.415 | 0 | 1 |
| Agriculture | 17610 | 0.027 | 0.163 | 0 | 1 |
| Manufacturing industries | 17610 | 0.099 | 0.299 | 0 | 1 |
| Construction | 17610 | 0.011 | 0.105 | 0 | 1 |
| Wholesale \& retail | 17610 | 0.209 | 0.407 | 0 | 1 |
| Transport | 17610 | 0.020 | 0.141 | 0 | 1 |
| Financial services | 17610 | 0.040 | 0.195 | 0 | 1 |
| Public administration \& defence | 17610 | 0.052 | 0.223 | 0 | 1 |
| Education | 17610 | 0.123 | 0.328 | 0 | 1 |
| Health sector | 17610 | 0.199 | 0.399 | 0 | 1 |
| Other services | 17610 | 0.220 | 0.414 | 0 | 1 |
| Female-dominated sector | 17674 | 0.649 | 0.477 | 0 | 1 |
| Public sector | 17527 | 0.268 | 0.443 | 0 | 1 |
| Small establishment | 17300 | 0.389 | 0.488 | 0 | 1 |
| Medium to large establishment | 1730 | 0.472 | 0.499 | 0 | 1 |
| Large establishment | 1730 | 0.140 | 0.347 | 0 | 1 |
| Baltic countries | 17674 | 0.014 | 0.117 | 0 | 1 |
| Continental countries | 17674 | 0.391 | 0.488 | 0 | 1 |
| Eastern countries | 17674 | 0.191 | 0.393 | 0 | 1 |
| Anglo-Saxon countries | 17674 | 0.146 | 0.353 | 0 | 1 |
| Northern countries | 17674 | 0.046 | 0.209 | 0 | 1 |
| Southern countries | 17674 | 0.213 | 0.409 | 0 | 1 |
| Low-skilled workers | 17522 | 0.156 | 0.363 | 0 | 1 |
| Medium-skilled workers | 17522 | 0.608 | 0.488 | 0 | 1 |
| High-skilled workers | 17522 | 0.236 | 0.425 | 0 | 1 |
| Self-employed | 17420 | 0.114 | 0.318 | 0 | 1 |
| Fixed-term contracts | 17542 | 0.198 | 0.398 | 0 | 1 |
| Seniority | 17633 | 2.851 | 1.070 | 1 | 4 |
| Supervisory tasks | 17451 | 0.118 | 0.323 | 0 | 1 |
| Work autonomy | 17574 | 60.000 | 29.758 | 0 | 100 |
| Work intensity | 17573 | 40.437 | 33.544 | 0 | 100 |
| Intrinsic job quality index | 16307 | 71.251 | 11.630 | 14.6 | 100 |
| Poor working conditions | 17523 | 0.142 | 0.350 | 0 | 1 |
| Usual weekly working time | 17674 | 32.701 | 12.788 | 1 | 120 |
| Short part time | 17674 | 0.222 | 0.415 | 0 | 1 |
| Long part time | 17674 | 0.198 | 0.399 | 0 | 1 |
| Normal working time | 17674 | 0.449 | 0.497 | 0 | 1 |
| Long working hours | 17674 | 0.131 | 0.338 | 0 | 1 |
| Working time autonomy | 17525 | 0.132 | 0.338 | 0 | 1 |


| Fixed working time | 17399 | 0.476 | 0.499 | 0 | 1 |
| :--- | :---: | :---: | :--- | :---: | :---: |
| Regular work schedule | 17528 | 0.465 | 0.499 | 0 | 1 |
| Change of working time at short notice | 17399 | 0.074 | 0.262 | 0 | 1 |
| Possibilities of time-off | 17291 | 0.624 | 0.484 | 0 | 1 |
| Work during free time | 17230 | 0.204 | 0.403 | 0 | 1 |
| Rest period of less than 11 hours | 17496 | 0.179 | 0.383 | 0 | 1 |
| Commuting time, in hours | 17415 | 0.608 | 0.547 | 0 | 5 |
| Tired after work | 17527 | 0.214 | 0.410 | 0 | 1 |
| Less time for family | 17399 | 0.110 | 0.312 | 0 | 1 |
| Poor work-life balance | 17564 | 0.158 | 0.364 | 0 | 1 |
| Weekend work | 17297 | 0.262 | 0.440 | 0 | 1 |
| Night work | 17442 | 0.134 | 0.341 | 0 | 1 |
| Shift work | 17562 | 0.213 | 0.409 | 0 | 1 |
| Frequent on-call work | 17017 | 0.108 | 0.310 | 0 | 1 |
| Index atypical work | 17523 | 15.621 | 19.059 | 0 | 100 |
| Good health | 17603 | 0.783 | 0.412 | 0 | 1 |
| Poor health | 17603 | 0.027 | 0.162 | 0 | 1 |
| Number of sick days | 15950 | 6.430 | 17.709 | 0 | 365 |
| Number of work-related sick days | 15471 | 1.918 | 12.215 | 0 | 365 |
| Number of health problems | 17674 | 2.426 | 2.088 | 0 | 10 |
| Serious sleep problems | 17580 | 0.075 | 0.263 | 0 | 1 |
| Fatigue | 17624 | 0.609 | 0.488 | 0 | 1 |
| Subjective well-being | 0.147 | 0.354 | 0 | 1 |  |
| Well-being at work | 17577 | 0.158 | 0.365 | 0 | 1 |
| Ill-being at work | 17597 | 67.055 | 20.434 | 0 | 100 |
| Index job satisfaction | 17599 | 75.751 | 15.125 | 0 | 100 |
| Share satisfied with working conditions | 17582 | 0.700 | 0.231 | 0 | 1 |
| Expected age of retirement | 15911 | 62.350 | 6.319 | 18 | 99 |
| Share able to work to 60 years | 15945 | 0.708 | 0.455 | 0 | 1 |
| Share not able to work to 60 years | 15945 | 0.292 | 0.455 | 0 | 1 |
| Age until able to work | 38.077 | 20.430 | 0 | 100 |  |
| Upper income class | 63.616 | 4.481 | 60 | 100 |  |
| Middle income class | 0.127 | 0.333 | 0 | 1 |  |
| Sour class |  |  |  | 1 |  |

[^0]
## Distribution of working time

## Table C2a: Working time distribution, All sample

Short part-time <=20 hours, long part-time 21-34 hours, Normal hours 35-42 hours long hours >42 hours, \%.

| Working Time | Men | Women | All |
| :--- | :---: | :---: | :---: |
| Short Part-time | 10.0 | 22.2 | 16.0 |
| No change | 6.4 | 19.8 | 13.0 |
| Normal hours | 55.5 | 44.9 | 50.3 |
| Long hours | 28.1 | 13.1 | 20.7 |
| Total | 100.0 | 100.0 | 100.0 |

Source: EWCS 2016 and author's calculations

## Table C2b: Working time distribution, Employees

Short part-time <=20 hours, long part-time 21-34 hours, Normal hours 35-42 hours long hours >42 hours, \%.

| Working Time | Men | Women | All |
| :--- | :---: | :---: | :---: |
| Short Part-time | 8,4 | 21,1 | 14,8 |
| No change | 6,1 | 20,5 | 13,4 |
| Normal hours | 62,5 | 48,2 | 55,2 |
| Long hours | 23,0 | 10,2 | 16,6 |
| Total | 100,0 | 100,0 | 100,0 |

Source: EWCS 2016 and author's calculations

## Table C2c: Working time distribution, Self-employed persons

Short part-time <=20 hours, long part-time 21-34 hours, Normal hours 35-42 hours long hours >42 hours, \%.

| Working Time | Men | Women | All |
| :--- | :---: | :---: | :---: |
| Short Part-time | 14.8 | 26.3 | 14.8 |
| No change | 7.8 | 15.6 | 13.4 |
| Normal hours | 24.9 | 22.3 | 55.2 |
| Long hours | 52.5 | 35.8 | 16.6 |
| Total | 100.0 | 100.0 | 100.0 |

Source: EWCS 2016 and author's calculations

Figure C1: Distribution of working hours by sex and mode of regulation of working time
Upper Panel Regulation: Statutory Law (Estonia). Middle Panel Regulation: Collective Agreements (Denmark). Lower Panel Regulation: Decentralised, Company Level or Individual Contract. Left Male Employees, Right Female Employees.



Table C2d: Multinomial logit regression analysis - Working time distribution
Marginal Effect Evaluated at Sample Means. All sample. Short part-time $<=20$ hours, long part-time 21-34 hours, Normal hours $35-42$ hours long hours >42 hours.

| VARIABLES | Short Part-time | Long Part-time | Normal hours | Long hours |
| :---: | :---: | :---: | :---: | :---: |
| Gender |  |  |  |  |
| Women | $0.0869^{* * *}$ | 0.113*** | $-0.0985^{* * *}$ | $-0.101^{* * *}$ |
| Skill level (ref: medium skill) |  |  |  |  |
| Low Skill | $0.0858 * * *$ | -1.21e-06 | $-0.0592 * * *$ | $-0.0266 * * *$ |
| High Skill | $-0.0288 * * *$ | -0.00271 | $-0.0498 * * *$ | $0.0813^{* * *}$ |
| Life phases (Ref: Young couple without children) |  |  |  |  |
| Young singles with parents | $0.0962^{* * *}$ | 0.0169 | $-0.0844 * * *$ | -0.0287* |
| Young singles on their own | 0.0495*** | 0.0160 | -0.0381 *** | -0.0274*** |
| Couples with pre-school children | $0.0614 * * *$ | 0.0840 *** | $-0.119^{* * *}$ | $-0.0264 * * *$ |
| Couples with children 712 years | $0.0715 * * *$ | 0.0539*** | -0.142*** | 0.0164 |
| Couples with children 13-18 years years | $0.0753 * * *$ | $0.0696 * * *$ | $-0.157^{* * *}$ | 0.0121 |
| Couple empty nest 4659 years old | 0.0649*** | 0.0871*** | -0.130*** | $-0.0222^{* *}$ |
| Older Couple | 0.323*** | $0.0995 * * *$ | $-0.326^{* * *}$ | -0.0963 *** |
| Older singles | 0.115*** | 0.0630 *** | $-0.122^{* * *}$ | $-0.0560 * * *$ |
| Industries (Ref: Manufacturing) |  |  |  |  |
| Agriculture | 0.127*** | 0.0356 | $-0.219^{* * *}$ | $0.0557 * * *$ |


| Construction | 0.0477*** | -0.0151 | $-0.0504^{* * *}$ | 0.0178 |
| :---: | :---: | :---: | :---: | :---: |
| Wholesale \& retail | 0.0560*** | $0.0760^{* * *}$ | -0.187*** | $0.0548 * * *$ |
| Transport | 0.00440 | 0.0665*** | -0.154*** | 0.0829*** |
| Financial services | 0.00922 | $0.0894^{* * *}$ | -0.107*** | 0.00867 |
| Public administration defence | 0.0265* | 0.106*** | $-0.0674 * * *$ | $-0.0655^{* * *}$ |
| Education | 0.148*** | 0.139*** | $-0.262^{* * *}$ | -0.0248* |
| Health | $0.0729 * * *$ | 0.128*** | -0.164*** | $-0.0368^{* * *}$ |
| Other services | $0.0778 * * *$ | $0.0826^{* * *}$ | -0.162*** | 0.00132 |
| Female domin. sector | $0.0402 * * *$ | $0.0394 * * *$ | $-0.0507 * * *$ | $-0.0289 * * *$ |
| Public sector | -0.00958* | $0.00332$ | 0.0526*** | -0.0464*** |
|  | Country clusters (Ref: Central and Eastern countries) |  |  |  |
| Baltic | 0.000568 | -0.0141 | $0.101 * * *$ | $-0.0874^{* * *}$ |
| Continental | 0.0859*** | 0.138*** | -0.0904*** | -0.133*** |
| Anglo-Saxon | 0.118*** | 0.213*** | $-0.236 * * *$ | -0.0953*** |
| Northern | $0.0374 * * *$ | 0.103*** | -0.0320 | $-0.108^{* * *}$ |
| Southern | 0.0280 *** | $0.129 * * *$ | $-0.0640^{* * *}$ | $-0.0934^{* * *}$ |
| Establishment size (Ref: Medium size) |  |  |  |  |
| Small establishment | $0.0329 * * *$ | 0.00315 | $-0.0684^{* * *}$ | $0.0323^{* * *}$ |
| Large establishment (250 and more) | $-0.0370^{* * *}$ | $-0.0233^{* * *}$ | $0.0559^{* * *}$ | 0.00440 |
| Employment and Job Characteristics |  |  |  |  |
| Fixed-term contract | 0.107*** | $0.0478 * * *$ | $-0.115^{* * *}$ | $-0.0397 * * *$ |
| Self-employed | 0.0807*** | $0.0296 * * *$ | $-0.265 * * *$ | 0.155*** |
| Seniority | $-0.0259^{* * *}$ | $-0.00777 * * *$ | 0.0341 *** | -0.000458 |
| Supervisory tasks | $-0.0512 * * *$ | $-0.0536 * * *$ | $-0.0373 * * *$ | 0.142*** |
| Autonomy | $-0.000352 * * *$ | $1.05 \mathrm{e}-05$ | $-2.17 \mathrm{e}-05$ | $0.000364^{* * *}$ |
| Work intensity | $-0.000678 * * *$ | $-0.000450 * * *$ | $-0.000303 * * *$ | 0.00143*** |
| Atypical work (Dummies) |  |  |  |  |
| Weekend work | $-0.0191^{* * *}$ | -0.00116 | $-0.0770^{* * *}$ | 0.0973 *** |
| Night work | $-0.0203^{* * *}$ | $-0.0287 * * *$ | $-0.0683^{* * *}$ | 0.117*** |
| Shift work | -0.0284*** | 0.00112 | $0.0884^{* * *}$ | -0.0611*** |
| Predicted Probability | 0.1038 | 0.1152 | 0.5950 | 0.1859 |
| Observations | 24.788 | 24.788 | 24.788 | 24.788 |

*, ** and ${ }^{* * *}$ statistically significant at 10 per cent, 5 per cent and 1 per cent level
Interpretation. Ceteris paribus, the predicted probability (penultimate row) that a worker works short part-time, long parttime, normal hours and long hours is respectively 10,4 per cent, 11.5 per cent, 59,5 per cent and 18.6 per cent. Low-skilled workers (Third row, second column) have a 8.6 percentage points higher probability to work short-part time. Married/Cohabiting worker with young pre-school children (ninth row third column) have a 8,4 percentage points higher probability to work long part-time compared to young married/cohabiting employed persons without resident children.
Source: EWCS 2016 and author's calculations

## Table C3: Multinomial logit regression analysis - Working time distribution

Marginal Effect Evaluated at Sample Means, Employees. Short part-time <=20 hours, Long parttime 21-34 hours, Normal hours 35-42 hours long hours $>42$ hours.

| VARIABLES | Short Part-time | Long Part-time | Normal hours | Long hours |
| :---: | :---: | :---: | :---: | :---: |
| Gender |  |  |  |  |
| Women | 0.0849*** | 0.112*** | $-0.106^{* *}$ | $-0.0906 * * *$ |
| Skill level (ref: medium skill) |  |  |  |  |
| Low Skill | 0.0821*** | 0.00306 | -0.0609*** | $-0.0242 * * *$ |
| High Skill | -0.0299*** | 0.00493 | $-0.0468 * * *$ | $0.0717^{* * *}$ |
| Life phases (Ref: Young couple without children) |  |  |  |  |
| Young singles living with parents | 0.0985*** | 0.00963 | $-0.0783 * * *$ | $-0.0299 * *$ |
| Young singles on their own | 0.0518*** | 0.0237** | $-0.0484^{* * *}$ | $-0.0271^{* * *}$ |
| Couples with pre-school children | 0.0709*** | 0.0895*** | -0.136*** | $-0.0248 * * *$ |
| Couples with children 7-12 years | 0.0868*** | 0.0635*** | $-0.159 * * *$ | 0.00891 |
| Couples with children 13-18 years years | 0.0790*** | 0.0750*** | $-0.163^{* * *}$ | 0.00918 |
| Couple empty nest 46-59 years old | 0.0720*** | 0.101*** | $-0.153^{* * *}$ | $-0.0203^{* *}$ |
| Older Couple | 0.329*** | 0.114*** | $-0.364 * * *$ | $-0.0788^{* * *}$ |
| Older singles | 0.0755*** | 0.0565*** | $-0.106 * * *$ | -0.0265** |
| Industries (Ref: Manufacturing) |  |  |  |  |
| Agriculture | $0.0732 * * *$ | $0.108^{* * *}$ | $-0.204^{* * *}$ | 0.0234 |
| Construction | 0.0434** | -0.0176 | $-0.0507 * *$ | 0.0248* |
| Wholesale \& retail | 0.0650*** | 0.103*** | $-0.203^{* * *}$ | 0.0351*** |
| Transport | 0.00825 | 0.0954*** | $-0.166 * * *$ | 0.0620*** |
| Financial services | 0.000483 | 0.0968*** | $-0.110^{* * *}$ | 0.0128 |
| Public administration and defence | 0.0198 | 0.119*** | $-0.0789^{* * *}$ | $-0.0597 * * *$ |
| Education | 0.130*** | 0.151 *** | $-0.279 * * *$ | -0.00287 |
| Health | 0.0716*** | 0.147*** | -0.181*** | $-0.0384 * * *$ |
| Other services | 0.0777*** | 0.0819*** | $-0.171^{* * *}$ | 0.0115 |
| Female-dominated sector | 0.0425*** | 0.0469*** | -0.0544*** | $-0.0351 * * *$ |
| Public sector | -0.00586 | 0.000628 | 0.0425*** | $-0.0372 * * *$ |
| Country clusters (Ref: Central and Eastern countries) |  |  |  |  |
| Baltic | 0.00243 | -0.0252 | $0.0862 * * *$ | $-0.0634 * * *$ |
| Continental | 0.0897*** | 0.149*** | $-0.109^{* * *}$ | $-0.129^{* * *}$ |
| Anglo-Saxon | 0.122 *** | 0.222*** | $-0.276 * * *$ | $-0.0679 * * *$ |
| Northern | $0.0434 * * *$ | 0.113*** | $-0.0687 * * *$ | $-0.0875 * * *$ |
| Southern | 0.0284*** | $0.141^{* * *}$ | -0.0834*** | $-0.0858^{* * *}$ |
| Establishment size (Ref: Medium size) |  |  |  |  |
| Small establishment | 0.0325*** | 0.00487 | $-0.0689 * * *$ | $0.0315^{* * *}$ |
| Large establishment (250 and | -0.0344*** | -0.0225*** | 0.0580*** | -0.000986 |

more)
Employment and Job Characteristics

| Fixed-term contract | 0.104*** | 0.0590 *** | -0.129*** | -0.0338*** |
| :---: | :---: | :---: | :---: | :---: |
| Seniority | $-0.0210^{* * *}$ | -0.00454* | 0.0309*** | -0.00535* |
| Supervisory tasks | $-0.0383 * * *$ | $-0.0436 * * *$ | $-0.0336 * * *$ | 0.115*** |
| Autonomy | -0.000250*** | $2.04 \mathrm{e}-05$ | -8.09e-05 | $0.000310^{* * *}$ |
| Work intensity | -0.000571*** | $-0.000363 * * *$ | -0.000198* | 0.00113*** |
| Atypical work (Dummies) |  |  |  |  |
| Weekend work | $-0.0222^{* * *}$ | -0.00791 | $-0.0570^{* * *}$ | $0.0871^{* * *}$ |
| Night work | $-0.0183 * * *$ | $-0.0243 * * *$ | $-0.0627^{* * *}$ | 0.105*** |
| Shift work | $-0.0214^{* * *}$ | -0.00228 | 0.0762*** | $-0.0525^{* * *}$ |
| Predicted Probability | 0.09316 | 0.1091 | 0.6539 | 0,1439 |
| Observations | 20.974 | 20.974 | 20.974 | 20.974 |

[^1]Interpretation. Ceteris paribus, the predicted probability (penultimate row) that a wage earner works short part-time, long part-time, normal hours and long hours is respectively 9,3 per cent, 10.9 per cent, 65,4 per cent and 14.4 per cent. Highskilled dependent employees (Third row, second column) have a 3.0 percentage points lower probability to work short-part time. Married/Cohabiting employees with young pre-school children (ninth row third column) have a 6.4 percentage point higher probability to work long part-time compared to young married/cohabiting dependent employees without resident children.
Source: EWCS 2016. author's calculations

## Table C4: Multinomial logit regression analysis - Working time distribution

Marginal Effect Evaluated at Sample Means, Female employees. Short part-time <=20 hours, Long part-time 21-34 hours, Normal hours 35-42 hours long hours >42 hours.

| VARIABLES | Short Part- <br> time | Long Part-time | Normal hours | Long hours |
| :--- | :---: | :---: | :---: | :---: |
|  | Skill level (ref:medium skill) |  |  |  |
| Low Skill | $0.151^{* * *}$ | $-0.0276^{* *}$ | $-0.0789^{* * *}$ | $-0.0443^{* * *}$ |
| High Skill | $-0.0365^{* * *}$ | $0.0281^{* *}$ | $-0.0331^{* *}$ | $0.0415^{* * *}$ |
|  | Life phases (Ref: Young couple without children) |  |  |  |
| Young singles living with parents | $0.158^{* * *}$ | $-0.0836^{* * *}$ | -0.0343 | $-0.0399^{* * *}$ |
| Young singles on their own | 0.0303 | -0.0158 | 0.00307 | $-0.0176^{* *}$ |
| Couples with pre-school child. | $0.134^{* * *}$ | $0.134^{* * *}$ | $-0.235^{* * *}$ | $-0.0325^{* * *}$ |
| Couples with children 7-12 | $0.159^{* * *}$ | $0.0912^{* * *}$ | $-0.220^{* * *}$ | $-0.0302^{* * *}$ |
| Couples with children 13-18 | $0.126^{* * *}$ | $0.112^{* * *}$ | $-0.225^{* * *}$ | $-0.0138^{*}$ |
| years |  |  |  |  |
| Couple empty nest 46-59 years | $0.0739^{* * *}$ | $0.147^{* * *}$ | $-0.184^{* * *}$ | $-0.0364^{* * *}$ |
| Older couple | $0.320^{* * *}$ | 0.0408 | $-0.326^{* * *}$ | $-0.0345^{* * *}$ |
| Older singles | $0.0672^{* * *}$ | $0.0555^{* *}$ | $-0.110^{* * *}$ | -0.0124 |


| Industries (Ref: Manufacturing) |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Agriculture | $0.151^{* *}$ | -0.0279 | -0.102* | -0.0211 |
| Construction | 0.171*** | -0.000914 | $-0.160^{* * *}$ | -0.0105 |
| Wholesale retail | $0.0636 * * *$ | $0.167 * * *$ | $-0.221^{* * *}$ | -0.00950 |
| Transport | 0.0290 | 0.148*** | $-0.172 * * *$ | -0.00524 |
| Financial services | -0.0492** | 0.175*** | $-0.0931 * * *$ | $-0.0329 * * *$ |
| Public administrationi. and defence | 0.00611 | 0.136*** | $-0.0914^{* * *}$ | $-0.0504^{* * *}$ |
| Education | 0.104*** | $0.171^{* * *}$ | -0.260 *** | -0.0153 |
| Health | 0.0449** | $0.198 * * *$ | $-0.190^{* * *}$ | $-0.0529 * * *$ |
| Other services | $0.0781 * * *$ | $0.124^{* * *}$ | -0.189*** | -0.0138 |
| Female-dominated sector | 0.0435*** | 0.0591 *** | -0.0858*** | -0.0168** |
| Public Sector | -0.0310*** | -0.0177 | $0.0487 * * *$ | -4.51e-05 |
|  | Country clusters (Ref: Central and Eastern countries) |  |  |  |
| Baltic | 0.0311 | -0.0403 | 0.0405 | -0.0313** |
| Continental | 0.155*** | 0.232*** | -0.305*** | $-0.0823 * * *$ |
| Anglo-Saxon | 0.198*** | 0.255*** | $-0.389 * * *$ | $-0.0639 * * *$ |
| Northern | 0.0506* | 0.157*** | -0.154*** | -0.0536*** |
| Southern | 0.0418** | 0.190*** | $-0.172 * * *$ | -0.0595*** |
| Establishment size (Ref: Medium size) |  |  |  |  |
| Small establishment | 0.0594*** | -0.0115 | $-0.0743^{* * *}$ | $0.0264^{* * *}$ |
| Large establishment (250 and more) | $-0.0483 * * *$ | $-0.0633 * * *$ | 0.106*** | 0.00544 |
| Employment and Job Characteristics |  |  |  |  |
| Fixed-term contract | 0.119*** | $0.0616^{* * *}$ | -0.150*** | $-0.0300^{* * *}$ |
| Seniority | $-0.0254 * * *$ | 0.00756 | 0.0270 *** | -0.00911*** |
| Supervisory tasks | $-0.0609 * * *$ | $-0.0701^{* * *}$ | $0.0476 * * *$ | $0.0834^{* * *}$ |
| Autonomy | $-0.000525^{* * *}$ | 0.000224 | 0.000153 | 0.000148 |
| Work intensity | $-0.000882^{* * *}$ | $-0.000309 * *$ | $0.000574 * * *$ | $0.000617 * * *$ |
| Atypical work (Dummies) |  |  |  |  |
| Weekend work | $-0.0507 * * *$ | $-0.0412 * * *$ | 0.00947 | 0.0825*** |
| Night work | -0.0178 | -0.00322 | $-0.0744^{* * *}$ | $0.0954 * * *$ |
| Shift work | $-0.0276 * * *$ | -0.00970 | $0.0635^{* * *}$ | $-0.0263^{* * *}$ |
| Predicted Probability | 0.1762 | 0.2137 | 0.5277 | 0,0824 |
| Observations | 10.790 | 10.790 | 10.790 | 10.790 |

*, ** and ${ }^{* * *}$ statistically significant at 10 per cent, 5 per cent and 1 per cent level
Interpretation. Ceteris paribus, the predicted probability (penultimate row) that a female wage earner works short part-time, long part-time, normal hours and long hours is respectively 17,6 per cent, 21.4 per cent, 52,8 per cent and 8.2 per cent. Lowskilled female dependent employees (First row, second column) have a 15.8 percentage points higher probability to work short-part time compared to medium skilled female employees. Married/Cohabiting female employees with young pre-
school children (ninth row third column) have a 9,1 percentage points higher probability to work long part-time compared to young married/cohabiting female dependent employees without resident children.
Source: EWCS 2016. author's calculations

## Table C5: Multinomial logit regression analysis - Working time distribution

Marginal Effect Evaluated at Sample Means, Male employees. Short part-time <=20 hours, Long part-time 21-34 hours, Normal hours 35-42 hours long hours >42 hours.

| VARIABLES | Short Part-time | Long Part-time | Normal hours | Long hours |
| :---: | :---: | :---: | :---: | :---: |
| Skill level (ref: medium skill) |  |  |  |  |
| Low Skill | 0.0283*** | 0.0109* | -0.0335** | -0.00571 |
| High Skill | -0.0201*** | -0.00696 | -0.0684*** | 0.0954*** |
| Life phases (Ref: Young couple without children) |  |  |  |  |
| Young singles liv. with parents | 0.0275** | $0.0338^{* *}$ | -0.0698** | 0.00855 |
| Young singles on their own | 0.0305*** | 0.0260*** | -0.0376** | -0.0188 |
| Couples with pre-school child. | -0.00155 | 0.0221** | -0.0222 | 0.00163 |
| Couples with children 7-12 | 0.00557 | 0.0107 | -0.0930*** | $0.0768 * * *$ |
| Couples with children 13-18 years | 0.0184** | 0.0220** | -0.0912*** | $0.0508 * * *$ |
| Couple empty nest 46-59 years | 0.0418*** | 0.0376*** | $-0.103 * * *$ | 0.0234 |
| Older Couple | 0.246*** | 0.171*** | $-0.309 * * *$ | -0.108*** |
| Older singles | 0.0598*** | 0.0434*** | -0.0723 *** | -0.0310 |
| Industries (Ref: Manufacturing) |  |  |  |  |
| Agriculture | 0.0214 | 0.0837*** | -0.198*** | 0.0927** |
| Construction | 0.0130 | -0.00884 | -0.0428** | 0.0386** |
| Wholesale retail | 0.0346*** | 0.0320*** | -0.162*** | 0.0952*** |
| Transport | 0.00796 | 0.0297** | $-0.157^{* * *}$ | 0.119*** |
| Financial services | 0.0107 | 0.00166 | -0.100*** | $0.0877 * * *$ |
| Public administration and defence | 0.00694 | 0.0676*** | -0.0279 | $-0.0467 * *$ |
| Education | 0.156*** | 0.117*** | $-0.263 * * *$ | -0.00921 |
| Health | 0.0885*** | 0.0669*** | -0.144*** | -0.0112 |
| Other services | 0.0424*** | 0.0253** | $-0.127^{* * *}$ | $0.0589 * * *$ |
| Female-dominated sector | 0.0247*** | 0.0323*** | -0.00596 | $-0.0511^{* * *}$ |
| Public Sector | 0.0120** | 0.0165** | 0.0499*** | -0.0783*** |
| Country clusters (Ref: Central and Eastern countries) |  |  |  |  |
| Baltic | -0.00689 | -0.0158 | 0.130*** | $-0.107 * * *$ |
| Continental | 0.0115** | 0.0411*** | 0.115*** | $-0.168 * * *$ |
| Anglo-Saxon | 0.00911 | 0.0768*** | -0.0447** | -0.0412*** |
| Northern | 0.00907 | 0.0481** | 0.0632*** | $-0.120 * * *$ |


| Southern | -0.00226 | $0.0548 * * *$ | 0.0531 *** | $-0.106^{* * *}$ |
| :---: | :---: | :---: | :---: | :---: |
| Establishment size (Ref: Medium size) |  |  |  |  |
| Small establishment | $0.0139 * * *$ | 0.00823 | $-0.0625^{* * *}$ | 0.0405*** |
| Large establishment (250 and more) | $-0.0185^{* * *}$ | 0.00704 | 0.0154 | -0.00388 |
| Employment and Job Characteristics |  |  |  |  |
| Fixed-term contract | 0.0680*** | $0.0337 * * *$ | $-0.0789^{* * *}$ | -0.0228* |
| Seniority | $-0.0121^{* * *}$ | -0.00936*** | 0.0251 *** | -0.00369 |
| Supervisory tasks | $-0.0151^{* * *}$ | $-0.0198 * * *$ | -0.105*** | 0.139*** |
| Autonomy | -3.17e-05 | -9.21e-05 | -0.000367** | $0.000490^{* * *}$ |
| Work intensity | -0.000231*** | $-0.000269^{* * *}$ | $-0.00113^{* * *}$ | $0.00163^{* * *}$ |
| Atypical work (Dummies) |  |  |  |  |
| Weekend work | -0.00140 | 0.0179*** | $-0.108^{* * *}$ | $0.0912^{* * *}$ |
| Night work | -0.00964** | $-0.0248 * * *$ | $-0.0808^{* * *}$ | 0.115*** |
| Shift work | -0.00905** | 0.00468 | $0.0857 * * *$ | $-0.0813 * * *$ |
| Predicted Probability | 0.0331 | 0.0426 | 0.7116 | 0.2127 |
| Observations | 10.184 | 10.184 | 10.184 | 10.184 |

*, $* *$ and ${ }^{* * *}$ statistically significant at 10 per cent, 5 per cent and 1 per cent level
Interpretation. Ceteris paribus, the predicted probability (penultimate row) that a male wage earner works short part-time, long part-time, normal hours and long hours is respectively 3,3 per cent, 4.4 per cent, 70,5 per cent and 21.4 per cent. Highskilled male dependent employees (Second row, second column) have a 1.2 percentage point lower probability to work short-part time compared to medium skilled male workers. Married/Cohabiting male employees with young pre-school children (ninth row third column) have a 2.1 percentage points higher probability to work long part-time compared to young married/cohabiting male dependent employees without resident children. Source: EWCS 2016. author's calculations

Table C6: Multinomial logit regression analysis - Working time distribution
Marginal Effect Evaluated at Sample Means, Self-employed. Short part-time < = 20 hours, Long parttime 21-34 hours, Normal hours 35-42 hours long hours $>42$ hours

| VARIABLES | Short Part-time | Long Part-time | Normal hours | Long hours |
| :---: | :---: | :---: | :---: | :---: |
| Gender |  |  |  |  |
| Women | 0.0780*** | 0.0501*** | 0.0195 | $-0.147 * * *$ |
| Skill level (ref: medium skill) |  |  |  |  |
| Low Skill | $0.127 * * *$ | 0.0138 | -0.0311 | $-0.110^{* * *}$ |
| High Skill | -0.0220 | -0.0201* | 0.00209 | 0.0400* |
| Life phases (Ref: Young couple without children) |  |  |  |  |
| Young singles with parents | 0.0276 | -0.0376 | -0.0675 | 0.0775 |
| Young singles on their own | 0.0241 | -0.00645 | 0.0146 | -0.0323 |
| Couples with pre-school children | 0.0457 | -0.0128 | -0.00846 | -0.0245 |


| Couples with children 712 years | $7.62 \mathrm{e}-05$ | -0.0277 | 0.00249 | 0.0251 |
| :---: | :---: | :---: | :---: | :---: |
| Couples with children 13-18 years years | 0.0371 | 0.0131 | -0.0260 | -0.0243 |
| Couple empty nest | 0.0515 | 0.0188 | -0.0246 | -0.0457 |
| Older Couple | 0.344*** | 0.0770** | -0.130*** | $-0.291^{* * *}$ |
| Older singles | 0.239*** | 0.0421 | -0.0738** | $-0.207 * * *$ |
| Industries (Ref: Manufacturing) |  |  |  |  |
| Agriculture | 0.0258 | -0.0189 | $-0.111^{* * *}$ | 0.104*** |
| Construction | -0.00914 | -0.0209 | 0.0248 | 0.00527 |
| Wholesale \& retail | $-0.0603 * * *$ | -0.0266 | -0.0591** | 0.146*** |
| Transport | $-0.0814^{* * *}$ | -0.0506** | -0.00393 | 0.136** |
| Public administration \& defence | -0.0228 | 0.0265 | -0.0336 | 0.0299 |
| Education | 0.174*** | 0.0914* | -0.0722 | $-0.193 * * *$ |
| Health | -0.0438* | 0.0415 | 0.00121 | 0.00110 |
| Other services | 0.0245 | 0.0339 | 0.00825 | $-0.0666^{* *}$ |
| Country clusters (Ref: Central and Eastern countries) |  |  |  |  |
| Baltic | 0.0203 | 0.0470 | 0.116*** | $-0.184^{* * *}$ |
| Continental | 0.00817 | 0.00831 | $-0.0605^{* * *}$ | 0.0441 |
| Anglo-Saxon | 0.0160 | 0.0702** | -0.0383 | -0.0480 |
| Northern | 0.00812 | 0.0297 | $0.101 * * *$ | $-0.139 * * *$ |
| Southern | -0.00767 | 0.0245 | -0.00579 | -0.0110 |
| Employment and Job Characteristics |  |  |  |  |
| Self-employedwith employees | $-0.0868 * * *$ | $-0.0557 * * *$ | 0.00610 | $0.136^{* * *}$ |
| Seniority | $-0.0516^{* * *}$ | $-0.0129 * *$ | 0.0134 | $0.0511^{* * *}$ |
| Autonomy | $-0.000590^{* *}$ | 0.000189 | 0.000318 | $8.30 \mathrm{e}-05$ |
| Work intensity | $-0.000949 * * *$ | $-0.000472 * * *$ | $-0.000803^{* * *}$ | 0.00222*** |
| Atypical work (Dummies) |  |  |  |  |
| Weekend work | $-0.0390^{* * *}$ | -0.0139 | $-0.114^{* * *}$ | 0.167*** |
| Night work | $-0.0647 * * *$ | -0.0342** | 0.00922 | 0.0898*** |
| Shift work | $-0.0598 * * *$ | 0.0332 | 0.0467 | -0.0201 |
| Predicted Probability | 0.1418 | 0.1066 | 0. 2777 | 0.4738 |
| Observations | 3.880 | 3.880 | 3.880 | 3.880 |

*, ** and $* * *$ statistically significant at 10 per cent, 5 per cent and 1 per cent level
Interpretation. Ceteris paribus, the predicted probability (penultimate row) that a self-employed person works short parttime, long part-time, normal hours and long hours is respectively 14,2 per cent, 10,7 per cent, 27,8 per cent and 47,4 per cent. Self-employed persons in Wholesale and retail (Fourteenth row, last column) have a 14.6 percentage points higher probability to work long hours. Self-employed working during week-ends or during night (thirtieth row last column) have respectively 16.7 and 9,0 percentage points higher probability to work long hours.
Source: EWCS 2016 and author's calculations.

## Work-life balance

Table C7: Indicators of work-life balance (WLB) Descriptive statistics, EU-28, sample as a whole


Source: EWCS 2015 and author's calculations

Definition: Poor Work-life Balance (WLB): question 44: In general, how do your working hours fit in with your family or social commitments outside work? ( $\mathbf{Q 4 4}=\mathbf{3}$ or $\mathbf{4}=$ Poor WLB).
Less Time for Family: question 45c: How often in the last 12 months, have you found that your job prevented you from giving the time you wanted to your family_( $\mathbf{Q 4 5 c = 1}$ or 2).
Work during free Time: Question 46: Over the last 12 months, how often have you worked in your free time to meet work demands? ( $\mathbf{Q 4 6}=\mathbf{1 , 2}$ or 3).

Less time for job: Question 45: How often in the last 12 months have you found that your family responsibilities prevented you from giving the time you should to your job (Q45e=1or 2)

Descriptive Statistics. Sample as a whole.
Interpretation: $18,0 \%$ of respondents report that their working hours does not fit in with their family or social commitments outside work, the corresponding figure for men being $20,0 \%$ and $16,0 \%$ for women. $23,7 \%$ of male respondent report that they have often worked in their free time to meet work demands. $11,2 \%$ of respondents found that their job prevented them from giving the time they wanted to their family, the corresponding figure for male workers being $11,4 \%$ and $10,9 \%$ for female workers. Only 3 per cent of the respondents found that their family responsibilities prevented them from giving the time they should to their job.

Table C8: Logistic regression analysis - Determinants of work-life balance
All sample. Dependent variable: Poor Work-life Balance (WLB). Question: In general, how do your working hours fit in with your family or social commitments outside work?

VARIABLES
All
Men

| Women | 0.00904 |  |  |
| :--- | :---: | :---: | :---: |
| Low skill | -0.0142 | $-0.0326^{* * *}$ | 0.00660 |
| High skill | -0.00261 | 0.00618 | -0.00817 |
| Young singles with parents | 0.0453 | 0.0376 | 0.0459 |
| Young singles on their own | -0.0125 | -0.00370 | -0.0235 |


| Couples pre-school child | 0.0620*** | 0.0900 *** | 0.0357* |
| :---: | :---: | :---: | :---: |
| Couples with children 7-12 | 0.0249 | 0.00700 | 0.0427* |
| Couples with children 13-18 years | 0.00620 | 0.0158 | -0.00265 |
| Couple empty nest | -0.00728 | 0.00467 | -0.0164 |
| Older Couple | -0.0355** | -0.0153 | -0.0545** |
| Older singles | $-0.0336 * * *$ | -0.0232 | -0.0412** |
| Agriculture | -0.0326** | 0.0173 | -0.0589*** |
| Construction | -0.00341 | -0.0200 | 0.0108 |
| Wholesale \& retail | 0.00347 | -0.00401 | 0.0110 |
| Transport | 0.0279 | 0.0537 | 0.0157 |
| Financial services | -0.0266 | -0.0222 | -0.0309 |
| Public administration \& defence | -0.0284* | -0.0197 | -0.0229 |
| Education | -0.0238 | -0.0244 | -0.0239 |
| Health | -0.0273* | -0.0219 | -0.0368 |
| Other services | -0.00321 | 0.00934 | -0.00725 |
| Female dom. sector | 0.00888 | -0.00553 | 0.0261 |
| Public sector | -0.0188* | -0.00749 | -0.0361 ** |
| Baltic | 0.0295** | 0.0249 | 0.0317 |
| Continental | 0.0413*** | $0.0396 * * *$ | $0.0485 * * *$ |
| Anglo-Saxon | 0.0411*** | 0.0417** | 0.0481** |
| Northern | 0.0257* | 0.0285 | 0.0230 |
| Southern | 0.0875*** | $0.0605 * * *$ | $0.118^{* * *}$ |
| Small establishment | 0.0123 | 0.0225** | -0.00336 |
| Large establishment | -0.00591 | -0.00953 | -0.00149 |
| Fixed-term contract | 0.0116 | 0.0215 | 0.000715 |
| Self-employed | -0.00115 | 0.00927 | -0.00906 |
| Seniority | -0.000206 | 0.00195 | -0.00392 |
| Supervisory tasks | 0.0268** | 0.0374** | 0.0171 |
| Autonomy | $-0.000347 * *$ | $-0.000582 * * *$ | -5.65e-05 |
| Work intensity | 0.000490 *** | 0.000394*** | $0.000518^{* * *}$ |
| Not enough time job | $0.0886^{* * *}$ | $0.0623 * * *$ | $0.110^{* * *}$ |
| Fixed working time | $-0.0306^{* * *}$ | -0.0294*** | -0.0319** |
| Working time autonomy | -0.0149 | -0.0499*** | 0.0181 |
| Regular work schedule | -0.0470*** | $-0.0358^{* * *}$ | $-0.0552^{* * *}$ |
| Flexitime etc | $-0.0339 * * *$ | -0.0426*** | -0.0223 |
| Choice among fixed time. | -0.0276** | -0.0386*** | -0.00682 |
| Weekend work | 0.0609*** | 0.0600*** | $0.0632^{* * *}$ |
| Night work | 0.0579*** | 0.0192 | $0.0947 * * *$ |
| Shift work | 0.0182* | 0.0171 | 0.0196 |


| Frequent on-call work | $0.0545^{* * *}$ | $0.0316^{* *}$ | $0.0793^{* * *}$ |
| :--- | :---: | :---: | :---: |
| Physical risk index | $0.000110^{* * *}$ | $0.000122^{* *}$ | $0.000128^{* *}$ |
| Time off possibility | $-0.0970^{* * *}$ | $-0.0722^{* * *}$ | $-0.119^{* * *}$ |
| Commuting time, in hours | $0.0268^{* * *}$ | $0.0216^{* * *}$ | $0.0288^{* * *}$ |
| Poor Working conditions | $0.120^{* * *}$ | $0.0965^{* * *}$ | $0.143^{* * *}$ |
| Short Part-time | $-0.0717^{* * *}$ | $-0.0745^{* * *}$ | $-0.0441^{* *}$ |
| Long Part-time | $-0.0498^{* * *}$ | $-0.0421^{* * *}$ | $-0.0634^{* * *}$ |
| Long working time | $0.0948^{* * *}$ | $0.0747^{* * *}$ | $0.111^{* * *}$ |
|  |  |  |  |
| Predicted probability | 0.1146 | 0.0892 | 0.1363 |
| Observations | 22.557 | 11.243 | 11.314 |

$$
*, * * \text { and } * * * \text { statistically significant at } 10 \text { per cent, } 5 \text { per cent and } 1 \text { per cent level }
$$

Interpretation. Ceteris paribus, the predicted probability (penultimate row) that a worker report that he/she had poor worklife balance is respectively 11,5 per cent for the sample of workers as a whole, 8,9 per cent for female workers and 13.6 per cent for male workers. Female workers have ceteris paribus no higher likelihood to report poor work-life balance compared to their male counterparts. Married/Cohabiting female workers with young pre-school children (sixth row third column) have a 9.0 percentage points higher probability to report poor work-life balance compared to young married/cohabiting dependent employees without resident children (or an increase by more 100 per cent of this probability). The corresponding figure for fathers with pre-school children is 3,6 percentage points (or an increase of 21.6 percent of the probability of reporting poor work-life balance). Men working long hours (see last variable first column last column) have ceteris paribus a 11.1 percentage points higher probability to report a poor work-life balance (an increase of 81,6 per cent $=0,111 / 0,1363$ )).

Source: EWCS 2016 and author's calculations

## Table C9: Logistic regression analysis - Determinants of work-life balance

All sample. Dependent variable: Less Time for Family. Question: How often in the last 12 months, have you found that your job prevented you from giving the time you wanted to your family.

| VARIABLES | All | Women | Men |
| :--- | :---: | :---: | :---: |
|  |  |  |  |
| Women | $0.0277^{* * *}$ |  |  |
| Low skill | $-0.0140^{* *}$ | $-0.0270 * * *$ | 0.00257 |
| High skill | -0.000730 | $0.0215^{* *}$ | $-0.0188^{* *}$ |
| Young singles with parents | 0.00641 | 0.0331 | -0.0179 |
| Young singles on their own | -0.00922 | -0.0127 | -0.00606 |
| Couples pre-school child | $0.0611^{* * *}$ | $0.0679^{* * *}$ | $0.0581 * * *$ |
| Couples with children 7-12 | $0.0319^{* *}$ | 0.0218 | $0.0460^{* *}$ |
| Couples with children 13-18 | 0.0121 | 0.00826 | 0.0202 |
| years |  |  |  |
| Couple empty nest | -0.000576 | 0.00508 | -0.00208 |
| Older Couple | -0.0161 | -0.0148 | -0.0166 |
| Older singles | $-0.0348^{* * *}$ | $-0.0372 * * *$ | $-0.0275 * *$ |


| Agriculture | 0.00655 | 0.0308 | -0.00753 |
| :---: | :---: | :---: | :---: |
| Construction | -0.00326 | 0.0168 | -0.00404 |
| Wholesale \& retail | 0.00909 | 0.00974 | 0.00551 |
| Transport | 0.0354** | 0.107** | 0.00112 |
| Financial services | 0.0204 | 0.0123 | 0.0310 |
| Public administration \& defence | -0.00184 | -0.00332 | 0.00138 |
| Education | 0.0195 | 0.00735 | 0.0260 |
| Health | -0.0138 | -0.0211 | 0.0151 |
| Other services | 0.00258 | 0.00300 | 0.00619 |
| Female dom. sector | 0.00363 | 0.0148* | -0.00678 |
| Public sector | -0.00123 | -0.00786 | 0.00193 |
| Baltic | -0.00942 | -0.0154* | 0.000818 |
| Continental | 0.0113 | 0.0127 | 0.0149 |
| Anglo-Saxon | 0.0183 | 0.0240 | 0.0178 |
| Northern | 0.0116 | 0.0112 | 0.0186 |
| Southern | 0.0507*** | 0.0484*** | 0.0549*** |
| Small establishment | -0.00141 | -0.00529 | 0.00103 |
| Large establishment | 0.000123 | -0.00274 | 0.00300 |
| Fixed-term contract | -0.00347 | 0.00272 | -0.00916 |
| Self-employed | 0.0247* | 0.0201 | 0.0267 |
| Seniority | -0.00367 | -0.00256 | -0.00454 |
| Supervisory tasks | 0.0213** | 0.0208 | 0.0208** |
| Autonomy | 0.000118 | -7.44e-06 | 0.000256* |
| Work intensity | $0.000614^{* * *}$ | 0.000645*** | $0.000519 * * *$ |
| Not enough time job | 0.0609*** | 0.0510*** | 0.0688*** |
| Fixed working time | -0.0144** | -0.0130 | -0.0138 |
| Working time autonomy | -0.0111 | -0.0185 | -0.00552 |
| Regular work schedule | -0.00592 | -0.00452 | -0.00464 |
| Flexitime etc | -0.0105 | -0.0158* | -0.00295 |
| Choice among fixed time. | -0.00564 | -0.0249** | 0.0192 |
| Weekend work | 0.0232*** | 0.0240** | 0.0222** |
| Night work | 0.0191** | 0.00849 | 0.0278** |
| Shift work | -0.00421 | 0.00107 | -0.0122 |
| Frequent on-call work | 0.0133 | $2.58 \mathrm{e}-05$ | 0.0216* |
| Physical risk index | $0.000182^{* * *}$ | 0.000223*** | $0.000165^{* * *}$ |
| Time off possibility | $-0.0378 * * *$ | -0.0169** | $-0.0583 * * *$ |
| Commuting time, in hours | $0.0121^{* * *}$ | $0.0166^{* * *}$ | 0.00594 |
| Poor Working conditions | $0.0797 * * *$ | 0.0735*** | 0.0843*** |
| Short Part-time | $-0.0197 * *$ | $-0.0256^{* * *}$ | 0.00765 |
| Long Part-time | $-0.0204^{* * *}$ | -0.0229*** | -0.0115 |


| Long working time | $0.0707^{* * *}$ | $0.0764^{* * *}$ | $0.0680^{* * *}$ |
| :--- | :---: | :---: | :---: |
| Predicted probability | 0.0695 | 0.0622 | 0.0714 |
| Observations | 22.445 | 11.201 | 11.244 |

$$
*, * * \text { and } * * * \text { statistically significant at } 10 \text { per cent, } 5 \text { per cent and } 1 \text { per cent level }
$$


#### Abstract

Interpretation: Ceteris paribus, the predicted probability (penultimate row) that a worker reports that he/she has less time for family due to their jobs is respectively 7.0 per cent for the sample of workers as a whole, 6.2 per cent for female workers and 7.1 per cent for male workers. Married/Cohabiting female workers with young pre-school children (sixth row third column) have a 6.7 percentage points higher probability to report that their job prevented them from giving the time you wanted to their family compared to young married/cohabiting dependent employees without resident children. Men working long hours (see last variable first column last column) have ceteris paribus a 7.1 percentage points higher probability to report less time for family (i.e., $100 \%$ increase or double so much). The same is true for women working long hours (an increase of the probability of 125,5 per cent).


Source: EWCS 2016 and author's calculations

## Table C9a: Logistic regression analysis - Determinants of work-life balance

All sample. Dependent variable: Less Time for work. Question: How often in the last 12 months have you found that your family responsibilities prevented you from giving the time you should to your job

| VARIABLES | All | Women | Men |
| :--- | :---: | :---: | :---: |
|  |  |  |  |
| Women | $0.00903^{* * *}$ |  |  |
| Low skill | -0.00104 | $-0.0110^{* * *}$ | 0.00518 |
| High skill | 0.00248 | 0.00316 | 0.00185 |
| Young singles with parents | -0.00138 | -0.00219 | $1.78 \mathrm{e}-05$ |
| Young singles on their own | -0.00437 | 0.00405 | $-0.00601^{* *}$ |
| Couples pre-school child | $0.0178^{* * *}$ | $0.0409^{* * *}$ | 0.00282 |
| Couples with children 7-12 | 0.00167 | 0.00815 | -0.00195 |
| Couples with children 13-18 | $0.00916^{*}$ | $0.0196^{*}$ | 0.00226 |
| years |  |  |  |
| Couple empty nest | -0.00539 | -0.000695 | -0.00517 |
| Older Couple | 0.00360 | 0.0182 | -0.00222 |
| Older singles | -0.00568 | -0.00702 | -0.00245 |
| Agriculture | 0.0114 | 0.0219 | 0.00572 |
| Construction | $5.39 \mathrm{e}-05$ | 0.0388 | -0.000791 |
| Wholesale \& retail | 0.00710 | 0.0185 | 0.00254 |
| Transport | 0.0104 | 0.0236 | 0.00109 |
| Financial services | 0.00993 | 0.0143 | 0.0104 |
| Public administration \& de- | -0.00412 | $0.00945^{* * *}$ |  |


| fence |  |  |  |
| :---: | :---: | :---: | :---: |
| Education | 0.0186 | 0.0389* | -0.00426 |
| Health | 0.00907 | 0.0228 | -0.00106 |
| Other services | 0.00926* | 0.0200* | 0.00505 |
| Female dom. sector | -0.00588** | $-0.00957 * *$ | 0.000362 |
| Public sector | -0.00202 | -0.00353 | 0.00323 |
| Baltic | -0.00305 | -0.00720* | 0.00226 |
| Continental | -0.00519 | -0.00730 | -0.00205 |
| Anglo-Saxon | -0.00468 | $-0.0114^{* * *}$ | 0.00114 |
| Northern | $-0.00846 * * *$ | $-0.0121^{* * *}$ | -0.00331 |
| Southern | 0.00284 | 0.000426 | 0.00361 |
| Small establishment | 0.00607* | 0.000814 | 0.00716** |
| Large establishment | 0.00379 | 0.000623 | 0.00501 |
| Fixed-term contract | 0.00521 | 0.00703 | 0.00523 |
| Self-employed | 0.0104 | 0.0350* | 0.000592 |
| Seniority | -0.00116 | $-0.00355^{* *}$ | 0.000822 |
| Supervisory tasks | 0.00613* | 0.00502 | 0.00571* |
| Autonomy | $1.55 \mathrm{e}-05$ | $5.75 \mathrm{e}-05$ | -1.06e-05 |
| Work intensity | $0.000157^{* * *}$ | 0.000166 *** | $0.000122 * * *$ |
| Not enough time job | 0.00446 | 0.00143 | 0.00516 |
| Fixed working time | $-0.00922 * * *$ | -0.00958* | $-0.00610^{* *}$ |
| Working time autonomy | -0.00173 | -0.00567 | 0.00310 |
| Regular work schedule | 0.00286 | 0.00488 | $7.19 \mathrm{e}-05$ |
| Flexitime etc | -0.00437 | -0.00633 | -0.00106 |
| Choice among fixed time. | 0.00556 | -0.00337 | 0.0125* |
| Weekend work | -9.27e-05 | -0.000188 | 0.000618 |
| Night work | 0.00117 | -0.00123 | 0.00161 |
| Shift work | 0.00425 | 0.00269 | 0.00307 |
| Frequent on-call work | 0.00404 | 0.00546 | 0.00236 |
| Physical risk index | 4.60e-05*** | $5.40 \mathrm{e}-05^{* *}$ | 3.43e-05*** |
| Time off possibility | -0.00695** | -0.00718* | -0.00531* |
| Commuting time, in hours | 0.000911 | 0.00119 | 0.000662 |
| Poor Working conditions | $0.0117^{* * *}$ | 0.00734 | $0.0126^{* * *}$ |
| Short Part-time | -0.00148 | 0.00168 | -0.00878*** |
| Long Part-time | -0.000324 | 0.00152 | -0.00530* |
| Long working time | 0.00527 | -0.00270 | 0.00569 |
| Predicted probability | 0.0174 | 0.0187 | 0.0115 |
| Observations | 22.401 | 11.179 | 11.222 |

$$
* * * \mathrm{p}<0.01, * * \mathrm{p}<0.05, * \mathrm{p}<0.1
$$

Source: EWCS 2016 and author's calculations

Interpretation: Ceteris paribus, the predicted probability (penultimate row) that a respondent found that their family responsibilities prevented them from giving the time they should to their job is respectively 1,7 per cent for the sample of workers as a whole, 1.9 per cent for female workers and 1,2 per cent for male workers. Female workers are more likely to find that their family responsibilities prevented them from giving the time they should to their job compared to their male counterparts (an increase of the probability of 51,5 per cent $=0,00896 / 0,0174$ ). Married/Cohabiting female workers with young preschool children (sixth row third column) have a 4.71 percentage points higher probability to report that their job prevented them from giving the time they wanted to their job compared to young married/cohabiting dependent employees without resident children. Worth also noticing is that compared to the other country clusters, female workers in the Nordic countries are less likely to report that their family commitments affect negatively their job. Work intensity increases the likelihood to report family work conflict. Interesting to note is that atypical working time arrangements do not affect the probability that the respondent indicates a conflict between family and job. Regarding working hours, men working short or long part-time are less prone to report work-family conflict.

Source: EWCS 2016 and author's calculations

## Table C10: Logistic regression analysis - Determinants of work-life balance

Dependent variable: Work During Free Time. Question. Over the last 12 months, how often have you worked in your free time to meet work demands? EU-28 All

| VARIABLES | All | Women | Men |
| :--- | :---: | :---: | :---: |
|  |  |  |  |
| Women | 0.00667 |  |  |
| Low skill | $-0.0757^{* * *}$ | $-0.0750^{* * *}$ | $-0.0755^{* * *}$ |
| High skill | $0.107^{* * *}$ | $0.0998^{* * *}$ | $0.108^{* * *}$ |
| Young singles with parents | $-0.0549^{* *}$ | -0.0434 | $-0.0542^{*}$ |
| Young singles on their own | -0.00607 | $-0.0450^{* * *}$ | 0.0241 |
| Couples with pre-school children | $0.0298^{*}$ | 0.0158 | $0.0469^{* *}$ |
| Couples with children 7-12 years | 0.0228 | -0.00848 | $0.0601^{* *}$ |
| Couples with children 13-18 years | -0.00548 | -0.0120 | 0.00439 |
| Couple empty nest 46-59 years | -0.0218 | -0.0307 | -0.0121 |
| Older Couple | $-0.0469^{* *}$ | $-0.0605^{* * *}$ | -0.0303 |
| Older singles | -0.0153 | -0.0133 | -0.0180 |
| Agriculture | $0.0612^{*}$ | 0.0177 | $0.0818^{* *}$ |
| Construction | -0.0265 | 0.0541 | $-0.0344^{*}$ |
| Wholesale \& retail | -0.0153 | 0.00451 | $-0.0380^{*}$ |
| Transport | 0.00247 | -0.00377 | -0.00418 |
| Financial services | $0.0711^{* *}$ | 0.0277 | $0.0978^{* *}$ |
| Public administration \& defence | 0.00323 | -0.0109 | 0.00682 |
| Education | $0.301^{* * *}$ | $0.301^{* * *}$ | $0.278^{* * *}$ |
| Health | 0.0250 | 0.0235 | 0.0358 |
| Other services | 0.0192 | 0.0307 | 0.00799 |
|  |  |  |  |


| Female-dominated sector | $-0.0420^{* * *}$ | $-0.0640^{* * *}$ | -0.0169 |
| :---: | :---: | :---: | :---: |
| Public sector | 0.0294** | 0.0154 | 0.0405* |
| Baltic | 0.0253 | 0.0229 | 0.0265 |
| Continental | $0.0348{ }^{* * *}$ | 0.0486*** | 0.0164 |
| Anglo-Saxon | 0.0929*** | 0.115*** | 0.0702*** |
| Northern | 0.0147 | 0.0324 | -0.00593 |
| Southern | -0.00551 | -0.00490 | -0.0148 |
| Small establishment | -0.00150 | -9.95e-05 | -0.00200 |
| Large establishment (250 and more) | -0.0106 | 0.00646 | -0.0275* |
| Fixed-term contract | 0.0189 | 0.0462** | -0.0108 |
| Self-employed | $0.0565^{* * *}$ | 0.0439 | 0.0558** |
| Seniority | -0.00333 | 0.00306 | -0.00762 |
| Supervisory tasks | $0.0528^{* * *}$ | 0.0643*** | $0.0468 * * *$ |
| Autonomy | $0.000515^{* * *}$ | $0.000421^{* *}$ | 0.000628** |
| Work intensity | 0.00133*** | $0.00106^{* * *}$ | 0.00158*** |
| Fixed working time | $-0.0661^{* * *}$ | -0.0289** | $-0.103 * * *$ |
| Working time autonomy | 0.00552 | 0.0192 | -0.00522 |
| Regular work schedule | $-0.0708^{* * *}$ | $-0.0724^{* * *}$ | $-0.0666^{* * *}$ |
| Weekend work | $0.0667^{* * *}$ | 0.0418** | $0.0911^{* * *}$ |
| Night work | 0.0196 | 0.0432** | -0.000477 |
| Shift work | $-0.0718^{* * *}$ | $-0.0786^{* * *}$ | $-0.0611^{* * *}$ |
| Frequent on-call work | $0.153 * * *$ | 0.161 *** | $0.148 * * *$ |
| Physical risk index | $1.59 \mathrm{e}-05$ | 0.000113 | $-2.15 \mathrm{e}-05$ |
| Time off possibiilty | -0.0209** | -0.0256** | -0.0173 |
| Commuting time | 0.00193 | 0.0113 | -0.00218 |
| Poor Working conditions | $0.0547 * * *$ | 0.0488** | $0.0565^{* * *}$ |
| Short Part-time | -0.0247* | -0.0295* | -0.00588 |
| Long Part-time | -0.000318 | 0.00777 | -0.0199 |
| Long working time | $0.121^{* * *}$ | 0.133*** | 0.117*** |
| Predicted probability | 0.1482 | 0.1313 | 0.1603 |
| Observations | 22.472 | 11.214 | 11.258 |

*, ** and $* * *$ statistically significant at 10 per cent, 5 per cent and 1 per cent level

Interpretation: Ceteris paribus, the predicted probability (penultimate row) that a worker report that he/she worked during free time is respectively 14.8 per cent for the sample of workers as a whole, 13.1 per cent for female workers and 16,0 per cent for male workers. Married/Cohabiting male workers with young pre-school children (sixth row last column) have a 4.7 percentage points higher probability to report that they have to work during their free time compared to young married/cohabiting dependent employees without resident children. Women working long hours (see last variable third column) have ceteris paribus a 12.1 percentage points higher probability to report that they work during free time (i.e., $100 \%$ increase or double so much).

Source: EWCS 2016 and author's calculations

## Table C10a: Logistic regression analysis - Marginal effect estimated at sample means

Dependent variable: Rest period of less than 11 hours. Question: In the last month, has it happened at least once that you had less than 11 hours between the end of one working day and the start of the next working day? EU-28, Employees.

| VARIABLES | All | Women | Men |
| :---: | :---: | :---: | :---: |
| Women | $-0.0378 * * *$ |  |  |
| Low skill | -0.00969 | 0.00117 | -0.00131 |
| High skill | 0.0358*** | 0.0259* | -0.00860 |
| Young singles with parents | 0.0146 | 0.0260 | 0.0552 |
| Young singles on their own | 0.00859 | 0.00560 | -0.0183 |
| Couples with pre-school children | 0.0126 | -0.0153 | 0.0412* |
| Couples with children 7-12 years | 0.00709 | -0.0110 | 0.0566** |
| Couples with children 13-18 years | -0.0241 | -0.0220 | -0.00472 |
| Couple empty nest 46-59 years | -0.00108 | -0.0216 | -0.00400 |
| Older Couple | -0.0248 | -0.0310 | -0.0292 |
| Older singles | -0.0109 | -0.0140 | $-0.0497 * *$ |
| Agriculture | 0.164*** | 0.219** | -0.0416 |
| Construction | 0.00107 | 0.0364 | -0.00613 |
| Wholesale \& retail | 0.0328* | 0.0634** | 0.00696 |
| Transport | 0.0411* | -0.0189 | 0.00657 |
| Financial services | 0.0720** | $0.152^{* * *}$ | -0.0188 |
| Public administration \& defence | 0.103*** | 0.126** | -0.0206 |
| Education | 0.125*** | 0.174*** | -0.00551 |
| Health | 0.106*** | 0.119*** | -0.0241 |
| Other services | 0.0498*** | 0.0856*** | 0.0106 |
| Female-dominated sector | -0.0112 | -0.00737 | 0.0128 |
| Public sector | -0.0138 | -0.0123 | -0.0288* |
| Baltic | -0.0102 | -0.0200 | 0.0306 |
| Continental | 0.0359** | 0.0272 | 0.0476*** |
| Anglo-Saxon | 0.0407** | 0.0200 | 0.0494* |
| Northern | 0.0753*** | 0.0487** | 0.0275 |
| Southern | 0.158*** | $0.131^{* * *}$ | 0.103*** |
| Small establishment | 0.00784 | 0.00270 | -0.00386 |
| Large establishment (250 and more) | -0.0135 | -0.00550 | -0.00674 |
| Fixed-term contract | 0.00343 | 0.00161 | -0.00200 |
| Seniority | -0.00403 | -0.00189 | -0.00551 |
| Supervisory tasks | 0.0444*** | $0.0681^{* * *}$ | 0.00822 |
| Autonomy | -0.000172 | -0.000158 | -0.000258 |


| Work intensity | $0.000565^{* * *}$ | $0.000584^{* * *}$ | $0.000750^{* * *}$ |
| :--- | :---: | :---: | :---: |
| Fixed working time | $-0.0341^{* * *}$ | -0.0137 | -0.0188 |
| Working time autonomy | $0.0603^{* * *}$ | $0.0562^{*}$ | $0.0665^{* *}$ |
| Regular work schedule | $-0.0730^{* * *}$ | $-0.0312^{* * *}$ | $-0.0611^{* * *}$ |
| Weekend work | $0.0655^{* * *}$ | $0.0832^{* * *}$ | $0.0487^{* * *}$ |
| Night work | $0.109 * * *$ | $0.0783^{* * *}$ | $0.0860^{* * *}$ |
| Shift work | 0.00704 | $0.0318^{* *}$ | 0.0216 |
| Frequent on-call work | $0.0619 * * *$ | $0.0404 * *$ | $0.105^{* * *}$ |
| Physical risk index | $0.000248^{* * *}$ | $0.000367 * * *$ | $0.000135^{* *}$ |
| Time off possibility | -0.00467 | 0.0173 | $-0.128^{* * *}$ |
| Commuting time | 0.00488 | 0.00786 | $0.0272^{* * *}$ |
| Poor Working conditions | 0.0185 | 0.0182 | $0.146^{* * *}$ |
| Short Part-time | $-0.0546^{* * *}$ | $-0.0419 * * *$ | $-0.0483^{* *}$ |
| Long Part-time | -0.0146 | -0.00984 | $-0.0742^{* * *}$ |
| Long working time | $0.128^{* * *}$ | $0.100^{* * *}$ | $0.108^{* * *}$ |
|  |  |  |  |
| Predicted probability | 0.1901 | 0.1629 | 0.1317 |
| Observations | 19.790 | 10.195 | 9.609 |

$$
*, * * \text { and } * * * \text { statistically significant at } 10 \text { per cent, } 5 \text { per cent and } 1 \text { per cent level }
$$

Interpretation. Ceteris paribus, the predicted probability (penultimate row) that a worker reports that he/she did not have a rest period of at least 11 hours is respectively 19,0 per cent for the sample as a whole, 14,5 per cent for female workers, and 13.8 per cent for male workers. Married/Cohabiting workers with young pre-school children (sixth row third column) have a 3,1 percentage points higher probability to report a rest period of at least 11 hours, compared to young married/cohabiting dependent employees without resident children (or an increase of the probability with $16,3 \%=0,0305 / 0,1901$ ) . Night workers have also a higher probability to report a rest period of less than 11 hours, an increase of the probability with 11,8 percentage points (or $62,1 \%=0.118 / 0,1901$ ). Men working long hours (see last variable first column last column) have ceteris paribus a 12.6 percentage points higher probability to report a rest period of less than 11 hours (i.e. an increase of the probability with $66,0 \%=0,126 / 0,1901$ ).

Source: EWCS 2016 and author's calculations

## Working time preferences

Table C11: Descriptive statistics - Working Time Preferences (WTP)
Employees, EU-28. Share in percent.

| Working Time Prefer- <br> ences | All | Women | Men |
| :--- | :---: | :---: | :---: |
| Reduction of working <br> time | 28.1 | 25.4 | 30.6 |
| No change | 58.2 | 58.3 | 58.1 |
| Lengthening of working <br> time | 13.7 | 16.3 | 11.3 |
| All | 100.0 | 100.0 | 100.0 |

Source: EWCS 2016 and author's calculations
Figure C2: Distribution of actual and preferred usual weekly working time by sex and country clusters, Employees.

Baltic and Anglo-Saxon Country Clusters



Figure C3: Distribution of actual and preferred usual weekly working time by sex and country clusters, Employees

Continental and Northern Country Clusters



Source: EWCS 2015, author's calculations
Figure C4: Distribution of actual and preferred usual weekly working time by sex and country clusters, Employees

Southern and Central-Eastern Country Clusters


Working time patterns for sustainable work: Statistical annex


Source: EWCS 2016 and author's calculations

Figure C5: Share of employees with a preference for a reduction of working time (upper panel) and for a lengthening of working time (lower panel) by sex and life phases


Source: EWCS 2016 and author's calculations
I: Single persons (18-35 years), living with their parents or relatives, II Single persons (under 46 years), without children, III Younger cohabiting couples (woman under 46 years), without children, IV Cohabiting couples with youngest children under 7 year, V Cohabiting couple with young children between 7-12 years, VI Cohabiting couple with teenage children between 13-18 years, VII Midlife 'empty nest' couples without resident children, VIII Older cohabiting couples without resident children, IX Single persons (aged 50 years or older), without resident children.

## Table C12: Multinomial logit regression analysis - Working Time Preferences

Marginal Effect Evaluated at Sample Means. All Employees, EU-28.
$\left.\begin{array}{lccc}\hline \text { VARIABLES } & \begin{array}{c}\text { Preference for } \\ \text { a reduction }\end{array} & \begin{array}{c}\text { Preference for } \\ \text { no change }\end{array} & \begin{array}{c}\text { Preference for an in- } \\ \text { crease }\end{array} \\ \text { Women } & \text { Gender } & \\ \text { Low Skill } & 0.0678^{* * *} & -0.0524^{* * *} & -0.0155^{* * *} \\ \text { Skill level (ref: medium skill) }\end{array}\right]$

| Anglo-Saxon | 0.215*** | -0.220 *** | 0.00561 |
| :---: | :---: | :---: | :---: |
| Northern | 0.247*** | -0.240*** | -0.00726 |
| Southern | 0.0809*** | -0.108*** | $0.0273 * * *$ |
|  | Employment and Job Characteristics |  |  |
| Fixed-term contract | -0.0104 | -0.0221** | 0.0324*** |
| Seniority | $0.00899 * *$ | $0.00952^{* *}$ | $-0.0185^{* * *}$ |
| Supervisory tasks | $0.0607 * * *$ | $-0.0577 * * *$ | -0.00295 |
| Autonomy | 3.41e-05 | $1.79 \mathrm{e}-05$ | -5.20e-05 |
| Work intensity | $0.000674^{* * *}$ | $-0.000538 * * *$ | -0.000137** |
| Fixed working time | -0.0429*** | $0.0402 * * *$ | 0.00270 |
| Working time autonomy | -0.0586*** | $0.0542^{* * *}$ | 0.00440 |
| Regular work schedule | $-0.0512 * * *$ | 0.0590*** | -0.00774** |
|  | Atypical work (Dummies) |  |  |
| Weekend work | -0.0329*** | 0.0406*** | -0.00772 |
| Night work | 0.0104 | -0.0212* | 0.0108* |
| Shift work | $-0.0486 * * *$ | 0.0455*** | 0.00307 |
| Frequent on call | 0.0159 | -0.0245* | 0.00860 |
| Physical risk index | 9.77e-05** | $-0.000306 * * *$ | $0.000208^{* * *}$ |
| Commuting time | $0.0216^{* * *}$ | $-0.0263 * * *$ | 0.00465 |
| Poor Work-life balance | 0.136*** | $-0.123 * * *$ | $-0.0128 * *$ |
| Poor Working conditions | $0.114^{* * *}$ | $-0.154 * * *$ | $0.0403 * * *$ |
|  |  | Working time patterns |  |
| Short part-time | $-0.232 * * *$ | -0.109*** | 0.341 *** |
| Long Part-time | $-0.159 * * *$ | -0.0451*** | 0.204*** |
| Long Hours | 0.343*** | $-0.282^{* * *}$ | $-0.0618^{* * *}$ |
| Predicted probability | 0.2456 | 0.6771 | 0.0773 |
| Observations | 20.002 | 20.002 | 20.002 |

*, ** and $* * *$ statistically significant at 10 per cent, 5 per cent and 1 per cent level

Interpretation. Ceteris paribus, 24.6 per cent of employees have a preference for a reduction of working time and 7.7 per cent a preference for increasing working time (See penultimate row second and fourth column). Employees residing in Anglo-Saxon countries have a 21.5 percentage points higher likelihood to opt for a reduction of working time compared to employees living in Eastern countries (Ref). Dependent employees with long working hours have a 34.3 percentage points higher likelihood to want reduction of working time compared to the reference category (Normal working time). Conversely, dependent employees with short part-time have a 34,1 percentage points higher likelihood to want an increase of working time compared to the reference category

Source: EWCS 2016 and author's calculations

Table C13: Multinomial logit regression analysis - Working Time Preferences
Marginal Effect Evaluated at Sample Means. Female Employees, EU-28

| VARIABLES | Preference for a reduction | Preference for no change | Preference for an increase |
| :---: | :---: | :---: | :---: |
| Skill level (ref: medium skill) |  |  |  |
| Low Skill | $-0.0410 * * *$ | $0.0251 *$ | 0.0158* |
| High Skill | $0.0262^{* *}$ | -0.00512 | $-0.0211^{* * *}$ |
| Life phases (Ref: Young couple without children) |  |  |  |
| Young singles with parents | 0.0169 | -0.0239 | 0.00692 |
| Young singles on their own | -0.0402** | 0.0249 | 0.0153 |
| Couples with pre-school children | $0.0729 * * *$ | $-0.0584^{* * *}$ | -0.0145 |
| Couples with children 7-12 years | $0.0471^{* *}$ | -0.0365* | -0.0106 |
| Couples with children 13-18 years | 0.0138 | -0.00309 | -0.0108 |
| Couple empty nest 46-59 years | $0.0858 * * *$ | $-0.0687 * * *$ | -0.0171* |
| Older Couple | $0.103 * * *$ | -0.0473 | $-0.0558 * * *$ |
| Older singles | 0.0512** | -0.0458* | -0.00545 |
| Industries (Ref: Manufacturing) |  |  |  |
| Agriculture | -0.0643 | 0.0908* | -0.0265 |
| Construction | -0.00375 | 0.0132 | -0.00947 |
| Wholesale \& retail | -0.0257 | 0.0170 | 0.00870 |
| Transport | 0.0370 | -0.0692* | 0.0322 |
| Financial services | 0.0237 | -0.000644 | -0.0231 |
| Public administration \& defence | -0.0416** | $0.0651 * * *$ | -0.0235* |
| Education | 0.0175 | -0.0381 | 0.0206 |
| Health | -0.0293* | 0.0478** | -0.0185* |
| Other services | -0.0386** | 0.0257 | 0.0130 |
| Female-dominated sector | -0.0145 | 0.0169 | -0.00237 |
| Public sector | 0.0177 | -0.0143 | -0.00342 |
| Country clusters (Ref: Central and Eastern countries) |  |  |  |
| Baltic | -0.0260 | -0.00700 | 0.0330 |
| Continental | 0.126*** | -0.119*** | -0.00659 |
| Anglo-Saxon | 0.316*** | $-0.301^{* * *}$ | -0.0157 |
| Northern | $0.263 * * *$ | $-0.242 * * *$ | -0.0211 |
| Southern | $0.0898 * * *$ | -0.109*** | 0.0193* |
| Employment and Job Characteristics |  |  |  |
| Fixed-term contract | -0.00150 | $-0.0498 * * *$ | $0.0513 * * *$ |
| Seniority | 0.00407 | 0.0115** | $-0.0156^{* * *}$ |
| Supervisory tasks | 0.0736*** | $-0.0741^{* * *}$ | 0.000487 |
| Autonomy | $0.000431^{* *}$ | -0.000372** | -5.91e-05 |
| Work intensity | $0.000506^{* * *}$ | $-0.000353^{* *}$ | -0.000154* |


| Fixed working time | $-0.0415 * * *$ | 0.0419*** | -0.000417 |
| :---: | :---: | :---: | :---: |
| Working time autonomy | -0.0344* | 0.0436** | -0.00926 |
| Regular work schedule | -0.0464*** | 0.0520*** | -0.00558 |
| Atypical work (Dummies) |  |  |  |
| Weekend work | -0.0324*** | $0.0382^{* * *}$ | -0.00578 |
| Night work | 0.00590 | -0.0137 | 0.00777 |
| Shift work | -0.0226* | 0.0235* | -0.000852 |
| Frequent on call | 0.0101 | -0.0117 | 0.00152 |
| Physical risk index | $0.000233^{* * *}$ | $-0.000486 * * *$ | 0.000253*** |
| Commuting time | 0.0113 | -0.0182** | 0.00688 |
| Poor Work-life balance | 0.133*** | -0.131*** | -0.00140 |
| Poor Working conditions | $0.0805^{* * *}$ | -0.134*** | 0.0533*** |
|  |  | Working time patterns |  |
| Short part-time | $-0.239^{* * *}$ | -0.150*** | 0.389*** |
| Long Part-time | -0.161*** | -0.0593*** | 0.221*** |
| Long Hours | 0.358*** | -0.294*** | -0.0636*** |
| Predicted probability | 0.2084 | 0.6997 | 0.0923 |
| Observations | 10.329 | 10.329 | 10.329 |

*, ** and $* * *$ statistically significant at 10 per cent, 5 per cent and 1 per cent level

Interpretation. Ceteris paribus, 20,8 per cent of female employees have a preference for a reduction of working time and 9,2 per cent a preference for increasing working time (See penultimate row second and fourth column). Female employees residing in Northern countries have a 26,3 percentage points higher likelihood to opt for a reduction of working time compared to employees living in Eastern countries (Ref). Female employees with long working hours have a 35.8 percentage points higher likelihood to want reduction of working time compared to the reference category (Normal working time). Conversely, female short part-timers have a 23,9 percentage points lower likelihood to opt for a shortening of working time compared to the reference category.
Source: EWCS 2016 and author's calculations

Table C14: Multinomial logit regression analysis - Working Time Preferences
Marginal Effect Evaluated at Sample Means. Male Employees, EU-28

| VARIABLES | Preference for a reduction | Preference for no change | Preference for an increase |
| :---: | :---: | :---: | :---: |
| Skill level (ref: medium skill) |  |  |  |
| Low Skill | $-0.0662^{* * *}$ | $0.0505^{* * *}$ | 0.0157** |
| High Skill | 0.0156 | 0.0115 | $-0.0271 * * *$ |
| Life phases (Ref: Young couple without children) |  |  |  |
| Young singles with parents | -0.00964 | 0.0175 | -0.00786 |
| Young singles on their own | 0.0229 | -0.00873 | -0.0142** |
| Couples with pre-school children | $0.0528 * * *$ | $-0.0519 * * *$ | -0.000970 |
| Couples with children 7-12 years | $0.111^{* * *}$ | -0.0972*** | -0.0136* |
| Couples with children 13-18 years | 0.0719 *** | $-0.0515^{* * *}$ | $-0.0204^{* * *}$ |
| Couple empty nest 46-59 years | 0.0545** | $-0.0481 * *$ | -0.00640 |
| Older Couple | 0.0327 | 0.00917 | $-0.0419 * * *$ |
| Older singles | $0.108^{* * *}$ | $-0.0818^{* * *}$ | -0.0265*** |
| Industries (Ref: Manufacturing) |  |  |  |
| Agriculture | -0.0619* | 0.0516 | 0.0103 |
| Construction | -0.0360* | 0.00156 | $0.0344 * * *$ |
| Wholesale \& retail | 0.00855 | -0.0249 | 0.0163* |
| Transport | 0.0326 | $-0.0625^{* * *}$ | 0.0299** |
| Financial services | 0.00445 | 0.000613 | -0.00507 |
| Public administration \& defence | -0.0471** | 0.0380 | 0.00914 |
| Education | -0.0499* | -0.00360 | 0.0535** |
| Health | 0.0428 | -0.0479 | 0.00505 |
| Other services | 0.0258 | -0.0303* | 0.00450 |
| Female-dominated sector | 0.0146 | -0.0131 | -0.00146 |
| Public sector | $0.0508^{* * *}$ | -0.0306* | $-0.0202^{* * *}$ |
| Country clusters (Ref: Central and Eastern countries) |  |  |  |
| Baltic | -0.0735 | 0.00731 | 0.0662* |
| Continental | $0.125^{* * *}$ | $-0.161^{* * *}$ | $0.0365 * * *$ |
| Anglo-Saxon | $0.131^{* * *}$ | -0.155*** | 0.0244** |
| Northern | $0.235 * * *$ | $-0.243 * * *$ | 0.00821 |
| Southern | 0.0722 *** | $-0.107 * * *$ | 0.0345*** |
| Employment and Job Characteristics |  |  |  |
| Fixed-term contract | -0.0239 | 0.0106 | 0.0133** |
| Seniority | 0.0136** | 0.00789 | $-0.0215^{* * *}$ |
| Supervisory tasks | 0.0550 *** | -0.0494*** | -0.00561 |
| Autonomy | -0.000354* | 0.000425** | -7.11e-05 |


| Work intensity | $0.000868^{* * *}$ | $-0.000730^{* * *}$ | $-0.000138^{*}$ |
| :--- | :---: | :---: | :---: |
| Fixed working time | $-0.0408^{* * *}$ | $0.0357^{* * *}$ | 0.00509 |
| Working time autonomy | $-0.0777^{* * *}$ | $0.0591^{* * *}$ | 0.0187 |
| Regular work schedule | $-0.0564^{* * *}$ | $0.0653^{* * *}$ | $-0.00888^{*}$ |
|  | Atypical work (Dummies) |  |  |
| Weekend work | $-0.0349^{* *}$ | $0.0429 * * *$ | -0.00807 |
| Night work | 0.0141 | -0.0253 | 0.0112 |
| Shift work | $-0.0732^{* * *}$ | $0.0683^{* * *}$ | 0.00491 |
| Frequent on call | 0.0185 | $-0.0339^{*}$ | $0.0154^{*}$ |
| Physical risk index | $4.48 \mathrm{e}-05$ | $-0.000208^{* * *}$ | $0.000163^{* * *}$ |
| Commuting time | $0.0305^{* * *}$ | $-0.0330^{* * *}$ | 0.00247 |
| Poor Work-life balance | $0.138^{* * *}$ | $-0.121^{* * *}$ | $-0.0173^{* * *}$ |
| Poor Working conditions | $0.141^{* * *}$ | $-0.171^{* * *}$ | $0.0300^{* * *}$ |
|  |  | Working time |  |
| Short part-time | patterns |  |  |
| Long Part-time | $-0.0897 * * *$ | $0.277^{* * *}$ |  |
| Long Hours | $-0.187 * * *$ | $-0.0912^{* * *}$ | $0.219 * * *$ |
| Predicted probability | $-0.128^{* * *}$ | $-0.303^{* * *}$ | $-0.0539 * * *$ |
| Observations | $0.357 * * *$ |  |  |

*, ** and $* * *$ statistically significant at 10 per cent, 5 per cent and 1 per cent level
at 10 per cent, 5 per cent and 1 per cent level

Interpretation. Ceteris paribus, 28,3 per cent of male employees have a preference for a reduction of working time and 6,1 per cent a preference for increasing working time (See penultimate row second and fourth column). Male employees residing in Anglo-Saxon countries have a 13,1 percentage points higher likelihood to opt for a reduction of working time compared to employees living in Eastern countries (Ref). Male working long hours have a 35,7 percentage points higher likelihood to opt for a shortening of working time.
Source: EWCS 2016 and author's calculations

## Atypical work

Table C15: Descriptive Statistics - Incidence of night work, shift work and weekend work by country cluster and employment status, \%, EU-28, Sample as a whole

| Country clusters | Night work |  | Shift work |  | Week-end work |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  | Emp | SE | Emp | SE | Emp | SE |
| Anglo-Saxon countries | 21.2 | 22.6 | 24.3 | 7.9 | 32.3 | 43.2 |
| Baltic countries | 18.4 | 20.9 | 23.5 | 4.4 | 30.2 | 50.2 |
| Continental countries | 18.0 | 21.4 | 20.3 | 3.8 | 22.7 | 42.5 |
| Central and Eastern countries | 19.3 | 15.4 | 32.7 | 6.9 | 27.3 | 44.3 |
| Northern Countries | 22.3 | 36.5 | 17.5 | 3.6 | 36.2 | 62.5 |
| Southern Countries | 16.9 | 16.7 | 25.3 | 4.4 | 24.1 | 37.8 |
| EU 28 | 18.7 | 19.3 | 24.1 | 5.2 | 26.1 | 42.0 |

Emp: Employees, SE: Self-employed persons

Source: EWCS 2016 and author's calculations

## Table C15a: Descriptive, Sample as a whole

| Country clusters | Night work |  | Shift work |  | Week-end work |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  | Men | Women | Men | Women | Men | Women |
| Anglo-Saxon countries | 26.5 | 15.7 | 23.3 | 20.0 | 37.6 | 30.0 |
| Baltic countries | 24.2 | 13.9 | 18.4 | 22.9 | 35.2 | 30.7 |
| Continental countries | 23.4 | 13.0 | 18.7 | 18.2 | 25.1 | 24.3 |
| Central and Eastern countries | 24.7 | 12.6 | 26.5 | 30.2 | 33.3 | 26.0 |
| Northern Countries | 30.0 | 16.7 | 14.8 | 17.6 | 39.5 | 37.6 |
| Southern Countries | 20.4 | 12.6 | 20.2 | 19.6 | 28.8 | 25.8 |
| EU 28 | 23.7 | 13.4 | 21.0 | 21.2 | 30.2 | $\mathbf{2 6 . 5}$ |

Source: EWCS 2016 and author's calculations

Table C15b: Descriptive statistics - Incidence of night work, shift work and weekend work by country cluster \%, eu-28, employees

| Country clusters | Night |  | Shift |  | Week-end |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  | Men | Women | Men | Women | Men | Women |
| Anglo-Saxon Countries | 27.0 | 15.3 | 26.8 | 21.8 | 35.7 | 28.8 |
| Baltic Countries | 24.9 | 13.3 | 21.6 | 25.1 | 33.1 | 28.0 |
| Continental Countries | 23.2 | 12.9 | 21.0 | 19.7 | 22.2 | 23.1 |
| Central and Eastern Countries | 26.1 | 13.3 | 31.6 | 33.7 | 30.8 | 24.2 |
| Northern Countries | 28.3 | 16.4 | 16.5 | 18.5 | 35.6 | 36.8 |
| Southern Countries | 20.9 | 13.0 | 27.1 | 23.6 | 25.0 | 23.4 |
| EU 28 | 24.1 | 13.5 | 24.8 | 23.5 | 27.2 | 24.9 |

Source: EWCS 2016 and author's calculations

Table C15c: Descriptive Statistics - Incidence of night work, shift Work and weekend work by country cluster \%, EU-28, Self-employed persons

| Country clusters | Night work |  | Shift work |  | Week-end work |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  | Men | Women | Men | Women | Men | Women |
| Anglo-Saxon countries | 24.4 | 18.7 | 9.5 | 4.6 | 45.0 | 39.2 |
| Baltic countries | 22.0 | 19.5 | 3.0 | 6.5 | 46.8 | 54.7 |
| Continental countries | 25.8 | 15.4 | 3.2 | 4.8 | 46.2 | 37.5 |
| Central and Eastern countries | 20.6 | 8.3 | 5.2 | 9.4 | 47.1 | 40.1 |
| Northern Countries | 42.7 | 22.6 | 2.9 | 5.3 | 67.4 | 51.4 |
| Southern Coutnties | 19.4 | 12.2 | 4.2 | 4.8 | 38.5 | 36.7 |
| EU 28 | 22.9 | 14.9 | 4.9 | 5.7 | 44.1 | 38.5 |

Source: EWCS 2016 and author's calculations

Table C16a: Descriptive Statistics - Incidence of atypical work (Index 0100), EU-28, Sample as a whole

|  | Means | St. dev | Min | Max |
| :--- | :---: | :---: | :---: | :---: |
| All | 17.0 | 19.7 | 0 | 100 |
| Men | 18.2 | 20.1 | 0 | 100 |
| Women | 15.7 | 19.2 | 0 | 100 |

Source: EWCS 2016 and author's calculations

Table C16b: Descriptive Statistics - Incidence of atypical work (Index 0100), EU-28, All employees

|  | Means | St. dev | Min | Max |
| :--- | :---: | :---: | :---: | :---: |
| All | 15.6 | 19.1 | 0 | 100 |
| Men | 16.6 | 19.4 | 0 | 100 |
| Women | 14.7 | 18.7 | 0 | 100 |

Source: EWCS 2016 and author's calculations

Table C16c: Descriptive Statistics - Incidence of atypical work (Index 0100), EU-28, self-employed persons

|  | Means | St. dev | Min | Max |
| :--- | :---: | :---: | :---: | :---: |
| All | 24.9 | 21.0 | 0 | 100 |
| Men | 25.8 | 21.1 | 0 | 100 |
| Women | 23.5 | 23.5 | 0 | 100 |

Source: EWCS 2016 and author's calculations

Definition: Index (0-100) based on the extent of shift work, night work and Saturday and Sunday work. Illustration: Night work=100 if the respondent works night under 30 nights. Saturday work=100 if the respondent works 4 Saturdays per month. Sunday work=100 if the respondent works 4 Sundays per month. The index is then the weighted average of the four forms of atypical work Saturday/sunday, night (atypic1) and shift work (shiftindex) in the following Atypical workindex $=[0.8 *$ atypic 1$]+[0.2 *$ shiftindex $]$.

Table C17: Ordinary Least Squares (OLS). Dependent variables: Atypical work. All, EU-28

| VARIABLES | All | Women | Men |
| :---: | :---: | :---: | :---: |
| Women | -1.604*** |  |  |
| Low Skill | 0.248 | -0.0742 | 0.363 |
| High Skill | -2.363*** | -1.476** | -3.417*** |
| Young singles with parents | $5.060^{* * *}$ | 4.041** | 5.902*** |
| Young singles on their own | 0.886 | -0.0217 | 1.832** |
| Couples pre-school child | -0.632 | -1.840** | 0.744 |
| Couples with children 7-12 | -0.779 | -0.657 | -0.792 |
| Couples with children 13-18 years | -1.083* | -1.956** | -0.302 |
| Couple empty nest | -1.333** | -1.830* | -0.752 |
| Older Couple | -1.782** | -0.644 | -2.896** |
| Older singles | 0.143 | -0.0239 | 0.270 |
| Agriculture | 11.25*** | 13.69*** | 9.880*** |
| Construction | -5.359*** | -2.851** | -5.306*** |
| Wholesale \& retail | 10.20*** | 11.54*** | 8.408*** |
| Transport | 7.395*** | 6.072*** | 7.142*** |
| Financial services | -3.397*** | -2.652*** | -3.998*** |
| Public administration \& defence | -0.391 | -3.399*** | 1.145 |
| Education | -2.078** | -2.199** | -2.549* |
| Health | $5.319^{* * *}$ | 5.232*** | 3.466** |
| Other services | 1.409** | -0.329 | 2.846*** |
| Female-dominated sector | 4.364*** | 4.693*** | 4.220*** |
| Public sector | 1.141** | 0.202 | 2.602*** |
| Baltic | -1.095** | 0.0894 | $-2.037 * *$ |
| Continental | -3.373*** | -3.015*** | -3.535*** |
| Anglo-Saxon | 1.050 | 0.534 | 1.545 |
| Northern | -3.213*** | $-2.788 * * *$ | -3.409*** |
| Southern | -0.157 | 1.185* | -1.245* |
| Small establishment | -0.313 | -0.578 | 0.0589 |
| Large establishment | 1.872*** | 0.930 | 2.431*** |
| Fixed-term contract | 0.927* | 0.130 | 1.777** |
| Self-employed | 6.827*** | 4.515*** | 8.383*** |
| Seniority | -0.207 | -0.723** | 0.309 |
| Supervisory tasks | 0.690 | 0.821 | 0.818 |

Working time patterns for sustainable work: Statistical annex

| Autonomy | $-0.0692^{* * *}$ | $-0.0320^{* * *}$ | $-0.0978^{* * *}$ |
| :--- | :---: | :---: | :---: |
| Work intensity | $-0.0149^{* *}$ | $-0.0150^{*}$ | -0.0118 |
| Working time autonomy | -0.422 | -1.038 | 0.334 |
| Fixed working time | $-1.214^{* * *}$ | $-1.779^{* * *}$ | -0.482 |
| Regular work schedule | $-5.676^{* * *}$ | $-5.489 * * *$ | $-5.668^{* * *}$ |
| Short rest period | $5.865^{* * *}$ | $7.356 * * *$ | $4.607 * * *$ |
| Physical risk index | $0.0264^{* * *}$ | $0.0385 * * *$ | $0.0189 * * *$ |
| Poor Work-life balance | $7.543 * * *$ | $6.711^{* * *}$ | $8.296 * * *$ |
| Poor Working conditions | 0.395 | $1.525 * *$ | -0.673 |
| Short Part-time | $-2.472 * * *$ | $-1.883^{* * *}$ | $-2.364 * *$ |
| Long Part-time | 0.102 | -0.0416 | 1.194 |
| Long hours | $5.707 * * *$ | $7.436^{* * *}$ | $5.049 * * *$ |
| Constant | $15.41^{* * *}$ | $12.61^{* * *}$ | $15.51 * * *$ |
| Observations |  |  |  |
| R-squared | 24.295 | 11.950 | 12.345 |

*, ** and ${ }^{* * *}$ statistically significant at 10 per cent, 5 per cent and 1 per cent level Source: EWCS 2016 and author's calculations
Interpretation. Ceteris paribus, women (first row second column) are less prone to be on atypical work, a reduction by $8,9 \%$ of the index ( $=-1.604 / 16.99$ ). Young single leaving with their parents are also more exposed to atypical work (fourth row second column) an increase of the index by $26.6 \%$ (=5.060/16.99) compared to young married/cohabiting dependent employees without resident children. Individual working long hours (see last variable and the second column)) are also ceteris paribus more exposed to atypical working conditions, an increase of the index by $35.9 \%$ ( $=6.098 / 16.99$ ) compared to with individuals working normal working hours.

Table C18: Ordinary Least Squares (OLS). Dependent variables: Atypical work. Employees, EU-28

| VARIABLES | All | Women | Men |
| :---: | :---: | :---: | :---: |
| Women | -2.055*** |  |  |
| Low Skill | 0.724 | 0.251 | 0.780 |
| High Skill | $-2.243 * * *$ | -1.361** | -3.428*** |
| Young singles with parents | 4.268*** | 4.182** | 4.429** |
| Young singles on their own | 1.075 | 0.233 | 1.953** |
| Couples pre-school child | -0.415 | -2.123** | 1.619* |
| Couples with children 7-12 | -0.573 | -0.953 | -0.0376 |
| Couples children 13-18 | -1.022 | -1.911** | -0.205 |
| Couple empty nest 46-59 | -0.861 | -1.318 | -0.342 |
| Older Couple | -0.442 | 0.440 | -1.634 |
| Older singles | 0.111 | -0.0239 | 0.236 |
| Agriculture | $5.534 * * *$ | 4.027* | 5.957** |
| Construction | -4.914*** | -1.307 | -5.018*** |
| Wholesale \& retail | 10.32*** | 11.85*** | 8.487*** |
| Transport | 7.408*** | 6.401*** | 7.129*** |
| Financial services | -2.997*** | -1.280 | -4.214*** |
| Public administration \& defence | 0.499 | $-2.242 * *$ | 2.084 |
| Education | -1.560* | -1.445 | -2.050 |
| Health | 6.690 *** | 6.610*** | 5.522*** |
| Other services | 1.719*** | 0.645 | 2.894*** |
| Female-dominated sector | 4.884*** | $5.311^{* * *}$ | 4.417*** |
| Public sector | 0.457 | -0.209 | 1.505* |
| Baltic | -1.040* | -0.0710 | -1.905** |
| Continental | -3.777*** | $-3.164 * * *$ | -4.210*** |
| Anglo-Saxon | 0.973 | 0.578 | 1.380 |
| Northern | $-3.753^{* * *}$ | $-2.926^{* * *}$ | -4.455*** |
| Southern | 0.290 | 1.591** | -0.915 |
| Small establishment | -0.666 | -0.973* | -0.339 |
| Large establishment | 1.743*** | 0.737 | 2.318*** |
| Fixed-term contract | 1.232** | 0.527 | 2.008** |
| Seniority | -0.158 | -0.573* | 0.296 |
| Supervisory tasks | 0.639 | 1.273 | 0.484 |


| Autonomy | $-0.0720^{* * *}$ | $-0.0387 * * *$ | -0.0990*** |
| :---: | :---: | :---: | :---: |
| Work intensity | $-0.0178 * * *$ | -0.0153* | -0.0166* |
| Working time autonomy | -1.495* | -2.444** | -0.363 |
| Fixed working time | $-1.589^{* * *}$ | -2.079*** | -0.954 |
| Regular work schedule | -5.991*** | -5.670*** | $-6.033^{* * *}$ |
| Short rest period | $5.121^{* * *}$ | $6.643 * * *$ | $3.657 * * *$ |
| Physical risk index | 0.0294*** | 0.0403*** | $0.0223 * * *$ |
| Poor Work-life balance | $7.777 * * *$ | $7.562^{* * *}$ | 8.056*** |
| Poor Working conditions | 0.247 | 1.383* | -0.892 |
| Short Part-time | $-1.976 * * *$ | -1.629** | -1.264 |
| Long Part-time | -0.199 | -0.596 | 1.662 |
| Long hours | 4.961 *** | $6.842^{* * *}$ | $4.360^{* * *}$ |
| Constant | 15.64*** | 11.75*** | 16.37*** |
| Observations | 20.554 | 10.544 | 10.010 |
| R -squared | 0.303 | 0.359 | 0.276 |

*, ** and $* * *$ statistically significant at 10 per cent, 5 per cent and 1 per cent level Source: EWCS 2016 and author's calculations

Table C19: Ordinary Least Squares (OLS). Dependent variables: Atypical work. Self-employed, EU-28

| VARIABLES | All | Women | Men |
| :--- | :---: | :---: | :---: |
| Women | 0.224 |  |  |
| Low Skill | $-3.477^{* *}$ | -1.151 | -2.869 |
| High Skill | -1.881 | -0.340 | -1.896 |
| Young singles with parents | $12.00^{* * *}$ | 0.165 | $15.96^{* * *}$ |
| Young singles on their own | -0.728 | -0.464 | -0.671 |
| Couples pre-school child | -3.179 | -1.085 | $-5.022^{*}$ |
| Couples with children 7-12 | $-4.150^{*}$ | -0.446 | $-6.256^{* *}$ |
| Couples children 13-18 | -3.166 | -3.002 | -3.148 |
| Couple empty nest 46-59 | $-4.166^{*}$ | $-5.237 *$ | -3.306 |
| Older Couple | $-6.148^{* * *}$ | -4.466 | $-6.760^{* *}$ |
| Older singles | 0.495 | 1.564 | -0.281 |
| Agriculture | $15.25^{* * *}$ | $15.87 * * *$ | $15.45 * * *$ |
| Construction | $-6.367^{* * *}$ | $-11.16^{* * *}$ | $-3.902^{*}$ |


| Wholesale \& retail | 8.078*** | 7.463** | 7.713*** |
| :---: | :---: | :---: | :---: |
| Transport | 10.78*** | 9.109 | 11.18*** |
| Financial services | -5.065** | -12.60 *** | -1.238 |
| Public administration \& defence | -7.614 | $-17.06^{* * *}$ | -0.987 |
| Education | -1.158 | -4.808 | 1.070 |
| Health | -7.965*** | $-9.937 * * *$ | $-12.84 * * *$ |
| Other services | 0.725 | -6.447* | 5.009** |
| Female-dominated sector | 2.429* | 3.081* | 5.003*** |
| Baltic | -2.371 | 2.657 | $-5.863^{* *}$ |
| Continental | -3.319** | -2.860 | -3.323** |
| Anglo-Saxon | 0.618 | -0.453 | 0.461 |
| Northern | -0.550 | -1.084 | -0.201 |
| Southern | -3.275*** | -2.360 | $-4.418^{* * *}$ |
| Self-employedwith employees | 0.570 | 5.352 | -1.248 |
| Seniority | -0.362 | -1.501* | 0.801 |
| Supervisory tasks | 0.799 | -5.391 | 2.781 |
| Autonomy | -0.0109 | 0.0796** | -0.0507* |
| Work intensity | -0.00883 | -0.0138 | 0.00749 |
| Short rest period | 9.006*** | 11.38*** | 8.137*** |
| Physical risk index | 0.00620 | 0.0216** | 0.000930 |
| Poor Work-life balance | 6.471*** | 2.622 | $8.665 * * *$ |
| Poor Working conditions | 2.060 | 0.908 | 2.362 |
| Short Part-time | $-3.723 * *$ | -2.860 | $-4.167^{* *}$ |
| Long Part-time | 2.794* | 4.020* | 0.365 |
| Long hours | 8.659*** | 8.812*** | 7.708*** |
| Constant | 19.39*** | 15.82*** | 18.08*** |
| Observations | 3.856 | 1.455 | 2.401 |
| R -squared | 0.329 | 0.410 | 0.333 |

*, ** and $* * *$ statistically significant at 10 per cent, 5 per cent and 1 per cent level Source: EWCS 2016 and author's calculations

## Satisfaction with working conditions

## Table C20: Descriptive statistics - Satisfaction with working conditions

Question: On the whole, are you very satisfied, satisfied, not very satisfied or not at all satisfied with your working conditions in your main paid job? (Q88) \%. All sample

| Satisfaction with working condi- <br> tions | Share of respondents in \% |
| :--- | :---: |
| Not at all satisfied | 2.6 |
| Not very satisfied | 11.5 |
| Satisfied | 59.5 |
| Very satisfied | 26.3 |
| Total | 100 |

Source: EWCS 2016 and author's calculations

## Table C20a: Ordered Probit. Dependent variable - Satisfaction with working conditions

Marginal effect evaluated at sample means. Question On the whole, are you very satisfied, satisfied, not very satisfied or not at all satisfied with your working conditions in your main paid job?

| VARIABLES | Not at all satisfied | Not very satisfied | Satisfied | Very satisfied |
| :--- | :---: | :---: | :---: | :---: |
|  |  |  |  |  |
| Women | 0.00195 | 0.00721 | 0.00577 | -0.0149 |
| Low Skill | $0.00621^{* * *}$ | $0.0217^{* * *}$ | $0.0140^{* * *}$ | $-0.0420^{* * *}$ |
| High Skill | -0.00219 | -0.00823 | -0.00705 | 0.0175 |
| Young singles with parents | 0.00132 | 0.00481 | 0.00361 | -0.00974 |
| Young singles on their own | -0.000403 | -0.00150 | -0.00123 | 0.00312 |
| Couples with pre-school children | $-8.68 \mathrm{e}-05$ | -0.000322 | -0.000260 | 0.000668 |
| Couples with children 7-12 years | -0.000657 | -0.00245 | -0.00203 | 0.00514 |
| Couples with children 13-18 | -0.000336 | -0.00125 | -0.00101 | 0.00260 |
| years |  |  |  |  |
| Couple empty nest 46-59 years | 0.00262 | 0.00942 | -0.00683 | -0.0189 |
| Older Couple | $-0.00416^{*}$ | $-0.0163^{*}$ | 0.0163 | $0.0368^{*}$ |
| Older singles | $0.00565^{* *}$ | $0.0196^{* *}$ | $0.0 .0374^{* *}$ |  |
| Agriculture | 0.0189 | -0.0359 |  |  |
| Construction | 0.00946 | -0.0188 |  |  |


| Wholesale \& retail | 0.00450** | 0.0160** | $0.0111^{* *}$ | $-0.0316^{* *}$ |
| :---: | :---: | :---: | :---: | :---: |
| Transport | 0.00462 | 0.0162* | 0.0104** | -0.0312* |
| Financial services | 0.00390 | 0.0138 | 0.00916 | -0.0268 |
| Public administration \& defence | 0.00387 | 0.0137 | 0.00918 | -0.0267 |
| Education | 0.000410 | 0.00151 | 0.00119 | -0.00311 |
| Health | -0.000500 | -0.00186 | -0.00153 | 0.00389 |
| Other services | 0.00436* | 0.0155** | 0.0108** | $-0.0307 * *$ |
| Female-dominated sector | 0.00213 | 0.00784 | 0.00621 | -0.0162 |
| Public sector | 0.000210 | 0.000776 | 0.000621 | -0.00161 |
| Baltic | $0.00999 * * *$ | $0.0328 * * *$ | 0.0157*** | $-0.0584 * * *$ |
| Continental | -0.00326** | $-0.0122^{* *}$ | $-0.0101^{* *}$ | 0.0255** |
| Anglo-Saxon | $-0.00906 * * *$ | $-0.0368^{* * *}$ | $-0.0422 * * *$ | 0.0881*** |
| Northern | $-0.00810^{* * *}$ | $-0.0337 * * *$ | -0.0415*** | 0.0832*** |
| Southern | $0.00628^{* * *}$ | 0.0221 *** | 0.0146*** | -0.0430*** |
| Small establishment | $-0.00669^{* * *}$ | -0.0253*** | $-0.0226^{* * *}$ | 0.0546*** |
| Large establishment (250 and more) | -0.00153 | -0.00574 | -0.00489 | 0.0122 |
| Fixed-term contract | 0.00459** | 0.0163** | $0.0110^{* * *}$ | $-0.0319 * * *$ |
| Self-employed | 0.00633** | 0.0220** | 0.0139*** | -0.0423 ** |
| Seniority | 0.000380 | 0.00140 | 0.00113 | -0.00291 |
| Supervisory tasks | $-0.00421^{* * *}$ | $-0.0162^{* * *}$ | $-0.0152^{* * *}$ | $0.0356 * * *$ |
| Autonomy | $-0.000250^{* * *}$ | -0.000926 *** | $-0.000745^{* * *}$ | 0.00192*** |
| Work intensity | $0.000134 * * *$ | 0.000495*** | $0.000398 * * *$ | $-0.00103 * * *$ |
| Working time autonomy | $-0.00518^{* * *}$ | $-0.0202^{* * *}$ | $-0.0198 * *$ | $0.0452^{* * *}$ |
| Fixed working time | -0.00148 | -0.00549 | -0.00445 | 0.0114 |
| Regular work schedule | $-0.00593 * * *$ | $-0.0221^{* * *}$ | -0.0186*** | 0.0467*** |
| Physical risk index | 8.16e-05*** | $0.000302^{* * *}$ | $0.000243 * * *$ | $-0.000627 * * *$ |
| Weekend work | 0.00214 | 0.00782 | 0.00597 | -0.0159 |
| Night work | 0.00111 | 0.00406 | 0.00315 | -0.00831 |
| Shift work | -0.000532 | -0.00198 | -0.00162 | 0.00413 |
| Short Part-time | $-0.00367 * *$ | -0.0141** | $-0.0131 * *$ | 0.0309** |
| Long Part-time | 0.00127 | 0.00462 | 0.00354 | -0.00943 |
| Long working time | 0.00388** | 0.0139** | $0.00991^{* * *}$ | $-0.0277 * *$ |
| Predicted Probability | 0.01678 | 0.0998 | 0.62981 | 0.25359 |
| Observations | 24.041 | 24.041 | 24.041 | 24.041 |

*, ** and ${ }^{* * *}$ statistically significant at 10 per cent, 5 per cent and 1 per cent level

Interpretation. Ceteris paribus, the predicted probability (penultimate row) that an individual report that he/she is not at all satisfied, not very satisfied, satisfied and very satisfied with his/her working condition is respectively 1,7 per cent, 10,0 per cent, 63,0 per cent and 25,4 per cent. Low-skilled workers (second row, third column) have a 2.2 percentage point higher probability to report that they are "not very satisfied with their working conditions." Older couples (tenth row fifth column) have a 3,7 percentage points higher probability to report that they are very satisfied with their working conditions compared to young married/cohabiting dependent employees without resident children. Individual working long hours (see last variable first column last column) have ceteris paribus a 2,8 percentage points lower probability to report that he/she is very satisfied with their working conditions

Source: EWCS 2016 and author's calculations

## Table C20b: Logit. Dependent variable - Not satisfied with working conditions

Marginal effect evaluated at sample means (Q88=3-4). Sample as a whole

| VARIABLES | All | Women | Men |
| :--- | :---: | :---: | :---: |
| Women | 0.00780 |  |  |
| Low Skill | $0.0168^{*}$ | $0.0315^{* *}$ | 0.0102 |
| High Skill | 0.00118 | -0.0159 | 0.0143 |
| Young singles with parents | 0.00584 | -0.0288 | 0.0349 |
| Young singles on their own | -0.00497 | $-0.0276^{*}$ | 0.0122 |
| Couples with pre-school children | 0.00191 | 0.000863 | 0.00107 |
| Couples with children 7-12 years | 0.00521 | -0.0184 | 0.0288 |
| Couples with children 13-18 years | -0.00191 | $-0.0313^{* *}$ | 0.0312 |
| Couple empty nest 46-59 years | 0.0119 | 0.00618 | 0.0104 |
| Older Couple | -0.0226 | -0.0167 | $-0.0356^{*}$ |
| Older singles | 0.0120 | -0.00890 | 0.0301 |
| Agriculture | $0.0413^{*}$ | 0.0530 | 0.0380 |
| Construction | 0.0155 | 0.0300 | 0.00946 |
| Wholesale \& retail | $0.0341^{* *}$ | $0.0546^{* *}$ | 0.0196 |
| Transport | 0.0131 | 0.0400 | 0.0144 |
| Financial services | $0.0595^{* *}$ | $0.0755^{*}$ | 0.0497 |
| Public administration \& defence | $0.0685^{* *}$ | $0.0715^{*}$ | $0.0927^{* *}$ |
| Education | 0.0177 | 0.0416 | 0.00428 |
| Health | 0.0138 | 0.0241 | 0.0226 |
| Other services | $0.0541^{* * *}$ | $0.0683^{* * *}$ | $0.0495^{* *}$ |
| Female-dominated sector | 0.0111 | -0.00477 | $0.0307 *$ |
| Public sector | 0.00152 | 0.0212 | -0.0230 |
| Baltic | $0.0418^{* * *}$ | $0.0281^{*}$ | $0.0518 * *$ |


| Continental | 0.00741 | 0.00747 | 0.00486 |
| :--- | :---: | :---: | :---: |
| Anglo-Saxon | -0.0108 | -0.0175 | -0.0115 |
| Northern | -0.0140 | -0.0171 | -0.0131 |
| Southern | $0.0355^{* * *}$ | $0.0369^{* *}$ | $0.0303^{* *}$ |
| Small establishment | $-0.0341^{* * *}$ | $-0.0348^{* * *}$ | $-0.0271^{* *}$ |
| Large establishment (250 and more) | 0.00591 | 0.000511 | 0.0114 |
| Fixed-term contract | $0.0444^{* * *}$ | $0.0431^{* * *}$ | $0.0421^{* * *}$ |
| Self-employed | $0.0520^{* * *}$ | 0.0440 | $0.0563^{* *}$ |
| Seniority | -0.00145 | 0.00118 | -0.00372 |
| Supervisory tasks | $-0.0233^{* *}$ | 0.00505 | $-0.0402^{* * *}$ |
| Autonomy | $-0.00122^{* * *}$ | $-0.00119^{* * *}$ | $-0.00122^{* * *}$ |
| Work intensity | $0.000751^{* * *}$ | $0.000888^{* * *}$ | $0.000610^{* * *}$ |
| Working time autonomy | -0.0161 | -0.00919 | -0.0230 |
| Fixed working time | $-0.0188^{* *}$ | -0.0162 | $-0.0203^{*}$ |
| Regular work schedule | $-0.0160^{* *}$ | -0.0146 | $-0.0182^{*}$ |
| Physical risk index | $0.000379^{* * *}$ | $0.000351^{* * *}$ | $0.000401^{* * *}$ |
| Weekend work | $0.0187^{*}$ | $0.0228^{*}$ | 0.0131 |
| Night work | 0.00438 | $0.0300^{*}$ | -0.0120 |
| Shift work | -0.00129 | -0.00449 | 0.00759 |
| Short Part-time | -0.00825 | -0.00124 | -0.0118 |
| Long Part-time | $0.0196^{*}$ | $0.0308^{* *}$ | -0.00106 |
| Long working time | $0.0311^{* * *}$ | $0.0452^{* * *}$ | $0.0243^{* *}$ |
| Predicted Probability | 0.1120 | 0.1069 |  |
| Observations |  |  | 0.1130 |
|  | 24.0411 .873 | 241048732.168 | 111887.368 |

*, ** and ${ }^{* * *}$ statistically significant at 10 per cent, 5 per cent and 1 per cent level

Interpretation. Ceteris paribus, the predicted probability (penultimate row) that an individual reports poor working condition is respectively 11,2 per cent, 10,7 per cent for women and 11,3 per cent for men. Women working in the retail sector (fourteenth row, third column) have a 5.5 percentage points higher probability to report that they have poor working conditions. Female respondent working long hours (see last variable, third column) have ceteris paribus a 4,5 percentage points higher probability to report poor working conditions.
Source: EWCS 2016 and author's calculations

## Well-being at work and subjective well-being

Table C21a: Descriptive statistics - Well-being at work, Employees.
Index (0-100). Question: How do you feel at work (see question Q90a-b-c-f)

|  | Means | St. dev | Min | Max |
| :--- | :---: | :---: | :---: | :---: |
| All | 74.8 | 15.28 | 0 | 100 |
| Men | 74.2 | 15.33 | 0 | 100 |
| Women | 75.3 | 15.21 | 0 | 100 |

Source: EWCS 2016 and author's calculations

Table C21b: Ordinary Least Square. Dependent variable: We Well-being at work, Employees.

Index (0-100). EU-28.

|  | $(1)$ | $(2)$ | $(3)$ |
| :--- | :---: | :---: | :---: |
| VARIABLES | All | Female | Male |
|  | $0.673^{*}$ |  |  |
| Women |  |  |  |
| Poor Health | $-4.107^{* * *}$ | -2.239 | $-6.354^{* * *}$ |
| Low Skill | $-1.747^{* * *}$ | $-2.334^{* * *}$ | -1.000 |
| High Skill | 0.501 | 0.552 | 0.376 |
| Young singles with parents | -0.149 | -1.308 | 0.456 |
| Young singles on their own | $-0.994^{*}$ | -0.119 | $-1.678^{* *}$ |
| Couples pre-school child | $1.035^{*}$ | $1.761^{* *}$ | 0.458 |
| Couples with children 7-12 | $1.591^{* * *}$ | $2.182^{* *}$ | 1.019 |
| Couples with children 13-18 | $1.303^{* *}$ | $1.623^{*}$ | 1.078 |
| years |  |  |  |
| Couple empty nest | 0.597 | -0.319 | $1.720 * *$ |
| Older Couple | 0.897 | 0.343 | 1.595 |
| Older singles | -0.0712 | 1.287 | -1.384 |
| Agriculture | $2.894^{*}$ | $5.850^{* * *}$ | 1.452 |
| Construction | $1.839^{* *}$ | 1.652 | $1.581^{*}$ |
| Wholesale \& retail | $1.994^{* * *}$ | $3.251^{* * *}$ | 1.189 |
| Transport | $2.475^{* * *}$ | $3.236^{* *}$ | $1.787 *$ |
| Financial services | $1.514^{*}$ | $3.017 * *$ | 0.448 |
| Public administration \& | 1.338 | 1.946 | $1.857 *$ |
|  |  |  |  |


| Education | 5.514*** | 7.108*** | 4.080*** |
| :---: | :---: | :---: | :---: |
| Health | 4.157*** | $5.055 * * *$ | $3.300 * * *$ |
| Other services | 1.509** | $3.163^{* * *}$ | 0.567 |
| Female dom. sector | -0.694* | -0.887 | -0.321 |
| Public sector | -0.625 | -0.361 | -1.217* |
| Baltic | 0.931* | 0.562 | 1.251 |
| Continental | -0.271 | -0.459 | 0.0744 |
| Anglo-Saxon | -0.329 | 0.363 | -0.876 |
| Northern | 0.178 | -0.00637 | 0.284 |
| Southern | -0.795 | -1.152 | -0.286 |
| Small establishment | 0.812** | 1.415** | 0.255 |
| Large establishment | 0.134 | 1.400** | -0.826 |
| Fixed-term contract | -0.428 | -0.955 | -0.0401 |
| Seniority | -0.205 | -0.322 | -0.166 |
| Supervisory tasks | $2.277 * * *$ | $3.249 * * *$ | 1.507** |
| Autonomy | 0.0683*** | 0.0655*** | $0.0730^{* * *}$ |
| Work intensity | 0.00311 | 0.00679 | -0.000422 |
| Working time autonomy | $2.367 * * *$ | $2.526 * * *$ | $2.200 * *$ |
| Fixed working time | 0.969*** | $1.789^{* * *}$ | 0.211 |
| Regular work schedule | 0.438 | -0.0338 | 1.073** |
| Weekend work | $1.127^{* * *}$ | 0.584 | 1.643*** |
| Night work | $1.506 * * *$ | 1.656** | $1.555 * * *$ |
| Shift work | -0.530 | 0.535 | $-1.532 * *$ |
| Frequent on-call work | -0.379 | 0.553 | -1.206 |
| Physical risk index | 0.00306 | 0.00440 | 0.00196 |
| Poor work-life balance | $-2.710^{* * *}$ | $-2.876 * * *$ | $-2.633^{* * *}$ |
| Poor working conditions | $-11.54 * * *$ | -11.34*** | $-11.67 * * *$ |
| Short Part-time | -0.619 | -1.132* | 0.912 |
| Long Part-time | 0.401 | 0.433 | -0.0992 |
| Long working time | 0.808* | -0.426 | 1.689*** |
| Constant | $69.45 * * *$ | 68.51*** | $70.28 * * *$ |
| Observations | 20.172 | 10.380 | 9.792 |
| R -squared | 0.157 | 0.159 | 0.169 |

*, ** and ${ }^{* * *}$ statistically significant at 10 per cent, 5 per cent and 1 per cent level

Interpretation: Ceteris paribus, respondents with poor health reports lower well-being at work, a decrease of the wellbeing at work index by 4.1 points or $5.5 \%(=-4.107 / 74.8)$. Respondents working in the educational sector reports a higher well-being at work (nineteenth row second column) an increase of 5,1 points or $7.4 \%$ of the well-being at work index ( $=5.514 / 74.8$ ) compared to individual working in manufacturing industries. Individuals reporting poor working conditions (see fifth row from below and the second column)) display ceteris paribus a significantly lower well-being at work, a decrease of the index by 11.5 points or $15.4 \%(=-11.54 / 74.8)$.

Table C22a: Descriptive statistics. Subjective well-being. WHO subjective well-being index (0-100), based on question Q87. Sample as a whole

|  | Means | St. dev | Min | Max |
| :--- | :---: | :---: | :---: | :---: |
| All | 68.1 | 20.00 | 0 | 100 |
| Men | 69.2 | 19.45 | 0 | 100 |
| Women | 66.9 | 20.49 | 0 | 100 |

Source: EWCS 2016 and author's calculations

Table C22b: Ordinary least Square (OLS): Dependent variable: WHO subjective well-being index (0-100), EU-28, All

|  | $(1)$ | $(2)$ | $(3)$ |
| :--- | :---: | :---: | :---: |
| VARIABLES | All | Female | Male |


| Women | $-3.392^{* * *}$ |  |  |
| :--- | :---: | :---: | :---: |
| Poor Health | $-18.22^{* * *}$ | $-15.86^{* * *}$ | $-20.71^{* * *}$ |
| Low Skill | 0.821 | 0.518 | $1.440^{*}$ |
| High Skill | -0.514 | 0.309 | -1.068 |
| Young singles with parents | 0.204 | 0.664 | -0.235 |
| Young singles on their own | 0.437 | 0.512 | 0.322 |
| Couples pre-school child | 0.214 | 0.594 | 0.000213 |
| Couples with children 7-12 | 0.264 | 0.0321 | 0.683 |
| Couples with children 13-18 | -0.165 | -0.0260 | -0.0980 |
| years |  |  |  |
| Couple empty nest | $-1.472^{*}$ | $-2.435^{* *}$ | -0.195 |
| Older Couple | 0.918 | -0.613 | $2.595^{*}$ |
| Older singles | -1.036 | $-2.061^{*}$ | 0.0459 |
| Agriculture | $3.397^{* * *}$ | $4.105^{*}$ | $2.931^{*}$ |
| Construction | $2.073^{* *}$ | 3.285 | 1.471 |


| Wholesale \& retail | 0.794 | 1.068 | 0.732 |
| :---: | :---: | :---: | :---: |
| Transport | 1.876* | 1.174 | 1.861* |
| Financial services | 0.103 | 0.201 | 0.142 |
| Public administration \& defence | -0.00724 | -0.430 | 0.500 |
| Education | 1.347 | 1.223 | 1.048 |
| Health | 1.564* | 2.751** | -1.443 |
| Other services | 1.297* | 1.821* | 1.373 |
| Female dom. sector | 0.817 | 0.845 | 1.430* |
| Public sector | -0.0436 | 0.0338 | -0.0734 |
| Baltic | -0.0930 | 0.406 | -0.517 |
| Continental | 1.303** | 1.222 | 1.601** |
| Anglo-Saxon | -4.082*** | -3.840*** | $-4.169^{* * *}$ |
| Northern | 1.611*** | 1.595* | 1.820** |
| Southern | 1.175** | 0.623 | 1.661** |
| Small establishment | 0.886* | 1.030 | 0.648 |
| Large establishment | 0.00172 | 0.166 | 0.0152 |
| Fixed-term contract | 0.0483 | -0.0268 | 0.286 |
| Self-employed | -0.842 | -0.0690 | -1.327 |
| Seniority | -0.326 | -0.243 | -0.411 |
| Supervisory tasks | 0.281 | -0.424 | 0.644 |
| Autonomy | $0.0578 * * *$ | $0.0466 * * *$ | 0.0679*** |
| Work intensity | -0.0100 | -0.00802 | -0.00913 |
| Working time autonomy | 0.885 | 1.356 | 0.524 |
| Fixed working time | 1.632*** | 1.654** | 1.626*** |
| Regular work schedule | 1.794*** | 2.450 *** | 1.156* |
| Weekend work | 0.713 | -0.0726 | 1.562* |
| Night work | -0.0655 | 1.079 | -0.970 |
| Shift work | 1.380** | 1.839** | 1.114 |
| Frequent on-call work | 0.507 | 1.591 | -0.228 |
| Physical risk index | -0.0194*** | $-0.0328 * * *$ | $-0.0127 * * *$ |
| Poor work-life balance | $-6.696 * * *$ | -7.194*** | $-6.310^{* * *}$ |
| Poor working conditions | -13.51 *** | $-13.58^{* * *}$ | $-13.38^{* * *}$ |
| Short Part-time | -0.893 | -1.696* | 0.280 |
| Long Part-time | -0.0267 | -0.234 | -0.211 |
| Long working time | -1.016* | -1.352 | -0.858 |
| Constant | $69.68 * * *$ | 67.12*** | 68.40*** |


| Observations | 23.139 | 11.503 | 11.636 |
| :--- | :---: | :---: | :---: |
| R-squared | 0.174 | 0.173 | 0.180 |

*, ** and ${ }^{* * *}$ statistically significant at 10 per cent, 5 per cent and 1 per cent level

Interpretation. Ceteris paribus, women (first row second column) display a lower well-being, a reduction by 3.4 points or $5,0 \%$ of the well-being index $(=-3.392 / 68,1)$. Respondents with poor health display a large decrease of well-being, a decrease of by 18.2 points or $26.8 \%$ of the well-being index ( $=-18.22 / 68,1$ ). Old cohabiting/married male exhibits a lower well-being (tenth row third column) a decrease of the well-being index by 2.6 points or $3,8 \%(=-2.595 / 69,2$ ) compared to young married/cohabiting dependent employees without resident children. Individuals reporting poor working conditions (see fifth row from below and the second column)) display ceteris paribus a significantly lower well-being, a decrease of the index by 13.5 points or $19.8 \%(=-13.51 / 68,1)$.

## Health indicators

## Table C23a: Descriptive statistics. Health Indicators. Self-reported health status (Poor Health). Serious sleep problems. Health and safety risks. EU28. Sample as a whole

| Health indicators |  |  |  |  | Means | Mill | Women | Men | All | Women |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | All | Men | All | Women | Men |  |  |  |  |  |
| Poor Health | 2.7 | 2.8 | 2.6 | 0 | 0 | 0 | 1 | 1 | 1 |  |
| Serious Sleep Problems | 6.1 | 7.5 | 4.8 | 0 | 0 | 0 | 1 | 1 | 1 |  |
| Health and safety risk | 22.5 | 18.9 | 26.1 | 0 | 0 | 0 | 1 | 1 | 1 |  |

Source: EWCS 2016 and author's calculations

Definition: Poor Health: question Q75: How is your health in general? (Q75=4 (bad) or 5 (very bad)= Poor health). Serious Sleep Problems: Question Q79a-c: Over the last 12 months, how often did you have any of the following sleep related problems? Difficulties to fall sleep, waking up repeatedly and waking up with exhaustion). Health and Safety Risks: Question Q73 Do you think your health or safety is at risk because of your work? (Yes Q73=1)

Interpretation: $2,7 \%$ of respondents report that they have poor or very poor health, the corresponding figure for men being $2,5 \%$ and $2,8 \%$ for women. $6,6 \%$ of the respondents indicate that they have serious sleep problems, the corresponding figure for men being $5,2 \%$ and $8,0 \%$ for women. $24 \%$ of respondents report that their health and safety are at risks because of their work, the corresponding figure for men being $27,7 \%$ and $20,0 \%$ for women.

## Table C23b: Logit. Marginal effect estimated at sample means. All sample. Dependent variable Poor Health

| VARIABLES | All | Women | Men |
| :---: | :---: | :---: | :---: |
| Women | 0.00140 |  |  |
| Low skill | 0.00787** | 0.0139** | 0.00411 |
| High skill | -0.00163 | -0.00472* | 0.00162 |
| Young singles with parents | -0.00860*** | -0.00880*** | -0.00758** |
| Young singles on their own | 0.00520 | 0.00146 | 0.00438 |
| Couples with pre-school children | -0.00278 | -0.000980 | -0.00393 |
| Couples with children 7-12 years | 0.00899 | 0.0118 | 0.00416 |
| Couples with children 13-18 years | 0.0218*** | 0.0246** | 0.0124 |
| Couple empty nest 46-59 years | $0.0296 * * *$ | $0.0217^{* *}$ | 0.0322* |
| Older Couple | 0.0136 | 0.0108 | 0.0106 |
| Older singles | 0.0447 *** | 0.0376** | 0.0404* |
| Agriculture | 0.0163* | 0.0325 | 0.00834 |
| Construction | 0.00290 | -0.00823*** | 0.00431 |
| Wholesale \& retail | 0.0110* | 0.00644 | 0.0122* |
| Transport | 0.00230 | 0.00454 | 0.00388 |
| Financial services | 0.00519 | 0.00945 | -0.000860 |
| Public administration \& defence | 0.00970 | 0.00854 | 0.0111 |
| Education | 0.0155 | 0.0186 | 0.00638 |
| Health | 0.00802 | 0.00693 | 0.00562 |
| Other services | 0.00845 | 0.00114 | 0.0136* |
| Female-dominated sector | -0.00200 | -0.000156 | -0.00242 |
| Public sector | -0.00100 | -0.00151 | -0.00160 |
| Baltic | 0.000670 | -0.00165 | 0.00420 |
| Continental | 0.00346 | -0.00112 | 0.00868** |
| Anglo-Saxon | 0.000878 | -0.000580 | 0.00432 |
| Northern | 0.00832* | 0.00638 | 0.0106 |
| Southern | 0.00632* | 0.00706 | 0.00629 |
| Small establishment | -0.00221 | 0.00168 | -0.00456* |
| Large establishment (250 and more) | 0.00366 | 0.00285 | 0.00348 |
| Fixed-term contract | 0.000643 | -0.00395* | 0.00586 |
| Self-employed | 0.0188*** | 0.0181** | $0.0142^{* *}$ |


| Seniority | -0.000179 | -0.000196 | $9.47 \mathrm{e}-05$ |
| :--- | :---: | :---: | :---: |
| Supervisory tasks | 0.00180 | 0.00306 | 0.000474 |
| Autonomy | $-5.04 \mathrm{e}-05$ | $-4.85 \mathrm{e}-05$ | $-4.54 \mathrm{e}-05$ |
| Work intensity | $1.20 \mathrm{e}-05$ | $6.78 \mathrm{e}-05^{*}$ | $-5.43 \mathrm{e}-05$ |
| Fixed working time | -0.00259 | -0.00333 | -0.000821 |
| Working time autonomy | -0.00303 | $-0.00573^{* * *}$ | 0.000229 |
| Regular work schedule | -0.00189 | -0.00397 | -0.000130 |
| Weekend work | 0.000115 | -0.000439 | 0.000171 |
| Night work | 0.00146 | $0.00939^{* *}$ | -0.00280 |
| Shift work | $-0.00619^{* * *}$ | $-0.00626^{* * *}$ | -0.00419 |
| Frequent on-call work | 0.000589 | -0.000284 | 0.00189 |
| Physical risk index | $5.96 \mathrm{e}-05^{* * *}$ | $4.01 \mathrm{e}-05^{* *}$ | $6.13 \mathrm{e}-05^{* * *}$ |
| Commuting time | $0.00355^{* *}$ | $0.00475^{* *}$ | 0.00194 |
| Poor work-life balance | $0.00873^{* * *}$ | 0.00283 | $0.0133^{* *}$ |
| Poor Working conditions | $0.0185^{* * *}$ | $0.0220^{* * *}$ | $0.0114^{* * *}$ |
| Short Part-time | $0.0134 * * *$ | 0.00690 | $0.0234 * *$ |
| Long Part-time | 0.00278 | 0.00183 | 0.00394 |
| Long working time | $-0.00630^{* * *}$ | $-0.00472^{* *}$ | $-0.00492^{*}$ |
| Predicted probability |  |  |  |
|  | 0.0117 | 0.0134 | 0.0100 |
| Observations | 22.891 | 11.420 | 11.471 |

*, ** and ${ }^{* * *}$ statistically significant at 10 per cent, 5 per cent and 1 per cent level
Interpretation. Ceteris paribus, the predicted probability (penultimate row) that a worker report that he/she has a poor Health is respectively 1,2 per cent for the sample as a whole, 1.3 per cent for male workers, 1.0 per cent for female workers. Low skilled female workers have a higher probability to report bad Health, an increase with 1,4 percentage point (or more than double so much or $120 \%=0,0139 / 0.0134$ ) than medium skilled female workers. Older singles (eleventh row second column) have a 4.5 percentage points higher probability to report poor health compared to young married/cohabiting dependent employees without resident children. Men working long hours (see last variable first column last column) have ceteris paribus a 0,5 percentage points lower probability to report poor health (or a decrease with $49,2 \%=0,00492 / 0.0100$ ).

Source: EWCS 2016 and author's calculations

## Table C23c: Logit. Dependent variable: Serious Sleep Problems. Marginal effect estimated at sample means

| VARIABLES | All | Women | Men |
| :--- | :--- | :--- | :--- |

Women
$0.0224^{* * *}$

| Low skill | -1.73e-05 | 0.00343 | -0.000398 |
| :---: | :---: | :---: | :---: |
| High skill | -5.36e-05 | -0.00795 | 0.00699 |
| Young singles with parents | 0.00292 | 0.0288 | -0.0173* |
| Young singles on their own | 0.0162 | 0.00515 | 0.0216 |
| Couples with pre-school children | 0.00484 | 0.00598 | 0.00505 |
| Couples with children 7-12 years | -0.00202 | -0.00791 | 0.00272 |
| Couples with children 13-18 years | 0.00647 | 0.00624 | 0.00656 |
| Couple empty nest 46-59 years | 0.0200* | 0.0199 | 0.0177 |
| Older Couple | -0.00117 | 0.00952 | $-0.0189^{* *}$ |
| Older singles | 0.0406*** | 0.0548** | 0.0263 |
| Agriculture | 0.0298 | 0.0826 | 0.00271 |
| Construction | -0.00832 | -0.0137 | -0.00553 |
| Wholesale \& retail | 0.0239** | 0.0359** | 0.0111 |
| Transport | -0.00657 | 0.00638 | -0.00845 |
| Financial services | 0.00778 | -0.0145 | 0.0336 |
| Public administration \& defence | 0.00899 | 0.0160 | 0.00515 |
| Education | 0.0133 | 0.0110 | 0.0288 |
| Health | 0.00286 | -0.000323 | 0.0277 |
| Other services | 0.0102 | 0.00401 | 0.0187* |
| Female-dominated sector | -0.00454 | -8.24e-05 | -0.00860 |
| Public sector | 0.0122 | 0.0140 | 0.00860 |
| Baltic | 0.0125 | 0.00940 | 0.0155 |
| Continental | 0.0302*** | 0.0235** | $0.0354 * * *$ |
| Anglo-Saxon | 0.0650*** | 0.0753*** | 0.0520 ** |
| Northern | 0.0342*** | 0.0323** | 0.0366* |
| Southern | 0.0365*** | 0.0381*** | $0.0358^{* *}$ |
| Small establishment | -0.00400 | -0.00211 | -0.00357 |
| Large establishment (250 and more) | 0.00160 | 0.00518 | -0.00280 |
| Fixed-term contract | 0.000183 | -0.00587 | 0.00725 |
| Self-employed | $-0.0199 * * *$ | -0.0232** | $-0.0164^{* * *}$ |
| Seniority | 0.000290 | -0.00171 | 0.00227 |
| Supervisory tasks | 0.00996 | 0.0188* | 0.00468 |
| Autonomy | -1.94e-05 | $3.70 \mathrm{e}-05$ | $-3.53 \mathrm{e}-05$ |
| Work intensity | 0.000170 ** | $0.000247 * *$ | $9.22 \mathrm{e}-05$ |
| Fixed working time | -0.00532 | -0.00369 | -0.00551 |
| Working time autonomy | 0.00924 | 0.0209 | 0.00123 |
| Regular work schedule | -0.00815* | -0.0159** | -0.000598 |


| Weekend work | -0.00678 | -0.00419 | -0.00926 |
| :--- | :---: | :---: | :---: |
| Night work | $0.0124^{*}$ | 0.0112 | 0.0118 |
| Shift work | -0.00280 | -0.0115 | 0.00496 |
| Frequent on-call work | 0.00574 | 0.000505 | 0.00986 |
| Physical risk index | $0.000174^{* * *}$ | $0.000205^{* * *}$ | $0.000153^{* * *}$ |
| Commuting time | $0.00765^{* *}$ | $0.0120^{* *}$ | 0.00445 |
| Poor work-life balance | $0.0336^{* * *}$ | $0.0353^{* * *}$ | $0.0296^{* * *}$ |
| Poor Working conditions | $0.0433^{* * *}$ | $0.0551^{* * *}$ | $0.0309^{* * *}$ |
| Short Part-time | $0.0251^{* * *}$ | $0.0242^{* *}$ | 0.0303 |
| Long Part-time | 0.00295 | 0.00489 | 0.00326 |
| Long working time | 0.00139 | -0.000733 | 0.00434 |
|  |  |  |  |
| Predicted probability | 0.0437 | 0.0499 | 0.0355 |
| Observations | 22.868 |  |  |

*, ** and ${ }^{* * *}$ statistically significant at 10 per cent, 5 per cent and 1 per cent level

Interpretation: Ceteris paribus, the predicted probability (penultimate row) that a worker report that he/she has serious sleep problem is respectively 4,4 per cent for the sample as a whole, 3.6 per cent for male workers and 5,0 per cent for female workers. Compared to their male counterpart female workers have a higher probability to report serious sleep problems, an increase with 2,2 percentage points (or an increase by $44,9 \%=0.0224 / 0.0499$ ). Older female singles (eleventh row second column) have a 5,9 percentage points higher probability to report sleep problems compared to young married/cohabiting dependent employees without resident children. Night workers (see tenth row from below second column) have also ceteris paribus a higher probability to report serious sleep problems, a 1,2 percentage points higher probability (or an increase with $24,9 \%=0.0124 / 0.0499$ ).

Source: EWCS 2016 and author's calculations

## Table C23d: Logit. Dependent variable: Health and Safety Risk. Marginal effect estimated at sample means. Sample as a whole

| VARIABLES | All | Women | Men |
| :--- | :---: | :---: | :---: |
|  |  |  |  |
| Women | $-0.0252^{* *}$ |  |  |
| Low skill | 0.0118 | 0.0155 | -0.00118 |
| High skill | -0.00119 | $0.0298^{*}$ | $-0.0412^{* *}$ |
| Young singles with parents | -0.0231 | 0.0268 | -0.0594 |
| Young singles on their own | -0.00912 | -0.00975 | -0.00846 |
| Couples with pre-school children | 0.0137 | -0.0161 | 0.0425 |


| Couples with children 7-12 years | 0.0324 | 0.0148 | 0.0482 |
| :---: | :---: | :---: | :---: |
| Couples with children 13-18 years | 0.0302* | -0.0113 | 0.0789 *** |
| Couple empty nest 46-59 years | 0.0189 | 0.0137 | 0.0159 |
| Older Couple | -0.00196 | -0.0190 | 0.0182 |
| Older singles | 0.0135 | 0.00752 | 0.0169 |
| Agriculture | -0.0252 | -0.0159 | -0.0353 |
| Construction | 0.0386* | -0.0419 | 0.0526* |
| Wholesale \& retail | -0.0309* | -0.0358* | -0.0257 |
| Transport | -0.0154 | -0.00835 | -0.0243 |
| Financial services | 0.0123 | 0.0481 | -0.0267 |
| Public administration \& defence | $0.0773 * * *$ | 0.0106 | 0.132*** |
| Education | 0.0630** | 0.0483 | 0.0580 |
| Health | $0.0949 * * *$ | 0.0523** | 0.177*** |
| Other services | 0.00593 | 0.0164 | -0.0125 |
| Female-dominated sector | -0.0242** | -0.00877 | -0.0473** |
| Public sector | -0.000680 | 0.00388 | -0.0153 |
| Baltic | $0.131^{* * *}$ | 0.0979*** | 0.163*** |
| Continental | $0.0409 * * *$ | 0.0346** | $0.0467 * *$ |
| Anglo-Saxon | -0.0216 | -0.0253 | -0.0194 |
| Northern | $0.143 * * *$ | $0.126^{* *}$ | 0.158*** |
| Southern | 0.0319** | 0.0255 | 0.0378* |
| Small establishment | -0.0108 | 0.000934 | -0.0263 |
| Large establishment (250 and more) | -0.00848 | -0.0144 | -0.00294 |
| Fixed-term contract | -0.0181 | -0.0191 | -0.0194 |
| Self-employed | -0.00275 | -0.00434 | 0.00382 |
| Seniority | 0.0128** | 0.0134** | 0.00925 |
| Supervisory tasks | -0.0112 | 0.0283 | $-0.0454 * * *$ |
| Autonomy | -0.000329** | -0.000382* | -0.000235 |
| Work intensity | $0.000918 * * *$ | 0.000695*** | $0.00111^{* * *}$ |
| Fixed working time | 0.00358 | -0.00405 | 0.0109 |
| Working time autonomy | -0.0124 | -0.00272 | -0.0206 |
| Regular work schedule | $-0.0378 * * *$ | -0.0220* | $-0.0496 * * *$ |
| Weekend work | 0.0221* | 0.0331 ** | 0.0144 |
| Night work | 0.0507*** | 0.0437** | 0.0551 *** |
| Shift work | 0.00277 | -0.00401 | 0.00714 |
| Frequent on-call work | -0.0114 | -0.0286* | 0.00413 |
| Physical risk index | $0.00127^{* * *}$ | $0.00118^{* * *}$ | $0.00135^{* * *}$ |


| Commuting time | $0.0208^{* * *}$ | $0.0370^{* * *}$ | 0.00690 |
| :--- | :---: | :---: | :---: |
| Poor Work-life balance | $0.0953^{* * *}$ | $0.0857^{* * *}$ | $0.102^{* * *}$ |
| Poor Working conditions | $0.190^{* * *}$ | $0.181^{* * *}$ | $0.189^{* * *}$ |
| Short Part-time | -0.00673 | $-7.24 \mathrm{e}-05$ | -0.00897 |
| Long Part-time | 0.00851 | 0.00388 | 0.0339 |
| Long working time | 0.0172 | -0.00960 | $0.0384^{* *}$ |
| Predicted probability | 0.1762 | 0.1309 | 0.2181 |
|  |  |  |  |
| Observations | 22.655 | 11.306 | 11.349 |

*, ** and $* * *$ statistically significant at 10 per cent, 5 per cent and 1 per cent level

Interpretation. Ceteris paribus, the predicted probability (penultimate row) that a worker reports that his/her safety and health are at risk is respectively 17,6 per cent for the sample as a whole, 21,8 per cent for male workers, 13.1 per cent for female workers. Female respondents have a lower probability to report health and safety risks, a decrease with 2.5 percentage points (or $14,3 \%=0,0252 / 0.1762$ ) than their male counterpart. Compared to manufacturing male workers, construction male workers report a higher health and safety risks (thirteenth row second column) an increase by a 5.3 percentage points (or $24,1 \%=0.0526 / 0,2181$ ). Women working at night (see tenth row from and third column) have ceteris paribus a 4,4 percentage points higher probability to report health and safety risks (or an increase with 33,5 \% $=0.0437 / 0.1309$ ).

Source: EWCS 2016 and author's calculations

## Retirement and working life expectancy

Table C26a: Descriptive statistics. Preferred age of retirement (years) and share of respondents reporting that they are able to work until 60. EU-28. Sample as a whole

|  | Means |  |  | Min |  |  | Max |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | All | Women | Men | All | Women | Men | All | Women | Men |
| Expected age of retirement (in years) | $\begin{gathered} 62.9 \\ (5.97) \end{gathered}$ | $\begin{gathered} 62.6 \\ (6.01) \end{gathered}$ | $\begin{gathered} 63.3 \\ (5.90) \end{gathered}$ | 41 | 42 | 41 | 99 | 99 | 99 |
| Age at which an individual is able to work (in years) | $\begin{gathered} 64.2 \\ (4.73) \end{gathered}$ | $\begin{gathered} 63.6 \\ (4.50) \end{gathered}$ | $\begin{gathered} 64.7 \\ (4.87) \end{gathered}$ | 60 | 60 | 60 | 100 | 100 | 100 |
| Share of individuals reporting that they are able to work until 60 years or 5 years ahead (in \%) | 72.7 | 70.6 | 74.7 | 0 | 0 | 0 | 1 | 1 | 1 |

Standard deviation within parenthesis
Source: EWCS 2015 and author's calculations

Definition: Preferred age of retirement. Question Q92: Until what age do you want to work? Age at which an individual is able to work. Question Q94. Until what age do you think you will be able to do your current job or a similar one? Able to work until 60 years or 5 years ahead: Question Q93. Do you will be able to do your current job or a similar one until you are 60 years old (for respondent aged 55 years of younger) or in 5 years' time ahead (for respondents aged 56 or older) ?.

Figure C6: Preferred age of retirement by country and employment status


Working time patterns for sustainable work: Statistical annex


Preferred age of retirement. Question Q92: Until what age do you want to work?

Source: EWCS 2015 and author's calculations
Figure C7: Preferred age of retirement by country clusters and employment status



Preferred age of retirement. Question Q92: Until what age do you want to work?
Source: EWCS 2015 and author's calculations

Table C26b: Ordinary Least Squares (OLS). Dependent variables: Preferred age of retirement. Question Q92: Until what age do you want to work?. All sample, EU-28

| VARIABLES | All | Women | Men |
| :--- | :--- | :--- | :--- |


| Women | $-1.030^{* * *}$ |  |  |
| :--- | :---: | :---: | :---: |
| Age | $-0.395^{* * *}$ | $-0.432^{* * *}$ | $-0.349^{* * *}$ |
| Age square | $0.00554^{* * *}$ | $0.00595^{* * *}$ | $0.00503^{* * *}$ |
| Low skill | -0.234 | -0.241 | -0.231 |
| High skill | -0.178 | 0.0127 | -0.363 |
| Poor health | -0.0399 | 0.452 | -0.476 |
| Agriculture | 0.551 | -0.0937 | 0.865 |
| Construction | -0.0511 | -0.858 | 0.0903 |
| Wholesale \& retail | $0.541^{* *}$ | $0.607^{*}$ | $0.468^{*}$ |
| Transport | 0.0612 | 0.346 | -0.0520 |


| Financial services | 0.0913 | 0.396 | -0.107 |
| :---: | :---: | :---: | :---: |
| Public administration \& defence | -0.138 | 0.611 | $-0.767^{* *}$ |
| Education | 0.235 | 0.166 | 0.480 |
| Health | $0.829 * * *$ | 0.761** | 0.976** |
| Other services | 0.882 *** | 0.966*** | $0.868 * * *$ |
| Female-dominated sector | -0.0195 | -0.185 | 0.139 |
| Public sector | -0.414** | $-0.467 * *$ | -0.343 |
| Baltic | $1.459 * * *$ | $1.187^{* * *}$ | $1.768 * * *$ |
| Continental | 0.307* | 0.566** | 0.0506 |
| Anglo-Saxon | -0.596*** | -0.473 | -0.686** |
| Northern | 1.621*** | $2.019 * * *$ | 1.145*** |
| Southern | -0.279 | -0.197 | -0.428* |
| Small establishment | 0.0832 | 0.0971 | 0.0826 |
| Large establishment (250 and more) | -0.530*** | -0.292 | $-0.763 * * *$ |
| Fixed-term contract | 0.147 | 0.218 | 0.0536 |
| Self-employed | 0.540** | 0.972 *** | 0.172 |
| Supervisory tasks | -0.620 *** | -0.770*** | $-0.531 * * *$ |
| Autonomy | -0.00323 | -0.00422 | -0.00250 |
| Work intensity | 0.00788*** | 0.00536** | 0.00949*** |
| Working time autonomy | $0.709 * * *$ | 0.476 | $0.905^{* * *}$ |
| Fixed Working time | 0.0234 | -0.0553 | 0.114 |
| Poor Working conditions | 0.158 | 0.457 | -0.139 |
| Satisfied with working conditions | 1.602*** | $2.143 * * *$ | 1.093** |
| Ill-being at work | -0.00227 | -0.00449 | -0.000461 |
| Physical risk index | -0.00324*** | -0.00188 | $-0.00405^{* * *}$ |
| Health and safety risks | -1.205*** | $-1.268 * * *$ | $-1.152^{* * *}$ |
| Weekend work | 0.105 | 0.178 | 0.0711 |
| Night work | -0.0645 | 0.166 | -0.196 |
| Shift work | -0.338** | -0.409* | -0.213 |
| Work during free time | -0.0512 | -0.0732 | -0.0618 |
| Tired after work | -0.849*** | -0.554** | $-1.180 * * *$ |
| Poor work-life balance | $-0.337 * *$ | -0.661*** | -0.0832 |
| Short Part-time | 0.822*** | 0.612** | 1.191*** |
| Long Part-time | 0.0589 | -0.216 | 0.643* |
| Long working time | 0.0663 | 0.00868 | 0.110 |
| Constant | 68.35*** | 67.73 *** | $67.86 * * *$ |


| Observations | 27.125 | 13.913 | 13.212 |
| :--- | :---: | :---: | :---: |
| R-square | 0.132 | 0.121 | 0.148 |

*, $* *$ and ${ }^{* * *}$ statistically significant at 10 per cent, 5 per cent and 1 per cent level
Interpretation. Ceteris paribus, female workers (first row second column) have an expected retirement age with one year lower than they male counterpart. Respondents living in Northern countries have a one and half ( 1,6 years) year higher expected age of retirement compare to respondent living Central and Eastern Europe. Respondents reporting that they are satisfied with their working conditions have 1,6 years higher expected age of retirement. Respondents subject to Health and Safety risk have 1,2 years lower expected age of retirement.

Table C26c: Ordinary Least Squares (OLS). Dependent variables: Age at which the respondent reports that he/she is able to work. Question: Until what age do you think you will be able to work? All sample

| VARIABLES | All | Women | Men |
| :--- | :---: | :---: | :---: |
|  |  |  |  |
| Women | $-1.006^{* * *}$ |  |  |
| Age | $-0.431^{* * *}$ | $-0.467^{* * *}$ | $-0.402^{* * *}$ |
| Age square | $0.00594^{* * *}$ | $0.00627^{* * *}$ | $0.00566^{* * *}$ |
| Low skill | $-0.809^{* * *}$ | $-0.752^{* * *}$ | $-0.748^{* * *}$ |
| High skill | 0.202 | -0.0117 | $0.386^{*}$ |
| Poor health | 0.989 | 1.291 | 0.713 |
| Agriculture | -0.0783 | -0.368 | -0.110 |
| Construction | $-0.827^{* * *}$ | -0.996 | $-0.731^{* * *}$ |
| Wholesale \& retail | -0.270 | -0.309 | -0.363 |
| Transport | -0.150 | 0.102 | -0.287 |
| Financial services | 0.0735 | -0.0749 | 0.0851 |
| Public administration \& defence | $-0.500^{*}$ | -0.410 | $-0.730^{*}$ |
| Education | -0.480 | -0.354 | -0.638 |
| Health | -0.269 | -0.250 | -0.623 |
| Other services | 0.323 | 0.172 | 0.355 |
| Female-dominated sector | $-0.274^{* *}$ | $-0.424^{* *}$ | -0.0883 |
| Public sector | $-0.369^{* *}$ | $-0.585^{* * *}$ | -0.0975 |
| Baltic | $1.056^{* * *}$ | $1.272^{* * *}$ | $0.735^{* *}$ |
| Continental | $0.976^{* * *}$ | $0.744^{* * *}$ | $1.127^{* * *}$ |
| Anglo-Saxon | $1.896^{* * *}$ | $1.542^{* * *}$ | $2.106^{* * *}$ |
| Northern | $3.576 * * *$ | $3.407^{* * *}$ | $3.639^{* * *}$ |
| Southern | $0.915 * * *$ | $0.888^{* * *}$ | $0.866^{* * *}$ |
| Small establishment | -0.208 | $-0.510^{* * *}$ | 0.131 |
| Large establishment $(250$ and more) | -0.0443 | 0.153 | -0.228 |
|  |  |  |  |
|  |  |  |  |


| Fixed-term contract | $0.375^{* *}$ | 0.194 | $0.561^{*}$ |
| :--- | :---: | :---: | :---: |
| Self-employed | $0.787^{* * *}$ | $1.117^{* * *}$ | 0.536 |
| Supervisory tasks | $-0.412^{* * *}$ | $-0.395^{*}$ | $-0.407^{* *}$ |
| Autonomy | $0.00744^{* * *}$ | $0.00868^{* * *}$ | $0.00671^{* *}$ |
| Work intensity | 0.00215 | $0.00489^{*}$ | -0.00111 |
| Working time autonomy | $0.547^{* *}$ | 0.294 | $0.711^{* *}$ |
| Fixed Working time | $-0.255^{* *}$ | $-0.291^{* *}$ | -0.214 |
| Poor Working conditions | 0.229 | 0.416 | 0.0316 |
| Satisfied with working conditions | $1.044^{* * *}$ | $1.500^{* * *}$ | 0.594 |
| Ill-being at work | $-0.00627^{* *}$ | $-0.0138^{* * *}$ | -0.000606 |
| Physical risk index | $-0.00345^{* * *}$ | -0.00168 | $-0.00398^{* * *}$ |
| Health and safety risks | $-0.511^{* * *}$ | $-0.434^{* * *}$ | $-0.515^{* * *}$ |
| Weekend work | $0.302^{*}$ | 0.339 | 0.275 |
| Night work | $0.497 * * *$ | $0.590^{* *}$ | $0.447^{*}$ |
| Shift work | $-0.578^{* * *}$ | $-0.827^{* * *}$ | $-0.357 *$ |
| Work during free time | 0.217 | 0.205 | 0.241 |
| Tired after work | $-0.272^{*}$ | -0.0714 | $-0.444^{* *}$ |
| Poor work-life balance | 0.0568 | -0.00696 | 0.0862 |
| Short Part-time | $0.894^{* * *}$ | $1.056^{* * *}$ | $0.689^{* *}$ |
| Long Part-time | 0.0685 | 0.0429 | 0.318 |
| Long working time | -0.136 | -0.227 | -0.0742 |
| Constant | $69.61^{* * *}$ | $69.57^{* * *}$ | $68.98^{* * *}$ |
| Observations | 16.360 | 8.105 |  |
| R-square | 0.208 | 0.205 | 8.255 |
|  |  | 0.201 |  |
|  |  |  |  |

*, ** and ${ }^{* * *}$ statistically significant at 10 per cent, 5 per cent and 1 per cent level
Interpretation. Ceteris paribus, female workers (first row second column) report an expected age limit to be able to work with one year left than they male counterpart. Low-skilled workers report also a lower expected age limit to be able to work ( 0,68 year earlier) compared to medium-skilled workers. Respondents reporting that they are satisfied with their working conditions reports on average 1,6 years longer expected working life.
Source: EWCS 2016 and author's calculations.

Table C26d: Logit. Dependent variables: Able to work until 60 years or 5 years ahead. Question: Do you think you will be able to do your current job or a similar one until you are 60 years old (respondent aged 55 years or younger) or 5 years ahead (for respondent aged 56 year or older). All, EU28

| VARIABLES | All | Women | Men |
| :---: | :---: | :---: | :---: |
| Women | $-0.0630^{* * *}$ |  |  |
| Age | 0.0399*** | $0.0292^{* * *}$ | 0.0156*** |
| Age square | $-0.000429 * * *$ | $-0.000268^{* * *}$ | -0.000103* |
| Low skill | $-0.0494 * * *$ | $-0.0760 * * *$ | -0.0229 |
| High skill | 0.00542 | 0.0142 | 0.00244 |
| Poor health | $-0.211^{* * *}$ | $-0.214 * * *$ | -0.259*** |
| Agriculture | -0.0207 | 0.00545 | -0.0603 |
| Construction | -0.0969 *** | 0.0784 | -0.114*** |
| Wholesale \& retail | -0.0444** | 0.00515 | $-0.0752 * * *$ |
| Transport | 0.000259 | 0.0751** | -0.0391 |
| Financial services | -0.0355 | -0.0167 | -0.0265 |
| Public administration \& defence | $-0.0789^{* * *}$ | -0.0339 | -0.0639* |
| Education | $-0.0809 * * *$ | -0.0647 | -0.0576 |
| Health | -0.0229 | 0.0105 | -0.00709 |
| Other services | -0.0245 | 0.0103 | -0.0156 |
| Female-dominated sector | 0.00854 | -0.00740 | 0.0192 |
| Public sector | 0.00772 | 0.0417** | -0.0423* |
| Baltic | 0.0959*** | 0.0864*** | 0.0979*** |
| Continental | 0.0611*** | 0.0891 *** | 0.0505*** |
| Anglo-Saxon | 0.101*** | 0.105*** | 0.0959*** |
| Northern | $0.124 * * *$ | 0.158*** | 0.102*** |
| Southern | 0.116*** | $0.120 * * *$ | $0.111^{* * *}$ |
| Small establishment | -0.0146 | -0.0174 | -0.00207 |
| Large establishment (250 and more) | -0.0156 | 0.0163 | -0.0253 |
| Fixed-term contract | -0.0161 | -0.0328* | -0.0169 |
| Self-employed | 0.0432** | 0.0197 | 0.0486** |
| Supervisory tasks | -0.00675 | -0.0426* | 0.0156 |
| Autonomy | 0.000173 | 0.000233 | $2.80 \mathrm{e}-05$ |
| Work intensity | -0.000136 | -0.000175 | -9.11e-05 |


| Working time autonomy | 0.0198 | 0.0426 | 0.0138 |
| :---: | :---: | :---: | :---: |
| Fixed Working time | -0.00382 | 0.0146 | -0.0167 |
| Poor Working conditions | $-0.0498 * *$ | -0.0470 | -0.0526* |
| Satisfied with working conditions | 0.186*** | 0.175*** | 0.192*** |
| Ill-being at work | $-0.00147^{* * *}$ | -0.00151 *** | $-0.00137 * * *$ |
| Physical risk index | $-0.000413^{* * *}$ | $-0.000612^{* * *}$ | $-0.000288 * * *$ |
| Health and safety risks | -0.118*** | $-0.152^{* * *}$ | -0.0972*** |
| Weekend work | -0.0195 | $-0.0489 * *$ | 0.00888 |
| Night work | 0.00294 | 0.0163 | -0.0304* |
| Shift work | $-0.0448 * * *$ | $-0.0605^{* * *}$ | -0.00454 |
| Work during free time | -0.0170 | -0.0343* | -0.00525 |
| Tired after work | $-0.0797 * * *$ | $-0.0800 * * *$ | -0.0904*** |
| Poor work-life balance | -0.0457 *** | $-0.0389 * *$ | -0.0424** |
| Short Part-time | -0.0260* | -0.0227 | -0.0407 |
| Long Part-time | $-0.0414^{* * *}$ | -0.0654*** | -0.0288 |
| Long working time | 0.0160 | -0.00512 | 0.0282* |
| Predicted probability | 0.766 | 0.755 | 0.799 |
| Observations | 27.123 | 13.190 | 12.325 |

Interpretation. Ceteris paribus the predicted probability (penultimate row) that a worker reports that he/she thinks to be able to work until 60 years old is respectively 76,6 per cent for the sample as a whole, 79,9 per cent for male workers and 75,5 per cent for female workers. Compared to their male counterpart female workers have a lower probability to report they think they are able to work until 60 years a reduction of 6,3 percentage points (or a decrease by $8,2 \%=-$ $0.0630 / 0,766$ ). Respondents reporting poor health have 21,1 percentages points lower probability to report that are able to work until 60 years (or a decrease by $27,6 \%=0,211 / 0,766$ )
Source: EWCS 2016 and author's calculations

Table C26e: Ordinary Least Squares (OLS). Dependent variables: Preferred age of retirement. Question Q92: Until what age do you want to work? All sample, Variant with job quality index

| VARIABLES | All | Women | Men |
| :---: | :---: | :---: | :---: |
| Women | $-0.972 * * *$ |  |  |
| Age | -0.360 *** | $-0.377 * * *$ | $-0.325^{* * *}$ |
| Age square | $0.00521^{* * *}$ | 0.00542*** | 0.00480*** |
| Poor health | -0.316 | 0.109 | -0.652 |
| Agriculture | 1.003* | 0.822 | 1.063* |
| Construction | 0.184 | -0.720 | 0.327 |
| Wholesale \& retail | 0.615*** | 0.710** | 0.507* |
| Transport | 0.0652 | 0.357 | -0.0356 |
| Financial services | 0.277 | 0.558 | 0.0697 |
| Public administration \& defence | -0.138 | 0.586 | -0.754** |
| Education | 0.196 | 0.181 | 0.400 |
| Health | 0.749*** | 0.747** | 0.784* |
| Other services | $0.825 * * *$ | 0.892*** | $0.835^{* * *}$ |
| Female-dominated sector | -0.00334 | -0.188 | 0.198 |
| Public sector | -0.354** | -0.366 | -0.347 |
| Baltic | $1.450 * * *$ | $1.239^{* * *}$ | $1.741^{* * *}$ |
| Continental | 0.424** | 0.697*** | 0.179 |
| Anglo-Saxon | -0.589** | -0.544* | -0.588* |
| Northern | 1.735*** | 2.145*** | 1.261*** |
| Southern | -0.133 | 0.0282 | -0.312 |
| Small establishment | 0.0284 | -0.0196 | 0.0978 |
| Large establishment (>=250) | -0.372** | -0.155 | $-0.608^{* * *}$ |
| Fixed-term contract | -0.165 | -0.0956 | -0.262 |
| Self-employed | 0.688** | 1.028** | 0.351 |
| Seniority | $-0.368^{* * *}$ | $-0.419 * * *$ | $-0.296 * * *$ |
| Working time autonomy | 0.566** | 0.0953 | 0.896** |
| Fixed Working time | 0.0294 | -0.194 | 0.198 |
| Flexitime etc | -0.0225 | -0.235 | 0.0875 |
| Choice among fixed time | 0.0529 | 0.383 | -0.349 |
| Job quality Index | -0.0136* | -0.0103 | -0.0142 |
| Satisfied with working condit | 1.646*** | 1.970*** | 1.361 *** |


| Ill-being at work | -0.00108 | -0.00249 | -0.000319 |
| :--- | :---: | :---: | :---: |
| Physical risk index | $-0.00284^{* * *}$ | -0.00177 | $-0.00337^{* * *}$ |
| Health and safety risks | $-1.145^{* * *}$ | $-1.278^{* * *}$ | $-1.013^{* * *}$ |
| Weekend work | 0.115 | 0.180 | 0.0473 |
| Night work | -0.0879 | 0.0345 | -0.132 |
| Shift work | $-0.328^{*}$ | $-0.488^{* *}$ | -0.132 |
| Work during free time | -0.0407 | -0.0148 | -0.0640 |
| Tired after work | $-0.907 * * *$ | $-0.611^{* * *}$ | $-1.243^{* * *}$ |
| Poor work-life balance | -0.256 | $-0.492^{* *}$ | -0.0627 |
| Short Part-time | $0.839 * * *$ | $0.596^{* *}$ | $1.385^{* * *}$ |
| Long Part-time | 0.0909 | -0.214 | $0.781^{* *}$ |
| Long working time | 0.0636 | 0.0805 | 0.0907 |
| Constant | $69.28^{* * *}$ | $68.37 * * *$ | $68.69^{* * *}$ |
| Observations | 25.397 |  |  |
| R-square | 0.122 | 13.093 | 12.304 |

*, ** and $* * *$ statistically significant at 10 per cent, 5 per cent and 1 per cent level

Interpretation. Ceteris paribus, female workers (first row second column) report a lower preferred retirement age (almost one year lower) than they male counterparts. Everything else been equal, self-employed persons report a higher preferred retirement age ( 0,7 year). Workers in Norther Baltic countries report a significant higher preferred age of retirement ( 1,7 and 1,4 years respectively). Workers in Anglo-Saxon countries report a lower preferred age of retirement ( $-0,6$ year). Reporting health and safety risk have also a negative impact on preferred age of retirement ( $-1,2$ years) Interesting the highest the job quality the lowest retirement age...but weakly statistically significant (only 10 per cent level) and not statistically significant for men and women. To be satisfied with working conditions is strongly positively correlated with preferred retirements age (an increase of 1,7 years for all, almost 2 years for women and 1,4 for men). To report to be tired after work reduce the preferred age of retirement (- 0,9 year). Short part-time workers report a higher preferred age of retirement ( 0,8 years for all. 0,6 year for women and 1,4 year for men).

Source: EWCS 2016 and author's calculations

Table C26f: Ordinary Least Squares (OLS). Dependent variables: Preferred age of retirement. Question Q92: Until what age do you want to work? All sample, Variant with a decomposition of the job quality index

| VARIABLES | All | Women | Men |
| :--- | :---: | :---: | :---: |
|  |  |  |  |
| Women | $-1.007 * * *$ |  |  |
| Age | $-0.359 * * *$ | $-0.385^{* * *}$ | $-0.317^{* * *}$ |
| Age square | $0.00520^{* * *}$ | $0.00549^{* * *}$ | $0.00472^{* * *}$ |


| Poor health | -0.291 | 0.114 | -0.609 |
| :---: | :---: | :---: | :---: |
| Agriculture | 0.986* | 0.807 | 1.057* |
| Construction | 0.212 | -0.710 | 0.360 |
| Wholesale \& retail | $0.632 * * *$ | 0.774** | 0.489* |
| Transport | -0.0110 | 0.257 | -0.0886 |
| Financial services | 0.340 | 0.687 | 0.0880 |
| Public administration \& defence | -0.0645 | 0.631 | -0.617 |
| Education | 0.333 | 0.306 | 0.555 |
| Health | 0.819*** | 0.824** | 0.963** |
| Other services | $0.888^{* * *}$ | 0.965*** | 0.894*** |
| Female-dominated sector | 0.0277 | -0.168 | 0.218 |
| Public sector | -0.347** | -0.328 | -0.381 |
| Baltic | 1.445*** | $1.141^{* * *}$ | 1.843*** |
| Continental | 0.423** | 0.664*** | 0.219 |
| Anglo-Saxon | -0.589** | -0.512 | -0.598* |
| Northern | $1.721^{* * *}$ | 2.123*** | 1.273*** |
| Southern | -0.140 | 0.00959 | -0.292 |
| Small establishment | 0.0347 | 0.000875 | 0.0940 |
| Large establishment (>=250) | -0.381 ** | -0.161 | $-0.612^{* * *}$ |
| Fixed-term contract | -0.190 | -0.111 | -0.290 |
| Self-employed | 0.695** | 0.995** | 0.399 |
| Seniority | -0.358*** | -0.400*** | -0.294*** |
| Working time autonomy | 0.592** | 0.107 | 0.914** |
| Fixed Working time | 0.00566 | -0.219 | 0.172 |
| Flexitime etc | -0.00774 | -0.184 | 0.0679 |
| Choice among fixed time | 0.135 | 0.432 | -0.233 |
| Skill and autonomy | $-0.00841^{* *}$ | -0.00827 | -0.00809* |
| Good social environment | 0.000876 | -0.000737 | 0.00235 |
| Good physical environment | $0.0155 * * *$ | 0.00889 | $0.0189^{* * *}$ |
| Work intensity | 0.00901** | 0.00323 | 0.0125** |
| Satisfied with working condition | 1.670*** | 1.971*** | 1.417*** |
| Ill-being at work | -0.00260 | -0.00298 | -0.00276 |
| Health and safety risks | $-1.135 * * *$ | $-1.223 * * *$ | $-1.043^{* * *}$ |
| Weekend work | 0.160 | 0.218 | 0.0929 |
| Night work | -0.0969 | 0.0157 | -0.141 |
| Shift work | -0.347** | -0.520** | -0.129 |
| Work during free time | -0.0809 | -0.0397 | -0.120 |


| Tired after work | $-0.899^{* * *}$ | $-0.606^{* * *}$ | $-1.216^{* * *}$ |
| :--- | :---: | :---: | :---: |
| Poor work-life balance | -0.268 | $-0.521^{* *}$ | -0.0668 |
| Short Part-time | $0.848^{* * *}$ | $0.584^{* *}$ | $1.396^{* * *}$ |
| Long Part-time | 0.122 | -0.189 | $0.810^{* *}$ |
| Long working time | 0.114 | 0.128 | 0.139 |
| Constant | $67.72 * * *$ | $67.58^{* * *}$ | $66.70^{* * *}$ |
|  |  |  |  |
| Observations | 25.740 | 13.268 | 12.472 |
| R-square | 0.122 | 0.111 | 0.137 |

*, ** and ${ }^{* * *}$ statistically significant at 10 per cent, 5 per cent and 1 per cent level


#### Abstract

Interpretation. Ceteris paribus, female workers (first row second column) report a lower preferred retirement age (one year lower) than they male counterparts. Everything else been equal, self-employed persons report a higher preferred retirement age ( 0,7 year). Workers in Northern and Baltic countries report a significant higher preferred age of retirement ( 1,7 and 1,5 years respectively). Workers in Anglo-Saxon countries report a lower preferred age of retirement ( -0 ,6 year). Reporting health and safety risk have also a negative impact on the preferred age of retirement ( $-1,1$ years). Regarding the decomposition of job quality index, good physical environment increases significantly the preferred age of retirement. More surprisingly high work intensity is positively associated with the preferred age of retirement. Also, surprisingly high skill and high job autonomy also affect negatively the preferred age of retirement be satisfied with working conditions is strongly positively correlated with preferred retirements age (an increase of 1,7 years for all, almost 2 years for women and 1,4 for men). To report to be tired after work reduce the preferred age of retirement (0,9 year). Short part-time workers report a higher preferred age of retirement ( 0,8 years for all. 0,6 year for women and 1,4 year for men).


Table C26g: Ordinary Least Squares (OLS). Dependent variables: Preferred age of retirement. Question Q92: Until what age do you want to work? All sample, Variant with a decomposition of the job quality index and the inclusion of working time quality index

| VARIABLES | All | Women | Men |
| :--- | :--- | :--- | :--- |


| Women | $-0.882^{* * *}$ |  |  |
| :--- | :---: | :---: | :---: |
| Age | $-0.371^{* * *}$ | $-0.410^{* * *}$ | $-0.341^{* * *}$ |
| Age square | $0.00538^{* * *}$ | $0.00580^{* * *}$ | $0.00507^{* * *}$ |
| Poor health | -0.246 | 0.0727 | -0.425 |
| Agriculture | $0.906^{*}$ | 1.068 | 0.804 |
| Construction | 0.334 | -0.584 | 0.446 |
| Wholesale \& retail | $0.654^{* * *}$ | $0.842^{* * *}$ | $0.491^{*}$ |


| Transport | 0.0427 | 0.440 | -0.108 |
| :---: | :---: | :---: | :---: |
| Financial services | 0.292 | 0.610 | 0.0766 |
| Public administration \& defence | -0.120 | 0.563 | -0.669* |
| Education | 0.303 | 0.224 | 0.732* |
| Health | $0.706^{* * *}$ | 0.754** | 0.893* |
| Other services | $0.949^{* * *}$ | 1.019*** | 0.944*** |
| Female-dominated sector | 0.0415 | -0.165 | 0.238 |
| Public sector | -0.291* | -0.251 | -0.286 |
| Baltic | 1.512*** | 1.216*** | 1.874*** |
| Continental | $0.486^{* * *}$ | 0.703*** | 0.242 |
| Anglo-Saxon | -0.645*** | -0.535* | -0.766** |
| Northern | 1.734*** | 2.119*** | 1.291*** |
| Southern | -0.103 | 0.0722 | -0.310 |
| Small establishment | 0.157 | 0.0877 | 0.274 |
| Large establishment ( $>=250$ ) | $-0.466 * * *$ | -0.275 | -0.653*** |
| Fixed-term contract | -0.0576 | 0.0130 | -0.130 |
| Self-employed | $1.193 * * *$ | 1.393*** | 0.990*** |
| Seniority | $-0.386 * * *$ | $-0.406^{* * *}$ | $-0.352 * * *$ |
| Working time quality | -0.00673 | -0.00205 | -0.0103 |
| Skill and autonomy | -0.00743** | -0.00863* | -0.00662 |
| Good social environment | -1.61e-05 | -0.00230 | 0.00217 |
| Good physical environment | 0.0186*** | 0.0103 | $0.0227 * * *$ |
| Work intensity | 0.00849** | 0.00271 | 0.0126** |
| Satisfied with working condition | $1.764^{* * *}$ | 1.987*** | 1.552*** |
| Ill-being at work | -0.00302 | -0.00353 | -0.00268 |
| Health and safety risks | $-1.167 * * *$ | $-1.257 * * *$ | -1.072*** |
| Tired after work | $-0.957 * * *$ | -0.695*** | -1.225*** |
| Poor work-life balance | -0.414** | -0.625*** | -0.256 |
| Constant | 67.28*** | 67.80*** | $66.48^{* * *}$ |
| Observations | 26.832 | 13.748 | 13.084 |
| R -square | 0.119 | 0.109 | 0.130 |

*, ** and ${ }^{* * *}$ statistically significant at 10 per cent, 5 per cent and 1 per cent level

Interpretation. Ceteris paribus, female workers (first row second column) report a lower preferred retirement age (less than one year lower) than they male counterparts. Everything else been equal, self-employed persons report a higher preferred retirement age ( 1,2 year). Workers in Northern and Baltic countries report a significant higher preferred age of retirement ( 1,7 and 1,5 years respectively). Workers in Anglo-Saxon countries report a lower preferred age of retirement ( $-0,7$ year). Reporting health and safety risk have also a negative impact on the preferred age of retirement ( -

1,2 years). Regarding the decomposition of job quality index, good physical environment increases significantly the preferred age of retirement. More surprisingly high work intensity is positively associated with the preferred age of retirement. Also, surprisingly high skill and high job autonomy also affect negatively the preferred age of retirement. Also surprisingly the extent working time quality does not affect the preferred age of retirement. To be satisfied with working conditions is strongly positively correlated with preferred retirements age (an increase of 1,8 years for all, almost 2 years for women and 1,4 for men).

Source: EWCS 2016 and author's calculations


[^0]:    Source: EWCS 2016 and author's calculations

[^1]:    *, ** and ${ }^{* * *}$ statistically significant at 10 per cent, 5 per cent and 1 per cent level

